THE PARENTS' MAGAZINE

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DECEMBER
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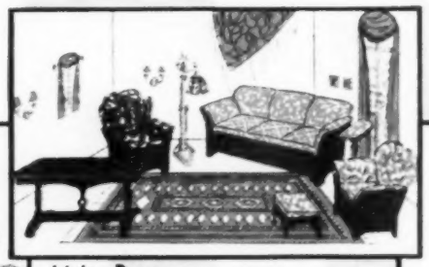

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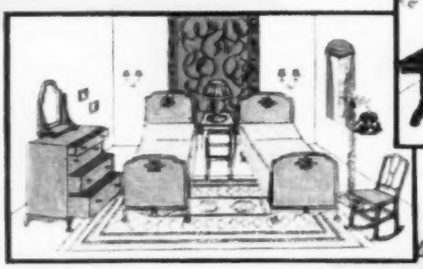

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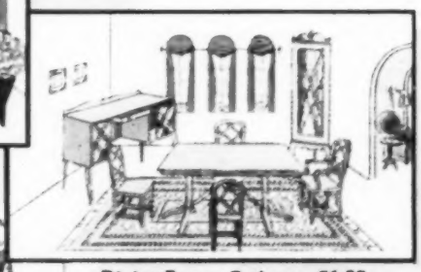

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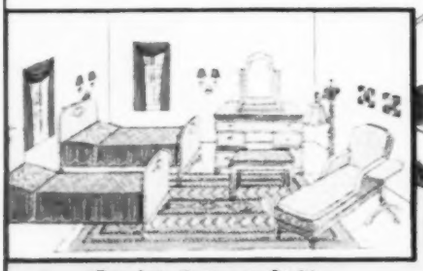

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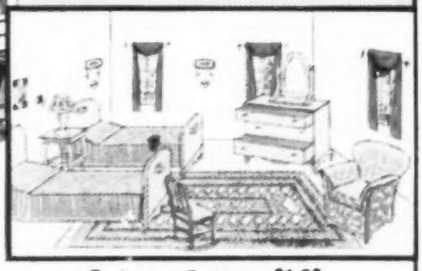

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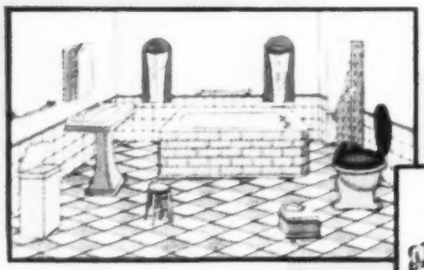

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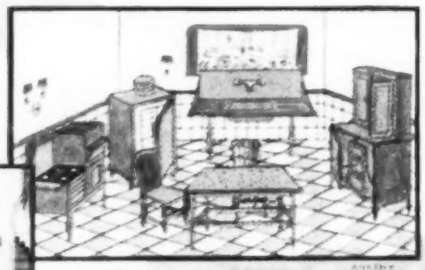

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Vol. V. No. 12
December, 1930

ON REARING CHILDREN FROM CRIB TO COLLEGE AND SUCCESSFUL HOME MANAGEMENT

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LIVING UP TO CHRISTMAS

An Editorial by JOHN HAYNES HOLMES, D.D., Minister of The Community Church, New York

THE CELEBRATION of the Christmas season is frequently an exhausting experience. How can it be otherwise when such a demand for generosity and good will is made suddenly upon the hearts of men? One would have to be a Christ himself, a universal and eternal spirit of love incarnate in the flesh, to be able to rise to the measure of this hour and to meet in full the power of its challenge. Our very attempt to "brave it through," to express something of all that we would do not merely for our own loved ones but for all men everywhere, is a tribute to the wonder of this festival and a revelation as well of our inadequacy to meet it.

★ The trouble is, of course, that we live during all the rest of the year on a plane so comparatively low that Christmas comes upon us suddenly and almost tragically like some great crisis. It presents itself to us as a kind of inescapable demand that we lift ourselves forthwith by our spiritual boot-straps. This cannot be done, so we put on a desperate "show" of benevolence and try to be more and better than we really are or perhaps can ever hope to be.

★ What is needed, if the Christmastide is not to become a season of demoralization and debauch, is not a lowering of the standards or expectations of this loveliest of all human festivals, but rather a lifting of the whole level of our regular routine existence. We must not neglect or ignore, least of all despise, this one day of all the year, but rather raise to new dignity and glory the other three hundred and sixty-four days. We must exalt our lives, in other words, to so high a plane of generous living that there shall appear no such extraordinary discrepancy between Christmas and any other day.

★ This requires discipline—the discipline of lives gladly ordered to generosity, devoted to love, filled with thought and service of other men. It means the acceptance and practice of the Christmas spirit as the spirit of our living all the time. Then every day will be a day of "peace on earth, good will towards men," and Christmas but the festive commemoration of the hour when all our lives became specifically dedicated to love for one another.

★ Although December twenty-fifth is the day appointed by tradition and practice for the observance of the birthday of Christ, nobody really knows on just what day this greatest of all men was born. Why not then think of and live every day as the possible birthday of the Master, and thus make sure that we do not miss the fitting celebration of that blessed morn when Mary received her babe into her arms?

"The future of the race marches forward on the feet of little children"—Phillips Brooks

Photograph by Clara E. Sipprell

SO THIS IS CHRISTMAS!

RELIGION AND OUR CHILDREN

By EDWIN EWART AUBREY
The Divinity School, University of Chicago
Author of a forthcoming book, "Religion and the Next Generation"

WHAT ATTITUDE TOWARD RELIGION, WHAT FAITH, BASED ON KNOWLEDGE, CAN THE MODERN PARENT HONESTLY PASS ON TO HIS CHILDREN?

CHRISTMAS is here again. We are buying presents, sending greetings and hearing and singing carols. No one can miss this festival. It is brought home by the stores with special advertisements. Our radios yield us musical programs consisting principally of carols. Our very letters are stamped with an admonition to mail our packages early. The excitement of the season takes hold of us and a benevolent friendliness becomes our dominant mood.

In the midst of the season's busyness we may be startled into a recognition of the religious character of the festival. For Christmas is, after all, *Christ*-mas: it celebrates a great historical event in the history of religion. But to most adults it signifies also the early experiences of childhood religion: stories of the babe Jesus, of a loving God and of the religious quality of a mother's love. And have these gone with the passing of Santa Claus? Has Christmas become an *X-mas?* As if to rivet our attention upon this question, there persist those lines of carols that we sing with our hearts and tongues rather than with our minds: "Word of the Father, now in flesh appearing," "Where meek souls will receive Him still the dear Christ enters in," "Let earth receive her King," etc. What do these mean to us as phrases? Anything more than a quaint poetry surrounding a quaint custom? Have you asked your boy Dick what they mean to him?

Probably the net result of such a query addressed to a member of the next generation raised in the home of "intellectual" parents would be an astonished stare. Why such astonishment? Well, first, because the phrases were totally devoid of meaning; and second, because of his surprise that his otherwise sane and sensible parent should suddenly pop such a question at him. What shall we say of this blank astonishment of Dick's? Is it a matter for our self-congratulation that he has never been burdened with theological notions derived from another day; or is it something to give us pause that he cannot grasp the meaning of an age-old, cherished custom that still serves to make us somehow a little kinder and more thoughtful in a busy world? What does one generation owe to the next in matters of religion?

One thing all of us will admit at the outset: that we have suffered, or seen others suffer, from the effects of parental interference in the religious development of their offspring. Here is Joe, whose father saw to it that Joe attended Sunday school and church without fail so as "to inculcate sound religious habits in the boy." And what of Joe today? You could not lure him near a church with any attractive bait. And there is Anne, whose conscientious mother saw to it that the little girl read the Bible through in its canonical order (the wrong order for a historical understanding of religion, by the way) "so as to know the great maxims it contains." What does Anne think of religion? Well, she has had a hard time keeping faith with religion, and has done so only by making a fresh start after she cut loose from her mother's ideas.

What, then, *can* one generation do for the next in religion, without falling into these traps? What is the responsibility of our generation to the next in these matters? Suppose we set down three things that each new generation needs as it comes into its own responsibilities.

First, there is needed a grasp of the conditions in the world which the older generation has produced. What sort of a human world is this, anyway? What are people doing in it? How are folks living and feeling in it? How much has science told us about controlling it? What are its institutions in political or economic or educational or religious fields? What may anyone expect these institutions to do to him and for him; and what do they expect from him? All this is so obvious a part of ones *savoir faire* that we forget that a realistic description of our workaday world is a rare achievement in education. The younger generation get a picture censored and elaborated to suit adult complacency or adult protest. Accordingly they are not prepared for the realities which will confront them as they have to make their social adjustments.

In the second place, the younger generation will need an understanding of the unsolved problems which their predecessors are bequeathing to them. What are the unresolved difficulties in international co-operation? Why are our hospitals for the insane getting fuller rather than emptier every year, despite modern progress in medicine and mental hygiene? How is it that increased popular education has been accompanied by increase in crime? Why are religious liberals so much less enthusiastic about their (*Turn to page* 74)

IF YOUR CHILD IS—

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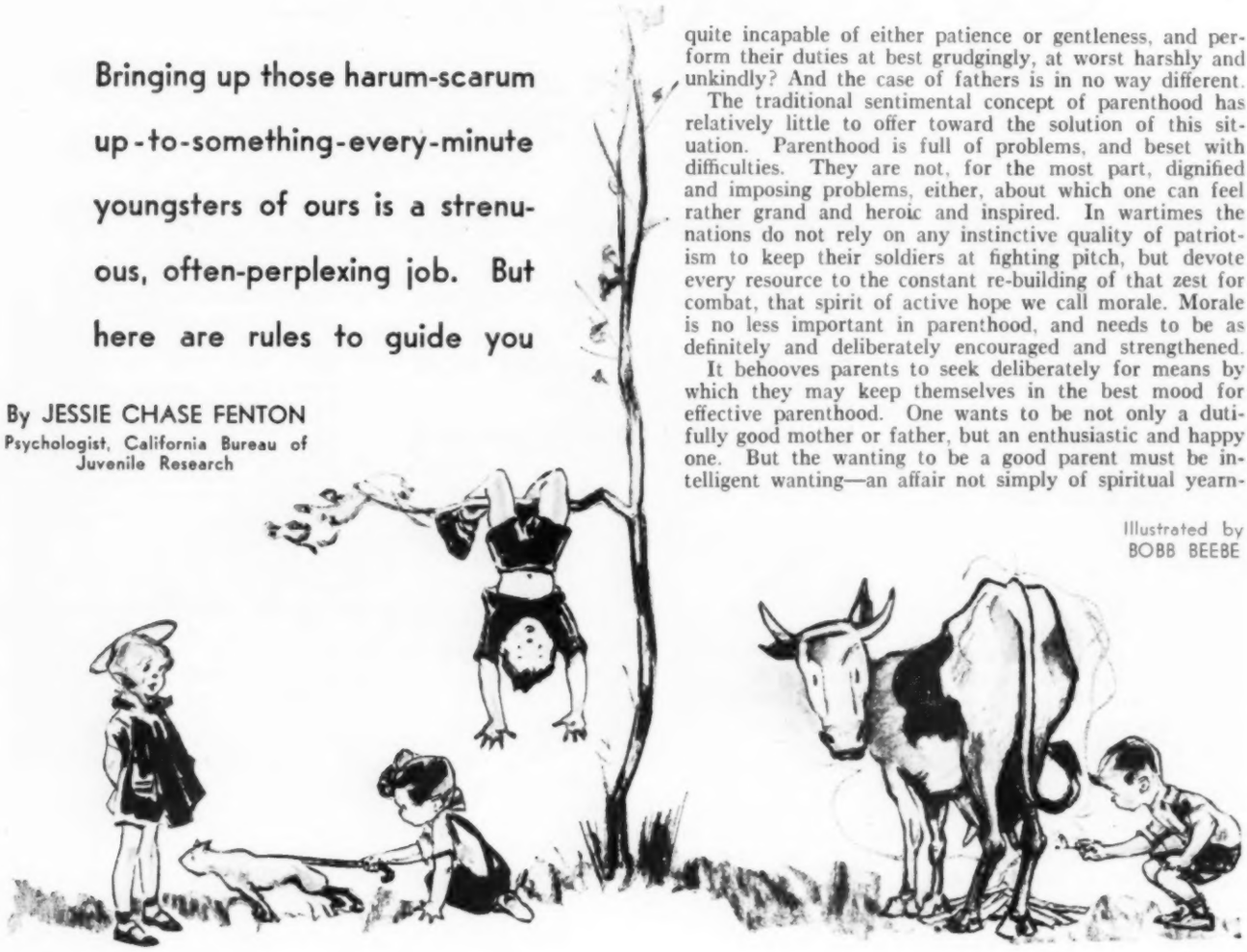
AS CHILDREN GROW OLDER, they constantly present new problems. You will want to inform yourself in advance in order to meet them successfully. A single article may give you ideas which will have a lasting influence on the health, happiness and character of your children, or on your relationships with them.

FIVE RULES FOR HAPPY PARENTHOOD

Bringing up those harum-scarum up-to-something-every-minute youngsters of ours is a strenuous, often-perplexing job. But here are rules to guide you

By JESSIE CHASE FENTON
Psychologist, California Bureau of Juvenile Research



Illustrated by BOBB BEEBE

WE ARE JUST BEGINNING to awaken from a period of over-sentimentality in regard to parenthood. We have tended to accept it as a condition intrinsically holy, beautiful, and hence joyous, and this attitude has diverted attention from a dispassionate questioning as to whether it really is beautiful and joyous of itself. There has been little search for ways and means of improving parental morale, for though the last decade has brought a great increase in attention to the effectiveness of parenthood, the attention has been turned almost entirely to the welfare of the child, and very little toward the happiness of the parent.

Now none but the most abandoned sentimentalist can really be convinced that there are not flaws in the morale of all except perhaps relatively few parents who are especially fitted by training and intelligence to meet their problems adequately, and of those rare individuals who seem to have a natural gift for parenthood. For every mother who has the patience and insight and gentleness which the world loves to think of as intrinsic attributes of motherhood, how many other mothers are there who do not understand children at all, who are perhaps overworked until their nerves are all a-jangle, and who are therefore quite incapable of either patience or gentleness, and perform their duties at best grudgingly, at worst harshly and unkindly? And the case of fathers is in no way different.

The traditional sentimental concept of parenthood has relatively little to offer toward the solution of this situation. Parenthood is full of problems, and beset with difficulties. They are not, for the most part, dignified and imposing problems, either, about which one can feel rather grand and heroic and inspired. In wartimes the nations do not rely on any instinctive quality of patriotism to keep their soldiers at fighting pitch, but devote every resource to the constant re-building of that zest for combat, that spirit of active hope we call morale. Morale is no less important in parenthood, and needs to be as definitely and deliberately encouraged and strengthened.

It behooves parents to seek deliberately for means by which they may keep themselves in the best mood for effective parenthood. One wants to be not only a dutifully good mother or father, but an enthusiastic and happy one. But the wanting to be a good parent must be intelligent wanting—an affair not simply of spiritual yearnings and moments of exaltation, but of deliberate self-cultivation and sober, practical enforcement of rules.

Here are five guiding principles which seem to me fundamental. Every parent will have discovered some of the specific applications for himself, and these will differ, probably, for every individual home.

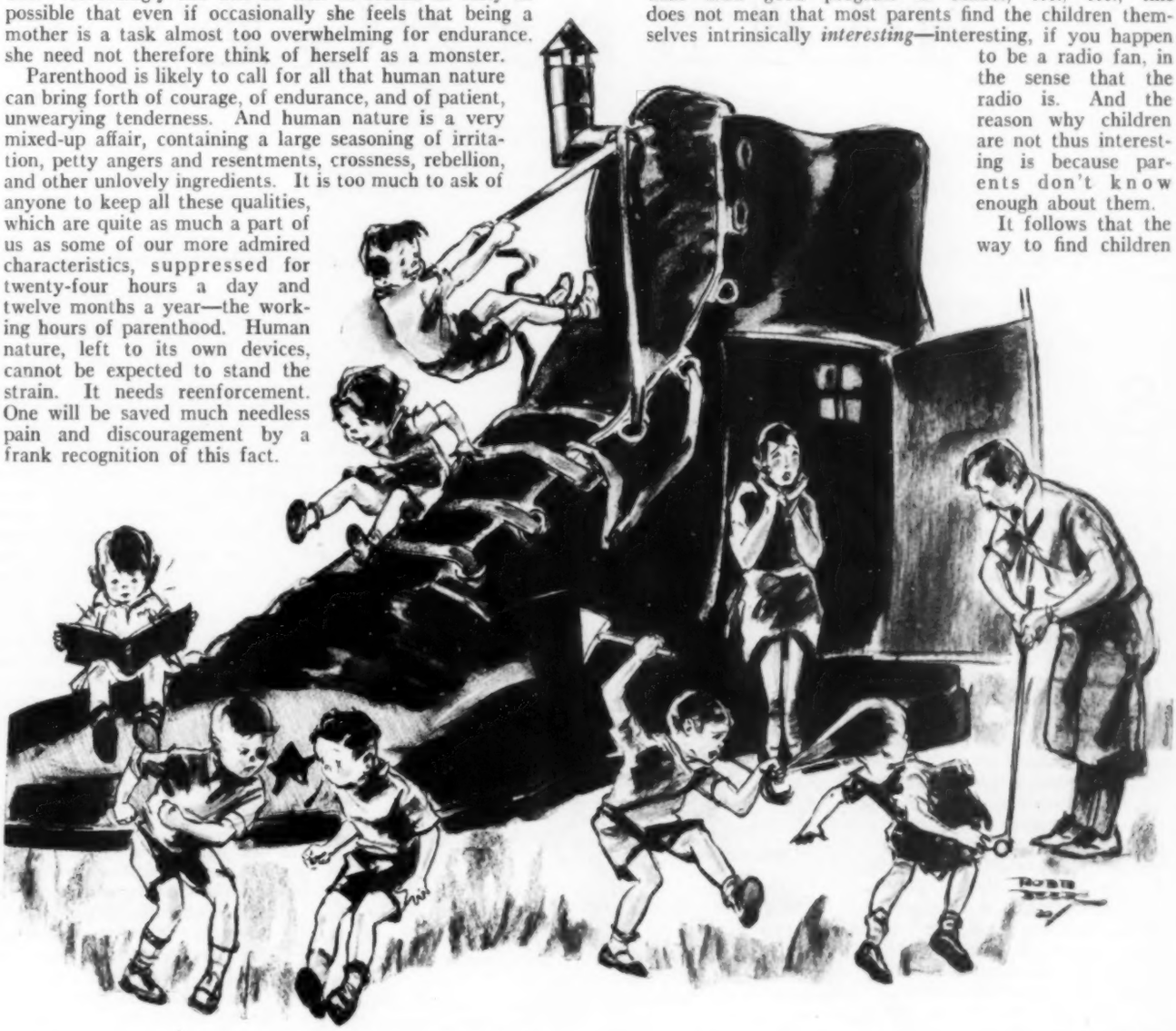
Rule I. *Recognize the fact that parenthood does not endow one with any exalted characteristics; even parents are human beings.*

We have pretty well got over the habit of assuming the pose of being all perfect before our children—chiefly because we have discovered that it doesn't work. And yet parents are still rather inclined to pretend to themselves, to assume that they should feel rather more uplifted and inspired in regard to their parental status than the facts of the case warrant.

It is only human to become at times discouraged with one's profession. Parenthood does not in this respect differ from other jobs. The most devoted of parents are subject to occasional moods of discouragement and rebellion. There come times when they cannot help reflecting how quiet, how peaceful, how *free* they would feel *—if there weren't any children!*

Now it is quite a shock when one first discovers oneself in this frame of mind. Especially is it distressing to the earnest young mother, and she promptly hates herself. Hating oneself is not a wholesome frame of mind for anyone. Accordingly she will do well to realize as early as possible that even if occasionally she feels that being a mother is a task almost too overwhelming for endurance, she need not therefore think of herself as a monster.

Parenthood is likely to call for all that human nature can bring forth of courage, of endurance, and of patient, unwearying tenderness. And human nature is a very mixed-up affair, containing a large seasoning of irritation, petty angers and resentments, crossness, rebellion, and other unlovely ingredients. It is too much to ask of anyone to keep all these qualities, which are quite as much a part of us as some of our more admired characteristics, suppressed for twenty-four hours a day and twelve months a year—the working hours of parenthood. Human nature, left to its own devices, cannot be expected to stand the strain. It needs reenforcement. One will be saved much needless pain and discouragement by a frank recognition of this fact.



It's amazing how encouraging it is to discover that other people share one's weaknesses. I used to bolster up my courage when I found myself growing cranky and impatient with my babies, by reflecting upon the beautiful patience of one of my friends who, with a family twice the size of mine, seemed able to keep herself unchangeably gentle, calm and serene. And then one day I discovered my friend and exemplar in a mood as exasperated as any of my own, bewailing her lot that after a wearying day she had yet to feed that hungry mob before she could rest.

"Come now," soothed her husband, with well-intended facetiousness, "you're not so badly off. Just suppose you had six."

But she turned on him with snapping eyes, crying, "Don't talk to me about *six!* I don't even want *four!*"

Well! Here was surely an idol with feet of clay. It would seem that my inspiration must now be lost. But strangely enough, the thought of this good mother proved thereafter even more helpful than before.

It is very important for parents to keep their faith in themselves and this is easier to do if we realize that our moods of disillusionment are merely an evidence of our common human frailty, and not of some private and particular caddishness of our own.

Rule II. *Find your children interesting.*

That sounds a bit absurd. As if all parents weren't interested in their children! But it's not absurd. For though most parents are interested in their children in the sense of wishing to see them healthy, being pleased with their good progress in school, etc., etc., this does not mean that most parents find the children themselves intrinsically *interesting*—interesting, if you happen to be a radio fan, in the sense that the radio is. And the reason why children are not thus interesting is because parents don't know enough about them.

It follows that the way to find children truly interesting is to learn as much as possible about childhood. The development of a child's mind and personality is a most fascinating drama to one who can understand what is happening and what it all means, but you miss half the plot if you don't know what to watch for. To the parent who has really studied childhood, each bit of behavior is not merely something cute to be smiled over or annoying to be punished, but a problem to be unraveled.

A study of child-nature in general is the background for a life, joyous interest in one's children, and the next step is a study of one's own children themselves. In this matter the keeping of records is a great aid to exactness and an undertaking of the utmost interest. It has, too, its aspects of practical utility. Take, for instance, that most trying of all the mother's tasks in the first two years—teaching the baby not to get wet. It seems maddeningly slow and discouraging unless you can convince yourself that you are really making progress! If you will tack a ruled sheet of paper to the wall in a convenient place, and hang beside it a pencil on a string you can easily keep track of baby's progress day by day. For each day use a fresh line. Put down a plus every time you succeed in getting the learner to behave as you wish him to in this matter and a minus for every time he (*Turn to page* 56)

PREPARING YOUR CHILD FOR MARRIAGE

By PAUL POPENOE

Author of "Modern Marriage"
Director Institute of Family Relations, Los Angeles, California

SUCCESS OR FAILURE IN MARRIAGE HAS ITS ROOTS IN HOME TRAINING

SUCCESSFUL MARRIAGE and parenthood demand a physical, intellectual and emotional equipment which must be the product of training from the very cradle. Of the three, it is quite possible that the emotional equipment is the most important.

It depends primarily on the parents' own attitudes toward the child in his early years. The idea that the child forms his patterns of future conduct on those of his parents is now fully accepted, and with it the logical inference that correct facts and attitudes concerning reproduction must be imparted to the child from the outset; yet many parents still do not carry this principle into practice.

Their failure is usually due to one or more of three things. First, their own attitude toward sex is so disorganized and emotionally colored that they realize it cannot be imparted decently to any child. Second, if they want to do so, they lack a suitable vocabulary. Third, they begin too late.

The parents' first duty is obviously to get into a right frame of mind themselves. This can be done by the aid of the many excellent books, films, lectures, and conferences now available in most communities. In so doing they will also acquire a correct scientific vocabulary about sex, which should be used with the child from the outset to the exclusion of all common or manufactured words. The parents are then ready to answer the child's questions fully and frankly from the beginning, which is usually at the age of three or not later than four years. If this plan is followed it is found by most parents to be surprisingly easy. To wait until the child reaches adolescence, pursuing a hush-hush policy in the meantime, and then to think that the emotional warping of ten or twelve years can be straightened out and misinformation replaced by truth in a talk or two is absurd—even if the promised talk ever came, which is rare.

Next to the formation of right attitudes in this way comes the importance of cutting the child loose, gradually but steadily, from dependence on the home. This, too, is now so thoroughly accepted as part of mental hygiene that it might be expected to present no difficulty, were it not for the inherent selfishness of most parents which makes them want to be foremost in the child's affections.

If the parents do not find complete satisfaction in each other, one or both of them will probably try to compensate for this by getting additional and illegitimate emotional satisfaction from a child. The mother is the more likely to commit this psychological sin, because the father is more frequently able to get compensation from his work outside the home. The only well organized home is therefore the one in which the parents love each other more than they do their children—to state the case crudely. For either parent to project on to the child the predominant affection that should go to the mate is not merely to cheat the mate but to cripple the child.

If the child has an innate tendency toward introversion, toward a shut-in personality, supplanting action by daydreams, depending entirely on his parents instead of partly on his contemporaries for a social outlet, he is particularly likely to suffer from too much affection and protection. The child of slender, delicate (asthenic) build is most apt to be an introvert. The shorter, more thickset (pyknic) build mixes more readily with all comers. Girls are somewhat more introvert than boys. The child who starts with a constitutional tendency toward introversion should be watched with particular care, encouraged to go out among people, kept active, and hardened emotionally, as he is also hardened physically, to stand the buffets of life. Tying the child to his mother's or father's apron-strings not only produces incapacity for successful marriage, or even for winning a mate, but encourages the onset of the most widespread of all serious mental diseases, dementia praecox.

This need of the child for associates of his own age, however, may easily be exaggerated into a fault, and the practice of (*Turn to page* 54)

INFORMATION TESTS

To Try on Your Children

By WALTER B. PITKIN

Professor, Columbia School of Journalism
and author of "The Psychology of Achievement"

TEST I
For children 5 to 7

(1) How does an elephant carry food to his mouth?
(2) Are there more leaves on trees in the summer or in the winter?
(3) Do people tip over more easily when they ride bicycles or tricycles?
(4) Are the days shorter in summer or in winter?
(5) When dogs are very warm, do they usually growl, bark, pant, or whine?

(*Continued on page* 42)

TEST II
For children 8 to 10

(1) Does Babe Ruth play football, tennis or baseball?
(2) Is a full moon oblong, pointed, round or oval?
(3) Can baby chickens fly?
(4) When you read, is it better to have the light shine in your eyes or on the book you are reading?
(5) What happens to a snowflake when it falls on a warm object?

(*Continued on page* 42)

TEST III
For children 11 to 14

(1) Does the state of Nevada touch the Pacific ocean?
(2) Who was the President of the United States during the World War?
(3) What famous American statesman proved that there is electricity in lightning?
(4) Does an air mail letter cost more or less to send than an ordinary one?

(*Continued on page* 42)

TEST IV
For children 15 to 18

(1) What department of the United States collects the federal income tax?
(2) In what famous war was Bismarck a great figure?
(3) Who was Lord Jim?
(4) In what country is Bangkok located?
(5) If you were traveling in Egypt, what flag would you expect to see on the government buildings?

(*Continued on page* 42)

The answers are given on page 42.

Your ADOLESCENT BOY

By JOSEPHINE H. KENYON, M.D.
Associate Professor in Health Education, Teachers College, Columbia University

Halfway between boyhood and manhood, facing experiences and temptations he does not understand, your boy needs the help of parents who know the facts

Carl Klein

MOST BOYS want to grow up. Their attitude toward this inevitable process depends in large measure upon their parents' reactions to adult responsibilities. The boy whose mother and father are getting a lot of fun out of life has a much better chance of wanting not only to grow up but to become a parent himself, than the boy whose father is always groaning about the hardship of earning a living for his family or whose mother "enjoys misery." But even under the most favorable circumstances growing up is not easy. In the November issue of this magazine I discussed some of the problems and difficulties that beset the adolescent girl and her parents. This month we will consider some of the problems of the adolescent boy.

Boys cannot be treated like girls. As their construction is different, so are their needs. The fact that the genital organs of a boy are visible to him from the first makes him more alert to that portion of his body and perhaps earlier conscious of his sexual function than girls. To those of us who believe that knowledge is a better guide than ignorance or misunderstanding, it is clear that a boy must be dealt with as a curious, sentient human being even before sex consciousness has come to the surface of his mind. A boy comes to adolescence with a genital apparatus which has been described by Dr. Maurice Bigelow as a "perfectly balanced clock-like mechanism ticking away at full speed." There is relatively little that is quiescent about him. "Ticking away" means that he is conscious of that portion of his body as a distinct entity quite apart from such familiar members as hands and feet.

There are two outstanding physical types among adolescent boys which present widely different features. The growth and development problem of each boy should be studied to see whether he approximates one or the other of these types which probably have a gland basis. In each of us our gland balance depends upon the hereditary stuff of which we are made, the influences affecting the foetus during the pregnancy period, and later the effect upon us of food, mineral salts (especially iodine), possibly the altitude and climate in which we live as well as the damage done by childhood diseases and infections.

One boy may develop into the lateral or broad, stocky type. We watch to see whether he goes through an exceedingly plump stage. He may be fat across the chest and broad in the hips, with delicate wrists and ankles, feet which seem inadequate to bear the burden of his overweight, and small genital organs. He is usually supersensitive and may have easy recourse to tears, be somewhat given to fears and worry and not likely at this time to be a vigorous athlete or to enter games with great enthusiasm. He may on the other hand be a good student and an omnivorous reader. This may be only an intermediate stage, a transition from which he emerges tall, broad-shouldered and of material to make a stalwart man. Or, he may remain too long in this rather undifferentiated childish condition and if this is the case he needs medical supervision and glandular help.

It is helpful to a boy of this type to acquire skill in some form of play such as boxing, wrestling, jiu-jitsu or the equivalent. He will feel awkward in dancing unless he has learned how when much younger. He may handle himself in the water well. In extreme instances, to compensate himself for his handicaps, he may assume the bully attitude, becoming sarcastic, unkind toward his family or those definitely weaker than he, being cruel to animals and resorting to temper tantrums; or he may assume a bored, superficial indifference. To insist upon his doing the things in which he is clumsy may only increase self-consciousness and foster rebellion. Instead, study his characteristics of play and self-expression and guide him toward those activities which give him a sense of outgoing personality, and which he can do well—whether it be a simple muscle achievement or writing a prize essay or directing the school play.

The other type of boy is of the long, lean variety—not necessarily tall for his age but underweight by all the charts. He may have no special desire for food, be quickly satisfied and, resenting suggestion of rest periods, be continually on the go. Sometimes just to look at him is enough to make one weary! He never seems sleepy. He starts life with a narrow breathing apparatus and should (*Turn to page* 52)

I am the Mother of a BEHAVIORIST'S SONS

THE WHOLE WORLD HAS HEARD FROM DR. JOHN B. WATSON, AUTHOR OF "BEHAVIORISM," BUT THIS IS THE FIRST TIME HIS WIFE HAS VENTURED TO TELL HOW THESE THEORIES WORK AT HOME

By Rosalie Rayner Watson

WHENEVER MY HUSBAND delivers a lecture about the training of children, he always prefaces it by saying that I am responsible for the bad way in which our children have been reared, and therefore he begs the audience to forgive him for not using them as models. I hope—I believe he says this with his tongue in his cheek. However, he is quite right in many respects, especially about the first part of his statement, for even the ultra modern mother or the business mother has not yet been able to deny the fact that it is with her that the responsibility and care of the baby lie. She may engage a trained nurse for the infant, but after all, she selects her and sets the pace for her.

I took care of the children myself when they were babies, and so their earliest responses were toward me. I bathed them, fed them, made them comfortable, and on the side of behaviorism, I am unanimously in favor of breaking the mother attachment as early as possible—or, better still, not allowing it to grow up.

I shall never forget one of my first adventures with the behaviorist as the father of a science instead of (my sentimental notion) the father of a delightful baby. Our first-born was about eight months old and playing in his play yard on the front porch. His father and I were going out, so I casually said to my husband, "Go ahead! I'll meet you out in front of the house." The baby paid no attention to the ins and outs of his father, but I had a feeling that when I left things would be different, so I tiptoed out the back door like the cat who had licked the cream, only to face an amused husband who had his own suspicions about the affair—and then I had to face the music.

The outcome of the matter was that we left the infant shrieking at the top of his lungs, with orders to the maid to let him cry it out. My afternoon was completely ruined, but I realized from then on what a difficult and unfortunate situation I had allowed to grow up, and immediately set about to break it. Now both of my boys accept the fact that I go when and where I please, and their lives are organized so independently that they don't care. They don't rely upon one human being for their happiness. From their earliest moments, we taught them to play with objects instead of people, and one of the greatest struggles I had with nurses (when I could keep one in our household over a month) was restraining them from entertaining the children.

Another problem which always irked me about nurses when the children arrived at the talking age, was their efforts to correct and control them by saying: "You are a bad boy." We have never used the terms "good" and "bad" in respect to human conduct. Of course they get it eventually from outside sources, but I believe that now, at the tender ages of eight and six, respectively, their moral prejudices are still in a fluid state.

One incident which pleased me very much recently appears to be quite insignificant on the surface, but nevertheless shows clearly what I mean. I have been startling some of my companions by using a blood red nail polish, which has called forth much comment. One day I happened to be visiting a friend of mine who has a daughter aged seven. When the little girl came in she shook hands with me, took one look at my nails, turned to her mother and said: "Mother, do nice women do that?"

My own children, having no pre-conditioned notions about nice women, think the polish is a "great" color, and waxed highly enthusiastic one day when I brought home some blue nail enamel and tried it (in the house). They immediately got their paint boxes out and began mixing samples to match my dresses. This foolish little vanity on my part stimulated two uninhibited, unprejudiced youngsters to immediate activity with their paint brushes—a positive reaction, whereas the little girl, whose behavior is fast being poured into lead molds, could only be negative and critical toward a social frivolity.

My most earnest wish for my boys is that throughout life they will continue to be as adaptable to all situations as they appear to be now. They have never been held up to ridicule, and so they have no wish to ridicule others. They take people and objects as they find them. We have sent them away from us since they were two and a half years old and four and a half respectively. They have been to summer camps, and it is as simple a matter for them to sleep on an army cot or wash in a lake as it is for them to

DR. JOHN B. WATSON HAS TWO YOUNG SONS WHO CAN SWIM, SKATE, BOX, HANG FROM TRAPEZES, STAND ON THEIR HANDS AND GET ALONG WITH PEOPLE

lie in their accustomed beds and bathe in their own bathtub. Every week-end all winter they go to a week-end club in the country, where it is cold and rough. They can hardly wait for Fridays to come, when they don their woolen shirts and boots and go skiing, skating, sledding or hiking—but they are equally buoyant when they come back Sunday evenings and cheerfully greet us all.

It is important for every human being's happiness to become part of his environment and not to require an especially created environment for his happiness. It is for this reason that we make every effort to keep the world as wide open as possible to our youngsters, but at the same time encourage any hobby in work or play in which they exhibit particular interest or excellence, because it is equally important for the stability of their futures that they should excel in some particular.

Much to the surprise of many people, our children's small superiorities so far have not been in the academic field, where they just make the grade, but they can swim, ice skate, hang from trapezes, stand on their hands, box and get along with people.

These paragraphs, written by a fond mother (which the reader must have guessed, in spite of the fact that I am making great strides in the school of behaviorism), are not briefs for the characters of the small defendants, for they have innumerable problems to be solved, and many over which their father and I have sturdy arguments. For instance, our older son bites his nails, which is a very bad symptom to be exhibited in a behaviorist's family. His father is convinced that it is because he was old enough to see me doing it six or seven years ago (before I was properly conditioned). Of course I refuse to admit the charge. Nevertheless we have tried in every imaginable way to break this habit. Punishment and reward, pasting adhesive over his fingers, sending him to bed with gloves on and trying to make him "socially conscious" about his hands have all failed.

This past fall his father told him that if his nails were not long by the first of January, 1930, he could not go to his week-end camp. Bill agreed that the punishment was fair enough, and said he was going to try his best to stop his nail biting, but he could not live up to it for any consistent length of time, so January arrived and young brother went to camp and Billy stayed home.

We wondered how sad the parting would be! But not at all—Billy got everything organized that he wanted to do at home and seemed quite delighted with the situation. He did a lot of reading, worked in his workshop and cleaned out his toy box. (Part of the punishment was that he could not make any social engagements, so naturally he was restricted to his own company most of the time). I felt that in a way I had scored a minor triumph in this situation for predicting that you can't spend eight years teaching a babe to be adaptable, and then expect a mere matter of week-ending at home to be a sufficient stimulus to make him let his nails grow, although the effort was apparent. I feel convinced that the final stimulus will be discovered eventually, but meanwhile the Watsons go right on experimenting.

Upon the subject of independence and adjustment where the children's lives are concerned, I have had many struggles. One all-important problem with little babes is the function of elimination. My husband insisted that from the time the boys could toddle they should be sent to the bathroom alone every morning and take care of the matter themselves, making a verbal report to us. This sometimes had its drawbacks as to the accuracy of the report. Not long ago I had occasion to take the younger boy to a pediatrician, as he had been complaining of a pain in his side. The doctor made a thorough examination and asked me the usual questions. When he asked me about Jimmy's eliminative processes, I rather reluctantly admitted that due to our behavioristic system of handling the matter I was uncertain on the point. The physician surprised me by laughing heartily at my dilemma and saying: "Well, now, I suppose after all is said and done it is more important to go through life independent

and well adjusted, if a bit constipated." This relieved my "mother's conscience" a lot.

Although I have never under-estimated the importance of the physical welfare of my children, on the other hand I have tried not to coddle them about their various ailments, not to over-attention them when they are ill, but rather to keep them going as near as possible at the same level as when they are well. Very few people go through life without some physical disability, and giving in is very close to giving up.

Many personal resentments have grown up within me in respect to strict behaviorism being practiced in our home, chief among these the exclusion of the children from our quarters (now a modified rule). My regrets are perhaps more for the sophisticated life we urbans lead than anything else. I wonder how many parents eat their evening meal at a reasonable hour with the children, light the fire afterwards and have at least a social hour or half-hour together? In our family we do this on birthdays and holidays. The result is that the occasion so excites the children that the whole family becomes emotionally exhausted and very grateful when bedtime arrives. I hope I am not being sentimental, but I feel this is rather an unfortunate situation. I would like to feel that our sons are a little more part and parcel of the home. Although I hold no intellectual brief for the values of the "home," emotionally the idea pleases me. I think lots of people are forgetting in this epoch of scientific rationalization what fun a home can be. I like to play with my children and talk with them (not necessarily *down* to them). I like to put them up against an adult group occasionally, not to be fussed over or laughed at but just to give them part of the social setting into which they will step some day. I like them to be comfortable with grown-ups, and how I wish that more adults would feel comfortable with children. They are either bored by them and therefore restrain their conversation, or they treat them like pet dogs and make them for the time being the center of the universe. I admit that most children bore me, and that is because they are used to monopolizing the attention of their parents and their friends the minute they step into a drawing room. They quickly become tyrants and czars ruling over their own families, which is thoroughly unpleasant for all concerned.

I like my children to treat me the way I treat them. I never burst into their rooms without rapping, nor do I open their mail or interrupt their games or search their bureau drawers, so I feel justified in demanding that they too should respond to certain conventions which after all are created only to make living in groups more comfortable and satisfactory for the individual. When youngsters have learned certain of the conventions they are really diminutive adults and very good company, for they have a newer and fresher philosophy of the world in which we live than the generation which is temporarily making a bold effort to guide their behavior, and we pompous sophisticates have a lot to learn from them.

Toys have been a matter of frequent dispute with the Watsons. I have always felt that if you want something very much it is important to have it. If a parent lets the period of wanting go on too long, the child outgrows the wish just as we do. One of my saddest grievances against life is the fact that seven years ago I wanted a parasol desperately—for no good reason. I had no opportunity to use it, and at the time when I saw just what I longed for in a store window, it seemed such a complete extravagance that I never had the courage to buy it. Now I don't even want one, but I am sorry I did not get it when I wanted it—and that is how I feel about youngsters, and one reason why I am a bad behaviorist. Without recklessly surfeiting my boys with playthings, I believe they should have what they want within our means and they understand that. The reason that lots of children are spoiled is not because they have so many toys, but because they have so many that they don't want and never thought of asking for—safe toys that mother and father wanted to buy them. I must admit that my first impulse has always been to select wise, safe toys, but I controlled it and triumphed over myself, only compromising by blunting the tip and dulling the edge of a knife which one of my boys received from us at the age of four.

After Christmas, because of the excessive number of toys which arrive for the occasion, I always make the boys select the ones they are most interested in; then we put the others away and only produce them during the year upon request. When our sons were very little babes, I allowed them one toy at a time to play with, and occasionally now when I find them hauling things out of their play closets in a disorganized fashion, I claim most of the toys for the time being and insist upon their making a selection among them. This is a fairly decent philosophy to grow up with, for we know as adults that the happiest of us are those who are able to make quick decisions. We can not play tennis and golf simultaneously. We can not be farmers and aviators at the same time; in fact, it is even hard I find to be a mother and a wife at the same moment.

Many people ask me what we do in regard to educating our children on the subject of sex. Firstly, contrary to even those conscientious parents who believe in telling their youngsters about "life" as soon as they show an interest, we told them before they arrived at the question-asking stage. We told them all they could grasp just as we told them about hundreds of other facts, which were some day to become of need to them. You don't wait long before you teach your daughters to use a needle and thread, in fact there are many toys made to stimulate a girl's interest in sewing because parents believe sewing is an asset for a girl to have. Likewise we encourage a boy by giving him a tool set and teaching him to use it, or a bicycle and teaching him to ride. We teach our children to brush their teeth, bathe and numberless other points in hygiene, but most of us steadfastly evade the most important issue in life. We don't wait for a child to have a toothache before we take him to a dentist, but almost every parent waits until his child is in a dilemma before he tells him about sex—living in the illusion that such knowledge destroys the innocence of childhood.

Another attitude I deplore is the stand that every parent who gives his child any information is forced to take; the discuss-this-only-with-mother-and-father attitude. This immediately puts the child on guard, and what he should accept as a natural phenomenon becomes a mystery. I had to do the same thing in self defense, so that my children would be allowed to play with other (*Turn to page* 67)

★

HOLY-DAY

By Elspeth MacDuffie O'Halloran

Snow upon the flagstone path,
And frost upon the pane;
Candles on the window-sill
And Christmas here again!

★

Holly on the mantel-edge
And laurel on the door;
Fire within the gracious hearth
And Christmas here once more!

★

Someone very small and sweet
Wakes—smiles—and sleeps—
Mary, bless each mother who
Her first Christmas keeps!

THIS ARTICLE AND THE LIST OF TOYS FOR CHILDREN OF ALL AGES GIVEN ON PAGE 88 WILL HELP TO MAKE YOUR CHRISTMAS SHOPPING EASIER THIS SEASON

Photograph by Léon De Vos

CHRISTMAS GIFTS FOR CHILDREN

By JANET M. KNOPF
Toy Consultant

WHAT GROWN-UP does not delight in that part of his Christmas shopping which leads him into toy shops? They were never more fascinating, reflecting as they do the whole range of children's interests from the time the baby reaches for a hugable, washable doll till the boy or girl in the teens seeks perfection in athletic equipment. Parents who understand the needs of their growing boys and girls realize that toys and play equipment have an important part to play in their development. For knowing how to play well, knowing how to spend one's leisure well are quite as important to learn as knowing how to do one's job well. Working well is necessary of course to material success, but playing well is necessary for the enjoyment of that success.

Many men when they no longer need to work continue only because they do not know how to play. They have never learned. Many women with much leisure on their hands resort to one form of play—cards, for instance—because they have never learned any other, have never developed any hobbies. The adolescent with time on his hands spends an overwhelming part of it at the movies, because he, also, has not learned to play and develop interests for his leisure hours that will make life a richer and fuller experience.

Training our children for the proper use of leisure is largely in the hands of the parents. The things with which children spend their free time are usually in the form of toys. If you believe that having a hobby is worth while, if you believe that developing resources within yourself for your own amusement, rather than seeking entertainment from the outside, are valuable in life, then you must believe that choosing toys, those tools for developing a proper use of leisure, should be considered seriously. This is a new angle from which to approach the buying of your Christmas toys: namely, that toys properly selected are a necessary part of your child's equipment.

In my last article I discussed the fact that toys were a means of forming habits of mind and character. In this article I endeavor to show that toys for children, from eight years of age and older until they no longer can be called children, also have a lifelong influence upon them.

Their habits of mind are already established so far as their characteristic manner of facing a situation and reacting to it is concerned. However, these characteristics can be modified throughout their lives. The play equipment that children in this older group are given will have as important an influence on their later lives as did the toys with which they were surrounded before they reached their eighth year. The influence now is of a different kind.

Whether a child has the ability to concentrate or not, whether he is able to work with his fellows or not, whether he has an alert inquisitiveness of mind or not—these characteristics have already been established by the time he has reached the age of nine. What (*Turn to page* 85)

KATE

SQUARE PEG

BETTY

BEGINNING THE TWO-PART STORY WHICH WON THE PRIZE IN THE PARENTS' MAGAZINE FICTION CONTEST

By AGNES E. BENEDICT

The author of this prize-winning story knows children. Her work is always with and for them. Starting as a teacher, she later became associated with the National Child Labor Committee. Her book, "Children at the Crossroads," was the result of subsequent work under the auspices of the Commonwealth Fund. She is well known as the author of other books and articles and is now carrying on important research in connection with the White House Conference on Child Health and Protection.

"WE STARTED them in school at the same time. We think it's so nice for sisters to be in the same class. Now they'll be together right through school and college."

Betty Tylor sucked her pencil and stared out of the schoolroom window, in defiance of Miss Meade's sharply given command to "think just as hard as you can on this arithmetic problem for five minutes." Why had Mother said it was nice? She couldn't have thought much about her, Betty, when she made this arrangement. It wasn't nice for her. It was terrible. Ten and eight. Both in the fifth grade. She ought to be two grades ahead of Kate. Kate had no *right* to be there. But down in her heart Betty knew very well Kate *had* a right to be there, the right of her smartness. And she would always be there. Betty counted wearily—eleven and nine in the sixth grade, twelve and ten in the seventh, thirteen and eleven. . . . Always and always that blond head with its precise curls would be there reminding her. These two years of difference were a terrible cross for Betty to carry; they branded her before the world, kept her from having courage, from believing in herself. . . .

The frown faded from Betty's face as she watched a fat robin hopping about the school yard. Why, he looked just like a man, didn't he? A fat man. He did look just like old Mr. Pardie. *Just* like Mr. Pardie.

"Betty Tylor!"

She jumped.

"Did you hear what I said about thinking hard?"

"Yes, I heard, Miss Meade. I've been thinking." It was true.

"Then tell us how you've worked the problem."

Betty began haltingly. "If a bricklayer lays *fifty* bricks" . . .

"It was *not* fifty bricks. Now, Betty Tylor, you have not been thinking."

But Miss Meade's scolding was interrupted by the frantic waving of a chubby hand. "Yes, Kate?"

"Oh, I've got the answer, Miss Meade. I've got the answer."

Miss Meade sighed. Thank goodness. One child could be depended on. "All right, dear. Stand up before the class and tell them."

An assured little figure rose; yellow curls bobbed eagerly. Kate had just the suggestion of a lisp which people thought adorable. "If a bricklayer lays *thirty* bricks in *twenty* minutes, then in *two* hours . . ."

"That's right, Kate. That's fine. Now sit down. If only everyone in this room would work half as hard as you do."

Betty turned from Miss Meade's accusing eye and met Bob Conneley's grin. She stuck out her tongue at him. Oh, why didn't anybody want to know what *she'd* found out in that five minutes—that the fat robin looked just like old Mr. Pardie?

• • •

"There now, you look fine." Sister Grace ran the comb a final time through Betty's black mane and settled the blue dress around her shoulders. "Try to keep nice and clean till Gran gets here."

"Don't call that *dog* in here," she shrieked a few minutes later. "She's filthy. Didn't Mother tell you that was your last clean dress?"

"Look, Grace, I want to show you. Her eyes are so pretty when the sun shines right into them—like this. Why, they're almost shooting sparks."

"What do I care about her eyes? Look at her feet. *Betty! Please!* Mother told me to look after you. Oh, there she goes. Betty, she's *got* to get out of here."

But it was too late. "Now *look* at you, Betty Tylor. And it's on your hose, too. Come right into the kitchen. Oh, why can't you get a book and sit quietly for five minutes like Kate? Just for *five* minutes."

Betty stiffened. Did Grace, did anyone in the whole world know how many times just that was said to her, "like Kate, like Kate"? Couldn't Grace see she was terribly ashamed about the black smudge, too—that she wanted to greet Gran spick and span—but that she just *had* to look at Lulu's eyes that minute—just *had* to?

"I'm never like Kate."

"No, but when Gran hasn't seen you since you were a baby, it does seem you might try to be like her just a few minutes."

Betty glowered at Kate, a veritable picture of daintiness from the tip of her spotless white shoe to the blue bow that rested like a huge butterfly on her soft gold hair. Kate raised her clear blue eyes from her book and looked in wonder at her sister. Betty's behavior was always an enigma to her. Betty's heavy eyebrows came close together and she started for the door. Grace made a dive for her but the child was too quick. As Betty ducked and ran across the room, she called mockingly, "You and Kate can see Gran. I guess she wants to see clean people. You and Kate are so nice and clean."

"Betty, come here this minute!"

But the front door slammed and she heard Betty's awkward feet pounding across the porch and down the lawn. "Here, Lulu; here, Lulu!"

"So this is Kate," said Gran, arriving half an hour later. The child stood on tiptoe, and the rosebud mouth brushed Gran's cheek.

"You darling child," said Gran. "Now where's Betty?"

There was an awkward silence. "Why, why," said Grace

She clung to the old tree thrilling to the storm. Afterwards she dared tell Gran who understood

Illustrated by F. COLDON WELD

hastily, "she just went out in the yard for a minute. Just for a minute."

Mother cast a worried look at Grace behind Gran's back. "She'll be in just as soon as you get down from your room. Why not unpack first?"

"I'll show you to your room," chirped Kate.

"And here's Betty," said Mother half an hour later. "I'm afraid she's not a very clean little girl. But she was clean not long ago. I'm afraid she didn't do as Mother asked. Didn't you remember what Mother said about staying inside till Gran came?"

"No, I didn't remember." Betty came awkwardly forward and held out a grimy hand. Gran looked at this other child—such a complete contrast to the immaculate Kate—awkward, overgrown and leggy, with a sullen expression, a smudge on her dress and a matching one on her nose—and an irresistible impulse swept over her to gather Betty into her arms and hold her close and say over and over, "It's all right, Betty; everything's all right." Instead she took the hand in both of hers and said, "You know, I dare say Betty takes a little after me. Do you know I always had smudges on my dress?" Her eyes twinkled behind her glasses.

Betty smiled in spite of herself, reflecting Gran's smile. But she decided Gran was a rather funny person. To tell right out that you were dirty, when you didn't actually *have* to tell. Perhaps Gran's childhood lay so far behind her she'd forgotten. She looked awfully clean now.

Mother went out to help the cook with dinner and Kate came up to Gran with an engaging smile. "Would you like to hear me read, Gran? I can read in the *sixth* grade reader."

"Surely, dear. You read to me."

Kate read smoothly, glibly, letter-perfect.

Bang! Betty sat up, rubbing her elbow. "Aw, look at me, Gran. I can stand on my head."

Kate stared as though at some strange and unpleasant phenomenon, then looked hopefully at Gran, waiting for the inevitable words, "Stop at once . . . silly . . . you'll kill yourself." But they didn't come. Nor did Gran's expression seem as if they were ever coming. In fact, Gran had a very different look on her face—a queer look. If Kate hadn't been sure such a look was out of the question under the circumstances, she would have thought it was a look of pity. Kate was puzzled.

But Mother, coming in a second later from the kitchen, her face flushed from the stove, said all the things Kate had been waiting for. She said those things, and—because she was tired and it had been a hard day, and "Betty this and Betty that" all day, the last clean dress, and now—she said some additional things. "You see, Betty's our family clown," she explained to Gran.

Betty winced, flushed angrily, and flounced out of the room.

• • •

As the days went by Gran thought how many things there were to say about Kate. Kate could furnish conversation for whole days on end. It was "Kate's never made lower than eighty-five in school since she first started. Usually it's ninety-five. Kate's going to make a fine little dancer. Kate already attracts boys. Why, that Kane boy's been crazy about her ever since she was five. You can let Kate go all over town by herself. Kate says the cutest things."

No wonder, thought Gran. Who could blame them? The child was rather amazingly satisfactory. And they were right when they said there was no danger of Kate's becoming spoiled or conceited. She was no prig either. Kate simply had what amounted to genius for finding out what the world wanted and giving that to it. And the world rewarded her. Good marks, good dancing, good manners—that was Kate's world. No strange voices called to her as they did to the less fortunate Betty; no strange hands beckoned to her; no mad impulses pulled her.

Mother and Grace constantly remarked on Kate's sweetness to Betty. And they were right. But Gran wondered if some of the sweetness was not that of the victor toward the vanquished. It seemed to her as though much of the time Kate showed the maddeningly patronizing condescension of a very bright and remote angel. It was "Never mind, Betty," when Betty failed in a game. Or "See, Gran, what a nice picture Betty drew." Or "Mother, Betty got seventy-five in the arithmetic test today. Isn't that fine?" Implying, of course, fine *for her*.

After a while Betty, who had believed Gran was a funny person on the first day she saw her, came to feel she was still funnier. Because Gran manifested an interest, a real interest in all those funny, silly, crazy inconsequential things that had up to now had significance for Betty alone in the whole world—things like the resemblance of the robin to old Mr. Pardie, the look of Lulu's eyes in the sun, and the rest—all (*Turn to page* 91)

How BABIES LEARN TO WALK

By MARY SHIRLEY, Ph.D.
Institute of Child Welfare
University of Minnesota

A champion at twenty - three months . . . the liveliest stepper in a group of youngsters studied at the University of Minnesota

A TWO-YEAR STUDY UNCOVERS INTERESTING FACTS AS TO HOW AND WHEN BABIES LEARN TO WALK, AND DISCUSSES WHY SOME ARE QUICK AND SOME SLOW IN STEPPING OUT

This young robber was exposed climbing after milk

TO THE MOTHER who has watched her child progress from sitting to creeping, from tumbling to standing, from toddling to running about the house, master of his legs, the question of whether babies *learn* to walk sounds absurd. But to psychologists who have viewed the stages of the walking process somewhat more critically the question as to whether the baby *learns* to walk in the same sense that he later learns to skate, or dance, has long been a subject of debate. Some of them believe that walking is a complex and rather loosely organized instinct, similar to the flying or nest-building instinct of birds, and that each successive stage unfolds in a definite and orderly manner once the organic structures on which the process depends are fully developed for their function. If this view should be found to be true, young mothers would be spared considerable worry. The mother whose baby walked alone at ten months could feel quite certain that her darling's legs were strong enough for their task, and the mother whose child crept about the house till eighteen months would not need to apologize for his slowness.

Although this theory has not yet been proved, the results of a recent investigation lend it support. For the past two years twenty-five Minneapolis babies have been examined at weekly intervals in their homes. Many aspects of their development have been studied, among them progress toward walking. Graphic records of the babies' attempts at walking were obtained on a strip of white wrapping paper which was stretched out on the floor. The soles of the baby's feet were lightly greased with olive oil and he was allowed to walk the length of the paper path. Later in the laboratory these records were dusted with black powder which adhered to the oil and made the footprints stand out clearly. Any mother who wishes to make similar records of her own baby can easily do so. The paper should be from twelve to fifteen inches wide and should be unglazed. Ordinary white wrapping paper such as druggists use is very satisfactory. The black powder is made of five parts lampblack, two parts graphite and one part powdered acacia. The gray automobile tire talc probably would do as well. Only a very little powder is needed; it should be applied with a small paint brush. Such records were taken in connection with the Minneapolis study at intervals of one or two weeks from the age of four months to two years. In the early months the baby was held under his arms for walking. Later he was held by the hands and led, and still later, when he was able to walk alone, he was enticed down the path by a toy. Up to the age of one year the babies were allowed to walk one minute at each test; but by this age they were walking so far in one minute that the longest of living rooms and halls were too short for them. Consequently the walking time was reduced to ten seconds. The time interval was kept constant in order that the speed of walking could be studied. The records were then measured for the total distance walked in one minute, the length of the step, the width of step, and the degree of the angle at which the feet were placed. The total number of footprints made by each child was counted.

From the first it was apparent that the babies went through several rather well-defined stages before they walked alone, but different babies went through these stages at different rates and at different ages. For one baby the period of standing, which will be described later, was only two weeks long; for another this stage was twenty-nine weeks long, but for most of the babies it was about fourteen weeks long. This is just one example of the great differences which exist among babies in their walking development. One can easily see that if the records of all the babies were averaged, age by age, the various stages of walking would be hidden because at the same age some of the babies would be in the stepping stage, some in the standing stage, and some would be walking if they were led. So in order to discover these stages the records of each baby had to be studied separately. When this was done four clear-cut stages in the walking process were indicated:

First, a stage of stepping or prancing; the baby bore almost no weight on his feet, but he patted them on the floor.

Second, a stage of standing with support.

Third, a stage in which the baby walked if he were led.

Fourth, a stage of walking alone.

These stages are only the big milestones on the road to walking; smaller steps might be discovered by more refined methods. All four of these stages were found to characterize the walking development of all the babies, with the single exception which proves the rule; namely, four rather precocious young walkers skipped the stage of standing with support. These four babies walked alone somewhat earlier than the average.

The last two preliminary stages are rather important steps in walking development, and the sooner a child gets to these stages, the sooner he will walk alone. So close is this relationship between stages that if we know the age at which a baby reaches the standing age we can guess with a fair degree of accuracy the age at which he will walk alone; and if we know the age at which he first walks when he is led, we can guess with even greater accuracy how soon he will walk alone.

He can stand on his own feet at seven-and-one-half months

Since these stages are convenient and important landmarks and since they are useful for predicting whether the baby will be an early or a late walker, it will be of interest to describe them more fully. The first stage of patting or prancing begins very early. The baby of three or four months will push with his toes and bounce up and down if he is held erect with his feet touching a lap or a table. Occasionally he even takes a forward step with one foot or the other. In the course of a minute he sometimes progresses a yard or more in this prancing way. Usually his heel does not touch the floor during his dance; he pats his toes only. Of course, these movements are not yet under control; the baby does not support his weight, and he does not get one foot to follow the other when he steps. But the beginning of walking is present in this prancing stage. On the average this stage lasts about ten weeks, and it gives way to the standing stage at about seven months.

Among the babies in this study the standing stage began about the time the babies were able to sit alone, or around seven months, and lasted till about the time they crawled, or till ten months. The babies were held at their wrists with their arms outstretched in front, and they tensed their arm muscles to keep from falling. In the early weeks they swayed considerably, but later they stood with only a little help. Efforts to make the baby stand before he reaches this stage usually fail. He simply will not stiffen his knees, or hold out his arms, but instead swings by his arms with his feet drawn up, or promptly sits down. Similarly, efforts to prevent his standing after he reaches this stage are of little avail. The baby pulls himself up and stands by the railing of his crib or by a chair or at his mother's knee, in spite of her efforts to stop him.

Record walk of a seventeen-months-old adventurer

The stage in which the baby walks when he is led is perhaps the most deceptive of the three. Parents are likely to expect the transition from being led to walking alone to take place within a few days or at most two or three weeks. Quite the contrary, this is usually a long-drawn-out period. In the group studied it lasted from ten to fourteen and one-half months. It is during this stage that the baby walks around by holding on to the furniture or the wall; on his kiddy-car he makes great speed, and he walks so far and so joyously if he is reassured by holding to Mother's little finger that his elders wonder why he does not strike out for himself. Here again the efforts of parents to hasten or retard the process are usually without fruit.

The average age at which the babies studied began to walk alone was fourteen and one-half months, but some began as early as eleven and one-half months and some as late as seventeen and one-half. Naturally the babies' speed of walking and the length of step increased rapidly after they began to walk alone. Most of the babies toed out; at these early ages they did not walk with toes pointing straight ahead as many orthopedists say they should. Two or three babies in the group were pigeon-toed from the very beginning. It seems, therefore, that pigeon or out-toeing are individual characteristics, unrelated to developmental trends.

Other individual characteristics appear very early in the baby's walking career. Almost every baby has a tendency to pat one foot or to walk on the toes, or some other subtle characteristic stepping habit which makes his record easily distinguished from the records of all the others. It is likely that these individual characteristics of babyhood are the foundation for the slight peculiarities in the adult's walk whereby a friend is recognized by the swing of his gait or the tap of his footsteps before his face is seen or his voice is heard.

The reason for the large variations in the age at which different babies pass through the different stages is unknown. Popular opinion has it that small babies walk early and fat babies walk late. The author holds somewhat the same view. The babies who walked early were in general the slender, small-boned babies and the tall, muscular babies. The babies who walked late were the chubby, short-legged babies, and the babies who were thin but flabby as compared to the thin, muscular babies of the first group. A careful study of the records of height and weight may reveal a more definite relation between bodily structure and walking ability.

A step in the right direction at three-and-a-half months

In the matter of the baby's walking, then, the mother may relax her vigilance. The only contribution which she can make toward the baby's progress is to see that he is fed an adequate diet for the growth of strong bones and sturdy muscles, and that he is clothed in garments which are not cumbersome, and shod in sensible shoes, or in none at all. Walking, it seems, is a process of development rather than a process of learning, and under favorable conditions each stage will unfold in its own good time and not a moment sooner.

When and How to Teach GOOD HABITS

By FLORA MERCER BRENNAN

TO COMBINE CHILD TRAINING AND HOUSE-KEEPING, WITH JUSTICE TO BOTH, IS THE COLOSSAL TASK MOTHERS FACE. HERE IS HELP BASED ON ACTUAL EXPERIENCE

If mother has a helper it is important to have her fond of children

Illustrated by CORINNE PAULI

CONSTANCE, AGED TWO AND ONE-HALF, had decided not to button the one button on each of her shoes. It was a tedious task, but one which she had performed in the past and which mother thought should become routine for her. It was not easy to persuade Constance that the ways of buttons and buttonholes were a necessary part of her education. In fact, it took mother just an hour and a quarter to see the process through to its successful conclusion, when a fully-dressed, tear-stained but cheerful baby ran off to play, proud of her ultimate accomplishment. The maid-by-the-day later commented on the occurrence to the mother. "At first I wondered how you could stay so patient and not lose your temper. And then I thought, well, that was your task. You didn't have nothing pressing on your mind and could do right by the child."

Could anything better epitomize the ideals and difficulties of a mother? Most of us do take the training and guidance of our children as the most important task life can give us. Most of us do desire, with almost prayerful sincerity, to "do right by our child." But how attain the blessed state where nothing is "pressing on our minds"? How secure freedom to carry out methods and plans that seem wisest for the children and still be able to maintain the routine and multitudinous details which make up twenty-four hours in a home?

The two greatest factors in securing this sense of freedom for the child's needs are sufficient time and the co-operation of the household.

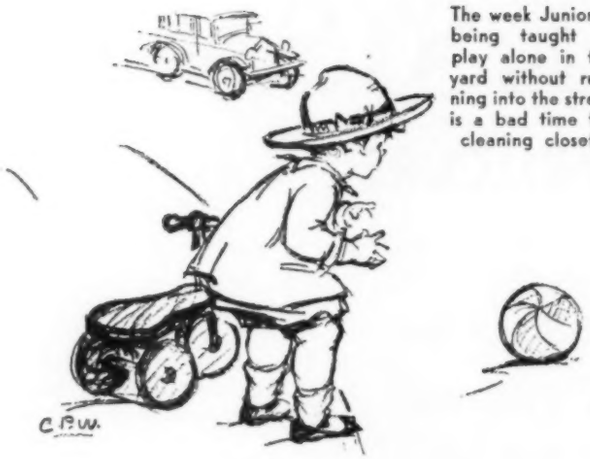
Since even the most ardent desire or pressing need will not transform a twenty-four-hour day into one of twenty-six or thirty hours, securing more time resolves itself into juggling the events which fall within one twenty-four-hour span. And the events to be juggled depend very largely on the nature of the behavior problem you have selected as most important in your child's life for the time being. For example, one of the simplest, most obvious, and most disagreeable ways of securing extra hours in the day is by rising earlier in the morning. But this hour may be of little use and probably a disadvantage if it leaves mother too tired to handle wisely a temper tantrum occurring in mid-afternoon.

It took over an hour to persuade Constance to button her shoes, but the hour was well spent

That hour was not relevant to the difficulty in hand. However, if it is a dressing problem which is apt to occur the first thing in the morning, that extra hour is most valuable. Since mother, who is handling the problem, must stay by her job until it is finished, an extra hour for herself and the child will in most cases allow the family to breakfast at the accustomed time—certainly if there is a maid. But if there is not, a 1931-model husband, capable of assembling eggs and bacon for himself and the other children is a comfort and blessing, for mother must finish what she starts with the child regardless of the family breakfast hour.

A second way of securing time for handling a child's behavior problem is by simplifying the other work to be done in a day. Suppose you plan to work with a feeding problem. That is no day on which to have an elaborate dinner, requiring last-minute attention. Instead, an oven meal, an easily assembled meal, or a meal out of cans, would be better suited to your purpose. By such planning you have time to deal with the child before the family is fed. Or if the child is playing happily in the yard or in a room where the family meal will not attract his attention, feed the family first, and have your mind and time free for him afterwards. Don't stage your problem at the family table. Don't attempt to carry out your correction plan if in spite of your engineering some unavoidable interruption has occurred. Don't carry out your plan if there has been an unusual disturbance in your family life, such as an accident or bad news, or if there in some sudden and unusual disturbance in the weather, such as a storm. These "don'ts" hold true for all behavior correction situations. But that they may be especially serious in feeding difficulties I have had driven home to me by my own lack of wisdom in handling one such problem.

Mary, aged two and one-half, decided that squash was one vegetable to be forever eliminated from her diet. I became exasperated by her attitude on a day when a sixty-mile gale blew furiously past our small house on an Iowa hilltop. I decided to "see it through" right



The week Junior is being taught to play alone in the yard without running into the street is a bad time for cleaning closets

then—said with the grim set of the jaws well known to mothers! From the table where she sat the child could see the trees blowing wildly and hear the mournful howl of the wind. The unpleasant scene we had over the squash became associated with both food and wind and, as a result, a fear of wind amounting to panic was developed, together with two successive weeks of hysterical vomiting. My poor methods of correction and bad choice of time for them resulted in two problems where there had been but one.

Another method of securing time for the child is by slowing up the regular household schedule and compensating by judicious omissions from the routine work. I can best illustrate this method by a toilet problem which I am having at present with our two-and-a-half-year-old. Her morning routine is breakfast, get down from the table, hang up her bib, go to the toilet. Once down from the table, resistance to going to the toilet begins to color the intermediate activities. My task is to retard her whole breakfast procedure and detain her happily at the table until her older sister is through breakfast, out of the bathroom, and her father has gone to work. Then we have the coast clear for reconditioning the toilet process without distraction or interference. It means that I often start my morning's work three-quarters of an hour or an hour late, but that is the morning that I do not dust the top of the dresser.

Still another means of allowing yourself time for your child lies in choosing a class of work suited to interruption, when a new problem arises or an old one must be corrected. This spring when the weather became suitable for outdoor play, I turned our two-year-old for the first time alone into a large, terraced, unfenced yard, past which flows an uninterrupted stream of traffic. That was not the week I planned to clean my closets or put away winter clothes. It became instead an auspicious time for letting down last summer's play dresses, putting on new bands, making buttonholes—all of them choppy tasks well adapted to sewing by a window from which I could jump up every five or ten minutes to call to the child, approving suitable places to play, disapproving unsuitable. I had a great deal of exercise that week. And because the approval and disapproval were as consistent as I could make them the child came to understand rather remarkably the places she might and might not explore. With the added help a little later of her sister's chaperonage, we have so far had no infringements of the taboos.

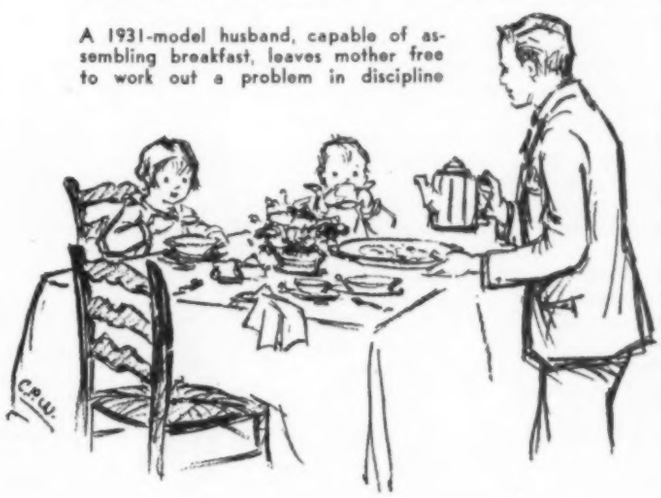
Perhaps the most obvious, most often tried, and most wasteful, not to say harmful, means of securing additional hours in the day is by speeding up. It must be mentioned, but not recommended, as a device for securing time. It is impossible to make two hours do the work of three without paying for it in the third hour, which you plan to give to your child. You are still speeding even when you want to be calm and relaxed. Your tension can provoke a similar reaction in the child and may augment the very problem you are seeking to overcome. Better to omit a whole hour's work and be capable of dealing adequately with the problem in hand than have a perfect record of tasks accomplished but lack of poise for accomplishing the most important task of all.

While the household engineering required to find time for correcting a child's behavior problems may be a one-woman job, to carry out the correction plan sometimes means the re-education, and always the co-operation, of the whole family and family helpers. Very often the strain resulting from lack of co-operation is the heaviest item "pressing on the mind" of the responsible mother in charge. And one member of the family whose co-operation is not merely important but absolutely vital to mother and child in a problem situation is the father of the child.

Mary refused to eat squash. I chose the wrong time to "see it through" and hysterical vomiting resulted

In his business life the father is usually accustomed to dealing with facts and not generalities. A good deal of waste effort may be avoided if the mother can make use of this attitude in his home life as well. For example, the chances for securing his co-operation in correcting a behavior problem are a great deal better if she can suggest a correction plan at the time she outlines the behavior difficulty to him. Merely complaining about a difficulty with a child is more than useless. It either puts him on the defensive for the child or prejudices him against the child. In either case, subsequent clear thinking is more difficult for both parents to achieve. Furthermore, it gives the father no real facts to work with. If I wail to my husband, "Mary didn't take a nap today. What shall I do about it?" the answer I most often get is, "Good heavens, I don't know!" But if I can say, "I have been troubled about thus and so. What would you think about this, and this, and this as a remedy?" I get instant attention, real discussion and exceedingly helpful suggestions. My plan does not need to be a complete one or even a very good one to furnish us a definite point of departure. But in our discussion of it our ideas have cleared, he knows as much about the situation as I do, and can use the same technique for its correction. Moreover, he is interested enough in the problem to want to try out the correction (*Turn to page* 68)

A 1931-model husband, capable of assembling breakfast, leaves mother free to work out a problem in discipline



ENURESIS

ITS CAUSE AND CURE

●

PUNISHMENT IS NEVER THE RIGHT TREATMENT FOR BEDWETTING. ENLIST THE HELP OF THE CHILD IN ORDER TO CONQUER THIS HABIT

By KENNETH BLANCHARD, M.D.

ENURESIS or bedwetting is one of the habits of early childhood that frequently creates a different problem for the mother, and in some cases it may be impossible to break the habit before the child reaches puberty. If the habit continues beyond the age of puberty there is almost invariably a definite anatomical defect to deal with, such as a small bladder. The majority of cases, however, are cured fairly early in life if treatment is adhered to regularly and faithfully.

During the very early months of a baby's life the act of urinating is not controlled by a center in the brain, but is simply an involuntary act, a so-called reflex act passing through a center in the lower end of the spinal cord. This act is gradually controlled by a center in the brain. At first the child learns control when he is awake and later this control can be extended to include the hours when he is sleeping. The age at which such control can be established varies considerably with the individual child. But it can usually be established by the age of two if considerable attention is paid to training. In the cases of some children the age of two and one-half years may be reached before such results are obtained. If bedwetting occurs after the age of three it is an abnormal condition, and entirely beyond the control of the child, and for this reason nothing is to be gained by punishing the child. Instead, the cause of the trouble must be found and if possible eliminated.

The causes of bedwetting may be one of many or the habit may be due to a combination of causes. Nervousness, malnutrition, anemia or enlarged adenoids may play a part, or the underlying condition may be a very acid urine causing a local irritation. A local inflammation, a stone in the bladder or even an anatomical defect, are frequently factors to be considered. Excess fluids at supper time may result in bedwetting.

Bedwetting is usually controlled before the age of eight years, and up to that age the chances of recovery are very favorable; but as the child grows older the habit becomes more firmly established and far more difficult to break.

The outlook for recovery depends almost entirely on the parents and their willingness to cooperate with the child in carrying out the treatment outlined by their physician. To break a habit that is already established and form a new one cannot be done overnight, but often takes months and even years of untiring effort and training.

If a child has reached the age of three and bedwetting persists, he must first be thoroughly examined to see if there are any local causes. If the adenoids are enlarged they may interfere with respiration and in that way result in the blood stream loading up with carbon dioxide. With the blood improperly purified in the lungs, it is possible that the sluggish circulation retards the brain control, making the child backward. Removal of the adenoids may help him to better control. A tendency to nervousness can be lessened by regulating the life and environment of the child. Anemia or malnutrition need special study and call for careful attention to diet. A diet rich in sugar may cause changes in the urine that lead to trouble.

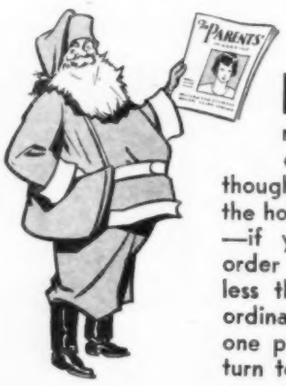
As bedwetting after the age of three is entirely beyond the control of the child, there is nothing to be gained by scolding him, but more to be gained by praising him when he does not wet the bed. If he wets his clothes during the day, while he is awake and about, it is probably due to the fact that he is too interested in play to attend to going to the bathroom. Here again praise for keeping dry is a much more helpful way of dealing with the situation than punishment for getting wet.

When the child is being treated for bedwetting immediate results should not be expected, as it may require a vast amount of time and patience on the part of the mother before the expected results are obtained. The child should be put on a three-meals-a-day diet, the variety of the food depending upon his age. But red meat should be given only once a day and that at the noonday meal. The supper should be given not later than five-thirty, and should be a so-called "dry supper." Any of the cooked cereals may be given and served with a little sugar and butter or an ounce of milk. Stewed fruits, junket, bread and butter, cornstarch or milk toast may be added, but no meat or eggs should be given at the evening meal. No fluid should be given him to drink after four o'clock in the afternoon, and the amount should be limited to four to six ounces at that time. The amount of fluids given in the morning may be increased to make up for this restriction.

When the child is put to bed the coverings should be as light as possible, and he should be encouraged to sleep on his side or stomach as there is more tendency to bedwetting when he is on his back.

One of the (*Turn to page* 92)

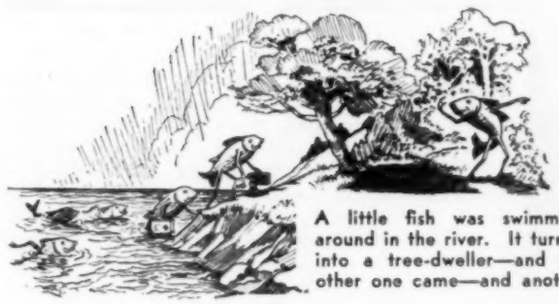
A CHRISTMAS SUGGESTION



IF you would like to give gifts that remind the recipients of your kind thoughtfulness long after the holiday season is over—if you would like to order two such gifts for less than the price you ordinarily spend for just one present, then please turn to page 89.

A Boy's OUTLINE OF HISTORY

By CHARLES RICHARD CHARLES
Illustrated by LEO JOSEPH ROCHE



A little fish was swimming around in the river. It turned into a tree-dweller—and another one came—and another

BEING THE INFORMATION, OBSERVATIONS AND REFLECTIONS, INSPIRED BY A TRIP TO THE MOVIES, ON THE ORIGIN AND DEVELOPMENT OF THIS PLANET, DICTATED BY THE "YOUNG VISITOR" HIMSELF AT THE AGE OF EIGHT, AND TAKEN DOWN BY HIS FATHER, FRED CHARLES

. . . some pigs came on to earth. Nobody knows whenever they came on

The sun was whirling around and a little cut came out of it

IT WAS ONE of those rare spring evenings when, having ducked my accustomed share of the dish-washing on the plea that there were pressing matters to be attended to in the humble and sparsely furnished room dignified by the family as "Daddy's Study," I hung over my typewriter waiting for inspiration.

There were distractions, and inspiration did not come. The birds had returned and were chirping an evening song outside. The snow, perhaps the last of the season, had melted and the warm air invited to adventure.

Dishes rattled below stairs, and I strove manfully to fill in the brief intervals of silence with a purposeful if aimlessly deceptive clicking of the typewriter keys: "Now is the time for all good men to come to the aid of the party."

And then the door opened slowly and he stood before me. I must have welcomed him with an air of annoyance. Couldn't he see that Daddy was busy? "Now is the time" . . .

"Hadn't you better help Mother with the dishes?" I suggested.

"They're almost done. I put the spoons and forks away."

"Then hadn't you better get at your home work?"

"Ain't any home work. This is Friday," he reminded me. "I want to tell you a story now."

"What kind of a story?" I asked as I finished another line.

"A long story. I saw it all at the movies this afternoon."

"What's it about?" I asked doubtfully.

"All about the earth," he informed me. "And how it came to be. And about the different people in it and—everything. It's a picture I saw at the movies."

He had waddled in with the stool from the bathroom and had perched himself upon it, his elbows familiarly on the table, his chin in his hands. He had come for a long visit, and I filled my pipe and put a fresh sheet of paper in the carriage. After all, why not? If I had nothing to write worth saying, perhaps he could really help.

"Go ahead," I said, "but not too fast, and I'll write it down for you."

And this is what I wrote:

Once the sun was whirling around and a little cut came out of it.

This little cut started whirling around. A little hard crust formed on it of mountains, hills and other things and a lot of rivers.

A little fish was swimming around in the river. It turned into a tree-dweller. This tree-dweller climbed up on the tree and another tree-dweller came and another and another and so on until there were about 194 of them. And they all had babies. These tree-dwellers had some pigs that came onto the earth. Nobody knows whenever they came on.

Some little bugs were climbing around the waves and they all turned to cave men who dwelled in caves, and one night the man invented fire.

Then, I think, but I'm not sure, some bugs or flies were climbing around hills and other very large rocks or mountains. They all turned to hill-dwellers. These hill-dwellers had a lot of fun building out-of-door camps and they all had some more fun making sparks.

Then the Egyptians came. They lived on little (*Turn to page* 58)

HUNTING STAMPS

SHARE A HOBBY WITH YOUR CHILDREN. STAMPS ENCOURAGE INTEREST IN THE WHOLE WIDE WORLD

● By George A. Deveneau

AS PARENTS, one of our most interesting problems is to arouse and quicken our children's desire to know the worth-while things about the world beyond their immediate horizon of sight and comprehension. The best formal education offered by schools is not sufficient in itself to educate our children in the truest and broadest sense unless we help create in the individual child the desire to know.

Remembering the unbounded interest postage stamps aroused in me as a boy, I started about two years ago with my own children, to find out whether postage stamps still had the Aladdin's lamp charm of opening up new worlds of interests. To my delight, the postage stamp method of arousing a wider educational interest is working not only with the children but with the adult members of the family. To those parents who want to share their children's interests, my experience should be of value.

We were examining some stamps from the out-of-the-way country of Uruguay that had come to us from a friend in South America, and my daughter had shown me on her globe where the country was located, when her interest was excited by the repeated appearance on the stamps of a curious, long-legged bird. To her eager question of "What is that bird?" I had to admit temporary ignorance. That he must be an important citizen of the Uruguaian population I surmised because he appeared on five separate issues from 1923 to 1927 inclusive. We all set to work to find out why. We found that our stamps pictured the Taru-Taru bird, the friend of the cattle men of all South America, remarkable because each Taru-Taru bird adopts an animal, living constantly close to it and picking the terrible cattle tick from the animal's hide, thus preventing the female tick from burrowing through the skin and depositing her eggs in the flesh of the live animal.

Equally interesting stories are connected with the Kagu bird shown on the stamps of New Caledonia, the Kookaburra bird (Daceola) on the recent stamps of Australia, and the beautiful Quetzal that adorns many of the stamps of Guatemala.

A whole menagerie of animals has been assembled with quantities of tigers on the stamps of far-off Malay; with elephants on issues from the Congo; with ant-eaters from the French colony of Guiana; with giraffes from Nyassa, and the fleet hartbeests found as a watermark design on the stamps of the Union of South Africa. We found our friend the Newfoundland dog on the issues of Newfoundland, but our search for a cat, the common pussy or an aristocratic Persian, has as yet been unavailing.

At first stamps stimulated our interest in natural history, but soon we launched forth on the sea of discovery and political history. We have reconstructed the whole story of Columbus' famous voyage from the stamps of Nicaragua, Portugal, Costa Rica and from the valuable Columbian Exposition issue of the United States. From the memorial issues of Bosnia, showing the murdered Archduke Franz Ferdinand and his queen and the town of Sarajevo, to the tragic "Orphans of the War" issue of France with its portrait of orphaned children, widowed mothers and the ghastly "Trench of Bayonets," we have reminders of the events and the significance of the World War to Europe. What peace and national freedom have meant are forcefully symbolized by the victory issues of Czechoslovakia and Jugo-Slavia, showing these nations breaking the bondage of Austrian domination.

Subjects from mythology are abundantly illustrated on the stamps of Greece which picture Hermes, Iris and other Greek deities. Apollo, Hercules, Jupiter, Triton and Diana are found on the stamps of Crete.

Illustrations of literary subjects, authors and poets are surprisingly numerous on modern stamps, probably the most interesting issue being the beautiful Austrian charity issue of 1926 illustrating six episodes from the Niebelungen legend.

The architectural treasures of the various nations can be studied on such issues as the Belgian charity issue of 1928, each stamp an exquisite engraving of some noteworthy cathedral. Czechoslovakia has celebrated the tenth anniversary of her independence with a surprisingly beautiful issue showing her castles, cathedrals and public buildings. The pyramids, the ancient Sphinx and other wonders of the Nile valley are illustrated on the stamps of Egypt.

Interest in history and (*Turn to page* 90)

WHETHER YOU ARE INSTALLING A NEW HEATING SYSTEM OR TRYING TO GET THE MAXIMUM SERVICE FROM THE ONE YOU HAVE, THIS ARTICLE IS IMPORTANT TO YOU

HEATING THE HOUSE

By ROYAL DANA
American Institute of Architects

IT IS THE PURPOSE of this article to point out in a non-technical way the important facts about various heating systems for homes. It should then be possible for the person who is installing a new system or considering the possibility of so doing to choose the system that is best for health, comfort, convenience and pocketbook. Naturally he will consult an architect. But in so doing he will only be able to discuss his own problems of heating intelligently if he understands the fundamental facts underlying the various heating systems. He should understand, for instance, the kinds of fuel and the method of firing, the means of generating and conveying the heat, and how the heat is to be radiated, the control of the radiation and the condition of the air.

Panel type radiators like the one in this child's room are inconspicuous when placed in window recesses

Heating experts now talk of "air conditioning," stressing its vital importance to health and comfort. Three principal factors affect our comfort: temperature, humidity and air motion. These factors must be so controlled that they are in ideal relation to each other. The ideal relation for most people during the winter months is a temperature of 70 degrees, a relative humidity of 45 per cent and the air circulated to produce a complete change in the rooms every ten to twelve minutes. Relative humidity is the amount of moisture air contains compared to what it would hold if saturated. A temperature of 70 with only 10 per cent moisture in the air will not feel sufficiently warm, as the body gives off more heat through evaporation when the air is so dry. To provide comfort, when the air contains very little moisture, it is therefore necessary to increase the temperature above 70. But this is not economical, as it requires the burning of more fuel. People familiar with the climate of Arizona know that the temperature in summer is very high; but little discomfort, if any, is felt, because the air is so dry. The same high temperature would be unbearable in the East due to the high percentage of moisture. Everyone knows the discomfort of hot, muggy days when the humidity is high and there is no breeze.

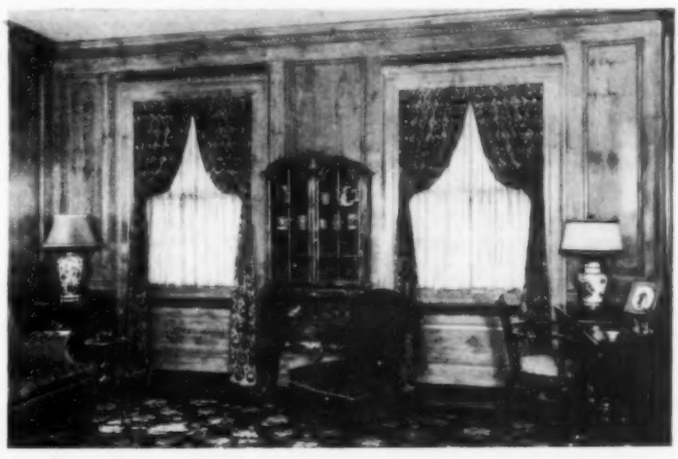
Cold air will not absorb as much moisture as hot air, frost precipitates moisture into snow and ice and prevailing winds from the northwest are dry, all of which make the humidity low in winter. So when we heat this cold winter air it is advisable to introduce sufficient moisture into it to bring the humidity up to normal conditions for health, comfort and economy. The economy will not only appear in the fuel bills, but also in the condition of the furniture, because dry, warm air causes wood to shrink and the joints to separate. The heated air should be circulated to all parts of the house. Circulated air, too, feels more comfortable than stagnant air.

Proper equipment for "air conditioning" must filter the air free of dust, heat it and add sufficient moisture by means of automatic control and propel the air with a fan through ducts to the various rooms.

There are a number of systems for heating the house, namely: steam, vapor, vacuum, hot-water and hot-air.

One of the simplest and most common systems to install and operate efficiently is the one-pipe steam. It has the advantage of low installation cost and fairly quick heat. The radiators are generally exposed under the windows. The forgetfulness and inattentivenes of many of us make it difficult sometimes to keep an even temperature with this system when the old-style air valves are used on the radiators. Steam pressure has to be constant, otherwise the radiators become cold and the air chilled. But this can be avoided by using vacuum air valves. They improve the circulation of the steam and therefore provide heat with low boiler pressure. This is an advantage when a little heat is required during mild weather. Some humidity can be obtained from pans containing water placed on top or behind radiators.

The gravity two-pipe steam system requires a separate supply and return connection for each radiator. This system is now little used, as the improper opening and closing of valves (two to each radiator) causes circulation noises and water hammer.



The combination panel and fin type radiators are doubly efficient as they radiate heat directly from their front panels while space below and grille at the top circulate air heated by the radiator fins

The two-pipe vapor system is popular. It has two pipes connected to each radiator, one for supplying the steam vapor and the other to return the condensed vapor to the boiler. Air valves are not required, but each radiator and the supply main are fitted with thermostatic traps and the end of the return main in the cellar is fitted with an air eliminating and pressure equalizing device. Traps can be (*Turn to page* 60)

A PARTY FROCK WITH MATCHING PANTIES

3142—Just the thing for important occasions like fourth-birthday parties or Christmas dinners is this cunning little frock in the palest of pastels with its dainty hand-scalloped edges. It is slashed in from the shoulders and shirred in front and back to introduce fulness. Designed for 1 to 6 years.

JERSEY PULL-OVER AND SKIRT FOR PLAY

3332—Jersey in two tones of blue, green or beige is sure to please the chubby wearer of this pull-on blouse, worn over a brief skirt attached to a bodice lining, with matching beret. The darker shade is used for the cuffs and neckband, and for headband and bow on the beret. Designed for 2 to 6 years.

NEW FROCKS FOR HOLIDAYS

By ELAINE DE FOREST, Fashion Editor

COAT AND BERET FOR THE SCHOOL-GIRL

3017—The young student in one of the primary grades will feel very grown up and self-reliant in this snug little coat with its raglan sleeves and matching beret. Chinchilla cloth, nubbed tweeds, plain rough woolens and camel's-hair are good choices of material for this practical outdoor costume. Designed for 1 to 6 years.

THE SIMULATED TUNIC IS SMART

3325—This trim little frock of jersey suggests the popular Russian tunic silhouette by a pleated flounce and knotted girdle at the natural waistline. Crisp piqué makes the contrasting collar which comes off in a jiffy for laundering. This is an excellent choice for the schoolgirl who wants to dress neatly without giving too much time to her clothes. Designed for 8 to 16 years.

SLEEVE TRIMMINGS ARE NEW THIS YEAR

3329—The twelve-year-old who wants "something different" will be delighted with the novel button trimming and decorative cuffs on the upper sleeve of this attractive model of wool crêpe or one of the new lightweight tweeds. Even its piqué collar has a style all its own. Designed for 8 to 16 years.

OLDER GIRLS LIKE THE NEW JUMPER

3331—Girls' and Juniors' Polo Shirt. E3326—Women's, Misses' and Juniors' Jumper. The slender adolescent, tall like the young thing pictured at the extreme right, will be happy in this costume of black velveteen and white flat crêpe. Polo Shirt designed for 6 to 16 years. Jumper designed for 12 to 44.

3017 Coat and Beret | 3325 Frock | 3329 Frock | 3331—Polo Shirt 3326—Jumper

SNUG SLEEPING BAG FOR THE BABY

2496—Here's a covering that the most active infant can't possibly kick off. It is buttoned snugly down the front and across the bottom and is comfortable and roomy inside; of wool in white or a pastel shade bound with wide matching ribbon; lined front and back for extra warmth.

PARENTS MAGAZINE PATTERNS, made by the Excella Corporation, are obtainable from the Parents' Magazine, 255 Fourth Avenue, New York, N. Y., at prices which are listed on page 85. State size of pattern desired. Stamps or coins are acceptable in payment.

Hansel and Gretel in heavy glazed ivory china tinted with red make sturdy and delightful book-ends for the nursery table

FURNISHING THE WHOLE-FAMILY HOUSE

Here is a novel plan for letting each member of the family make a present to the home at Christmas time

Mother elephant putting her child to bed is one of a popular series of water-color prints recently designed for the child's room

By PAULINE DUFF
Interior Decorator and Home Consultant

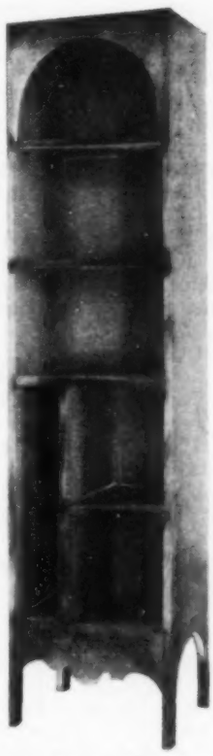
A desk lamp which will please any boy is this replica of a swinging marine lantern made of pewter with a nautical paper shade

WHY NOT put the house on the family Christmas list as well as mother, father, baby and the cook? Each member of the family might include a gift for the house among his purchases and the children, particularly, will feel a happy sense of participation in homemaking.

To avoid duplication of gifts and yet preserve the element of surprise, each member of the family might select a room or a part of a room for which his gift will be intended. More important gifts, that is, expensive ones, may be made to the house jointly by father and mother, or the children as a group, just as expensive individual presents are often made.

Father's gift may be for the living room, and a wrought-iron floor lamp with a parchment paper shade, which has two pottery ash-receivers attached half way up the standard, will be just the thing to stand beside his reading chair. Or the parts for one of those new lamps which one assembles himself will give him many hours of pleasure in seeing how many different lamps he can make from one set of parts. A base, sections of column of different lengths, a bridge arm and interchangeable top parts make it possible to change a floor lamp into a table lamp or bridge lamp, and there are no bothersome wires to complicate the change. These parts come in bronze finishes and any man will have as much fun with them as he possibly could with junior's electric train. These convertible lamps are not mere novelties but are as efficient as need be and are a great convenience where distribution of light must be adjusted to varying needs.

Mother may also choose something for the living room, perhaps a three-tiered magazine stand or end-table which has two receptacles for potted plants at one end of the top tier, or a coffee table which, when the detachable tray is removed, forms a substantial trunk bench for the guest room. An adjustable lap table for reading, writing or drawing, which may be steadied upon the knees or attached to the arms of a chair, is another novelty which is an ideal gift for the living room because it is useful to all members of the family. And a convertible table-tray, the legs of which fold up, or are released by thumb latches beside the tray handles, will delight children and mother alike with its versatility. A durable metal waste-basket, with etched design in color, a small electric clock, a good etching of some historic building, or a one-piece telephone stand and memo pad in leather, are all gifts for the living room which will give continued pleasure to all members of the family.



A well-finished cabinet for books and children's toys is a practical gift for the living room

The baby is fascinated by a fire ablaze in the fireplace, so let his gift be an accessory for this part of the room. A miniature bean-pot of driftwood essence to sprinkle on the fire to change its coloring, or a colored hearth-broom with a spiral beaded handle will be an appropriately bright-colored gift for the baby's choice.

Brother, who dislikes to spend very much time in the bathroom, may be more interested in this room if he contributes some of the delightful new dolphin fixtures to its equipment. The brackets for towel racks, tooth-brush holders, soap-dishes, etc., are dolphins cut from a flat sheet of brightly polished metal, and add an appropriate marine note to the decoration of the bathroom. A pillow of sponge rubber with two suction cups to hold it to the tub, and a brush which has a sponge back, are accessories which may induce him to spend an adequate amount of time in his tub.

Sister may think that the efficient kitchen memorandum pad which has a renewable roll of paper, a handy pencil, and comes in (*Turn to page* 70)

PARENTAL PROBLEMS

And Ways to Meet Them

BELOW, printed in *italics*, are problems which every parent is apt to meet in bringing up children. The solutions described by readers are not presented as magic formulas that will always succeed. But we do feel that they contain suggestions of value which may be used or adapted to fit the individual case.

—THE EDITORS.

BILLY, *a boy of ten, just didn't seem able to resist taking things which belonged to others.* Complaints were so numerous that I, his teacher, grew almost desperate. Finally, after a serious escapade, the judge gave Billy one more chance. Then I devised a plan, which has resulted very happily. I appointed Billy my shopper. Knowing that he was an excellent student in arithmetic, I gave him my purse, containing bills and small change, and asked him to go to the store for me. He asked, "Do you really mean for me to carry your purse?" And I answered that I did, because I knew a good arithmetic student could do my shopping as well as I. Upon his return, Billy offered to count the change to me. I told him that I knew it was correct and it was. Each day I found an errand for Billy to do. At the end of the month I sent him to the bank to deposit a check. Very often I commented upon his trustworthiness to the class. Other teachers permitted him to do their errands. This happened three years ago. Today Billy is one of our most trusted students.—*M. M., Tipton, Ia.*

MY *husband felt that he was not as close to our children as he should be.* A child is seldom alone in the company of his father. Either brother, sister or mother are interrupting the conversation, and one cannot get confidential or even be one's self when there is an audience present. Our plan is that the children shall take turns going with Daddy all alone on a short trip in the car during the early evening, or downtown on an errand. They generally stop in for a treat before returning home. Each child comes home refreshed from such an excursion and knowing Dad a little bit better.—*Mrs. R. D. H., Lowell, Mich.*

THREE-YEAR-OLD *Robert has a very vivid imagination and I was afraid he would not distinguish properly between truth and make-believe in his stories.* So now we have an understanding at the beginning of his tale as to whether it is "really and truly" or "just make-believe." When he finds that I listen as eagerly when he relates "just make-believe" experiences and stories as when he tells "really and truly" ones, he is perfectly willing to admit whether he is telling exact truth or that which is the product of his imagination. (*Will contributor please send name and address?*)

BOTH *my own little boy and his playmate were bashful, and they would not greet my friends in a pleasing manner.* Instead of scolding them, I told them to pretend that my friends, Mrs. Jones and Mrs. Smith, were coming to call and that each boy could meet a guest. Then I rang the doorbell, and when one of the youngsters came to the door I impersonated Mrs. Jones and I explained how he should receive her properly. Next I represented Mrs. Smith and the other boy had his little lesson in politeness. After repeating this game on several occasions, the boys were more gracious to my visitors. Self-conscious children always behave better when they know exactly what to do, and often mere observation does not teach them how something very simple should be done.—*Mrs. R. P. R., Parsons, Kans.*

IF YOU HAVE A PROBLEM

IT is impossible for us to dictate individual letters replying to the thousands of questions we receive concerning problems that parents meet in bringing up their children. And we do not believe in answering such questions with form replies. We are convinced, however, that very practical help on almost every parental problem may be found in articles appearing in this magazine. If readers will send 25c (coin or stamps accepted) with their questions, stated as briefly as possible, we shall select from our cumulative index of back issues the article containing the best information on the question asked, and shall send a marked copy of the issue in which it appeared. If the issue has been exhausted or if we have had no article on the subject, the money will be refunded.

IN AN *effort to teach my infant son to be fearless and not mind minor bumps and injuries I observed carefully when his first bump came.* He was playing on one of the twin beds and accidentally bumped his head against the wall. Instead of picking him up and covering him with kisses I immediately said "Bump! Bump!" and laughed. He immediately responded and smiled through coming tears, and proceeded to imitate the bumping, this time repeating in his simple language "Bump! Bump!" followed by a hearty laugh by us both. Now that he is older he has a brave spirit about small hurts and one day announced that it was not nice to cry over little hurts, but perfectly legitimate to cry a little over big hurts. Sometimes it is a bit difficult for him to discriminate between minor and major hurts, but he is perfectly willing to be guided by his parents when he is in doubt.—*Mrs. T. T., Ithaca, N. Y.*

OUR *older son's chum had a gift for making things, but he preferred to do all of the work himself and not let anyone help him.* Since he was at our house most of the time and we furnished nearly all of the materials, his selfishness became a real problem, as, naturally being interested in the development of our child's constructive ability, we did not wish him to be a mere spectator. We decided to have the boys draw a plan of the engine, airplane or other object they were preparing to make. This made them discuss the building of the toy, so that each had a clear idea of the undertaking before it was started. This partly solved the problem, since with a plan before them it was easy for our son to see what his part in the building might be. When other children came to play, we suggested that the chum be the boss and give directions to his gang. This important position made him rise to the occasion and it was interesting to see him delegating work to a group of willing boys.—*Mrs. R. P. R., Parsons, Kans.*

WITH *our house full of toys for the children's play there was no room left for the adults and the place was in constant disorder.* So we decided to work out a system. The larger and more noisy toys, along with the tricycles, roller skates and so on, were put into the basement where the children can ride around on the cement flooring. Then there is a large box filled with sand

(*Turn to page* 97)

$1.00 FOR YOUR HANDLING OF A PROBLEM

READERS are invited to tell us of problems in child training which they have encountered and which they feel they have met successfully. Write briefly, stating the problem and your treatment of it. One dollar will be paid on publication for each contribution accepted. Manuscripts submitted to this department will not be returned. Address, Parental Problems, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

The Giant and the Pygmy

© 1930 M. L. I. CO.

EITHER from your own personal experience or from observation you know how miserable one can feel when suffering from a cold.

Of course you know some of the causes—chilling drafts, wet feet, over-fatigue, balky digestion, or an invading germ. You know it is harder to fight a cold when you are run-down. Keep yourself fit.

For the sake of your own personal comfort you want to get rid of a cold in the shortest possible time. For your own personal safety and that of your friends you *ought* to get rid of a cold in the shortest possible time.

There are many different kinds of colds—hard to distinguish one from the other. All of them are threats and one leads to another.

The original cold, if not promptly cured, breaks down resistance and is sometimes followed by a second cold more stubborn and oftentimes more treacherous than the first. The mucous membrane of the nose and throat is so weakened by Cold No. 1 that the way is opened for dangerous germs to enter.

Cold No. 1 is the Pygmy that crawls through the keyhole and unlocks the door for Cold No. 2, the Giant. In fact, to carry the picture further, the Pygmy Cold, which may be nothing worse than snuffles, a slight cough, a bit of an ache or a pain, may be followed by any one of several Giant Colds—influenza, pneumonia or tuberculosis.

Take no chances the next time that symptoms of catching a cold are shown by you or someone in your family. Consult your doctor and dispose of the Pygmy quickly, before he can open the door for the Giant. At such a time a skilful doctor is your best ally and you will be wise in following faithfully his orders.

Metropolitan Life Insurance Company will be glad to mail free, its booklet, "Just a Cold? Or"—to anyone who requests it. Address Booklet Department 1230-Y.

METROPOLITAN LIFE INSURANCE COMPANY

FREDERICK H. ECKER, PRESIDENT ~ ~ ONE MADISON AVE., NEW YORK, N. Y.

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

FEEDING THE FAMILY

Dried Fruits Supply Needed Minerals

By NELL B. NICHOLS

Nutritionist and Food Research Specialist

DRIED FRUITS are coming back! They never have disappeared from family meals during the centuries, but menu makers are including them more frequently in the bill of fare these winter days. A new appreciation of their food value, economy and the ease with which they may be prepared explains the revival of their popularity.

What a variety they offer to the diet! Apples, apricots, dates, figs, peaches, pears, prunes and raisins, all are delicious stewed or used in sandwiches, milk puddings, cereals, gelatin dishes and in numerous desserts, such as those containing eggs, like soufflés and whips. Then there are the dried fruit confections or candies that are so appealing at Christmas time.

Dried fruits rank high in the energy giving group of foods because of their high content of fruit sugars, which are so quickly and easily digested.

No intelligent parent will dispute the need of adequate energy giving foods in the diet of young children, for mothers and fathers ever wonder at the great activity and rapid growth of their sons and daughters. But dried fruits do more than furnish fuel to the body. They have a goodly supply of iron and other mineral substances, which are helpful in building bones, blood, teeth and tissues. Discovery was made at the University of Wisconsin that while iron is essential in building the hemoglobin of the blood, it is not effective unless accompanied by small amounts of copper. In studies made of the copper content of foods, dried fruits came near the top of the list.

Then there are the vitamins. Dried fruits contain both vitamins A and B. Dr. Agnes Fay Morgan at the University of California found in her research that the deeper the color of the peaches, the more vitamin A they contain. Dried apricots are a rich source of this vitamin, which adds proof to the belief that yellow is vitamin A's favorite color. This vitamin is of especial importance in the winter, for it protects against colds and infections of the sinus, mastoid and other parts of the respiratory system. Vitamin C also occurs to some extent in dried fruits. According to Dr. Morgan, the use of sulphur dioxide in drying peaches, prunes, apricots and figs serves as a protection to this vitamin C. So there is no cause for regret that sun drying has been given up.

The methods of cooking dried fruits have been simplified. Our grandmothers believed in a long soaking, possibly overnight, and slow cooking. According to investigations made at the Southern Branch of the University of California, a short pre-soaking and a rapid cooking produce excellent results. Other reputable authorities advocate complete elimination of the soaking and feel that the very best flavor of the dried fruit is brought out by a simple quick cooking until tender.

In an effort to aid homemakers in planning adequate meals for their families, nutritionists at the University of Minnesota have prepared a minimum fruit and vegetable budget. The dried fruit allowance is for four servings a week of two ounces each for each member of the family from October first to May thirty-first.

RECOMMENDED RECIPES

Fig Pudding

2 cups chopped figs
2/3 cup granulated tapioca
3 cups cold water
1½ cups brown sugar
2/3 cup nut meats
1 teaspoon vanilla
½ teaspoon salt

Put figs, tapioca, sugar, salt and cold water into double boiler and cook for one hour. Then add vanilla and nuts. Serve with cream. —*Mrs. E. M. W., Milwaukee, Wisc.*

Apricot Lollipops

1 cup brown sugar
Dried apricots
½ cup water Small sticks

Boil sugar and water together until syrup is brittle when tried in cold water. Have the apricots all ready and push the apricots firmly on the sticks. Dip in the syrup and lay on waxed paper or stand upright if possible. Children are fond of these, the tart of the fruit contrasting delightfully with the sweetness of the syrup. This same syrup may be used for candy apples.—*Mrs. J. W. T., Los Angeles, California.*

Prune Salad

Allow five large prunes for each person. Soak until quite soft and carefully remove pits. Drain. Stuff with a mixture of cottage cheese and minced nut meats. Chill thoroughly and serve on lettuce with mayonnaise. Another delicious salad is made by stuffing the prunes with a mixture of kumquats and marshmallows cut in small pieces. —*Mrs. B. G., Cameron, Mo.*

Banana Date Cake

1½ c. sugar ½ c. butter
2½ c. flour 1 tsp. soda
4 tbls. milk 2 eggs
2½ tsp. baking powder
1 cup mashed bananas
1 cup chopped dates

(*Turn to page* 40)

WHOLE-FAMILY MENUS

Nutritious for Children, Delicious for Grown-Ups

By RUTH WASHBURN JORDAN

Dietitian with Testing Kitchen

Christmas Dinner I

Tomato Juice Cocktail
Roast Turkey or Roast Fowl
Mashed Potato or
Boiled Wild Rice
Hubbard Squash and
Creamed Cauliflower
or
Creamed Onions and
Spinach
Cranberry Sauce Celery
Plum Pudding Hard Sauce
(Grown-ups)
Peppermint Ice Cream
with Chocolate Sauce
(Children)
Fruits Nuts Coffee
(Grown-ups)

Christmas Supper II

Grapefruit Cocktail
Sliced Cold Turkey
Creamed Macaroni
Celery Cranberry Salad
Christmas Cookies
Cocoa (For Children)
Coffee (Grown-ups)

III

Minute Steaks
Baked Potatoes Peas
Lettuce Salad
Banana Date Cake

IV

Braised Shoulder of Lamb
Mashed Turnips
Buttered Noodles
Cabbage and Apple Salad
Cream Tapioca Pudding

V

Poached Eggs on Spinach
Creamed Potatoes
Chopped Beets
Orange Short Cake
(Sponge Layers)

VI

Tomato Soup
Broiled Liver and Bacon
Creamed Asparagus Tips
Riced Potatoes
Fruit Gingerbread

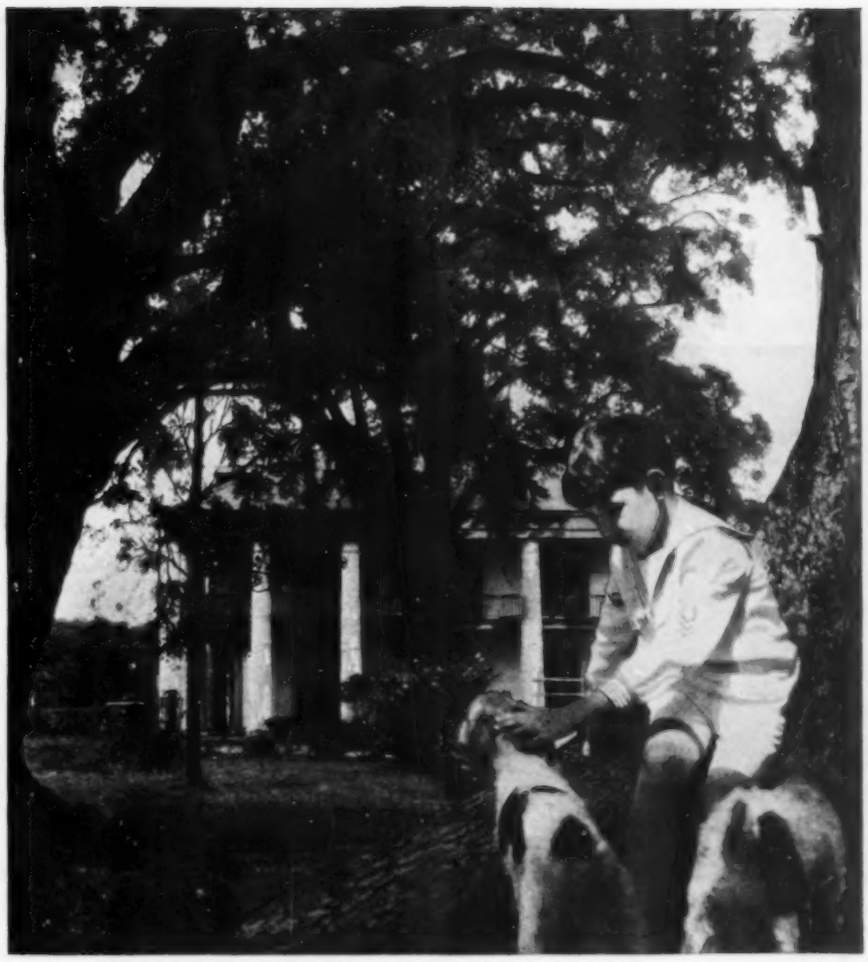
VII

Creamed Cod en Casserole
Baked Potatoes
Scalloped Lima Beans and
Tomatoes
Cabbage Salad
Lemon Gelatin with
Custard Sauce

(*Turn to page* 40)

A drowsy old Louisiana plantation and a very alert small boy

ALFRED OLIVIER HERO, Jr.



● The mellow old plantation bell rings out, and a little boy comes running. Alfred Olivier Hero, Junior—in whose veins runs the proud French blood of Jean Baptiste Olivier of old New Orleans.

Week days Alfred spends in New Orleans, a decorous six-year-old going to school. But week-ends! Then he roams over Stella Plantation.

So much to see! From his front gate, ocean liners, sweeping down the Channel where once the polished and piratical brothers Lafitte plied their trade. At the back, the old slave quarters of bygone days, standing under great live oaks.

Young Alfred's black lashed violet eyes miss nothing. His tanned legs are sturdy. He has the endurance befitting a small descendant of many famous soldiers.

His charming young mother gives her personal supervision to everything concerning the little boy. She watches particularly the matter of a hot cooked cereal in his diet. Alfred eats Cream of Wheat as part of his regular routine.

"Alfred has had Cream of Wheat since he was six months old," says Mrs. Hero, "All the finest child specialists recommend it, don't they?"

They do! In a recent investigation—made in New York, Chicago, San Francisco and Toronto—two hundred and twenty-one leading specialists were asked their opinion about a cereal for children. One and all, they approve Cream of Wheat.

They rely upon its marvelous ease of assimilation. In Cream of Wheat no harsh part of the grain is retained. They value its rich supply of energy. They know that it is an economical food, *with forty generous servings to a package.*

For these reasons mothers choose Cream of Wheat for their children. If Cream of Wheat is not on the morning program in *your* household, start now.

The Cream of Wheat Corporation, Minneapolis, Minnesota. In Canada, The Cream of Wheat Corporation, Winnipeg.

TUNE IN on the Cream of Wheat Radio Program every weekday morning at 7:45. Stations WJZ, WBZ-A, KDKA, WHAM, WLW, WJR, WLS, KSTP, WREN, KFAB, KWK.

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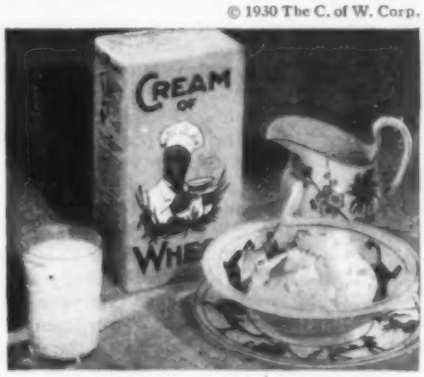


FREE—this wonderful game

All children love the H. C. B. Club, with a secret meaning, a badge to wear, and different degrees of membership. It makes them eager to eat their morning cereal. All the wonder-working material is free—badges, gold stars, and big new colored posters with stirring scenes of Roland and Oliver, Joan of Arc, Richard the Lion Hearted. Mail this coupon to Dept PM-9, The Cream of Wheat Corporation, Minneapolis, Minnesota.

Child's name .....

Address .....

To get sample of Cream of Wheat check here ☐

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

FAMILY FUN

And Things for Children to Do and Make

EDITED BY THE NATIONAL RECREATION ASSOCIATION

Creative Studios

Christmas day is jolliest when everyone has helped to prepare for it

NOBODY HAS MUCH SPARE TIME in December, because of the business of getting ready for Christmas. But that doesn't mean a curtailment of family recreation. On the contrary, some of the best fun of all the year comes when the spirit of surprise is in the air and even the four-year-olds are contriving something to appear under the tree on Christmas morning.

The most satisfying sort of recreation, for both children and grown-ups, comes through creating something with their own hands and minds. The Christmas season brings this particular sort of joy, plus the added pride in presenting the object of one's own handiwork. Children should be encouraged to plan and to make their gifts, rather than to buy them. Fashioning decorations for the tree and Christmas cards are also December activities in which the whole family can share. Why not imitate Santa Claus this year by setting up a home workshop, where workmen as "busy as bees" rival the jolly helpers of the good saint?

CHRISTMAS CARDS—A family Christmas card that friends will want to keep is made by pasting a snapshot of the family on a card which bears a personal message. A picture finished in sepia, on a cream-colored or soft green card, with lettering in brown ink, is effective. Or try outlining a black and white snapshop, pasted on a gray card, with red ink, and lettering the message in red. Another idea is to paste on the card the head of each member of the family, cut from a characteristic snapshot. Letter the card "Merry Christmas from the Smiths," for instance, with the signature of each member of the family, from Dad's "John Hancock" down to the baby's mark—opposite his own picture.

Block printed cards are easily made by children. The outline of the design is drawn or traced on heavy linoleum. A ship, a star, a Christmas tree or cluster of holly are suitable designs. This motif is cut out with scissors or a sharp knife. The linoleum block is placed over the card and the design inked or painted in. Black printing on bright red or green paper is attractive, as is also color printing on a card of neutral shade. Heavy paper with torn edges may be used instead of cards.—*National Recreation Association.*

DECORATING THE TREE—A "safe and sane" Christmas tree candle can be made from a clothespin. Take a five-inch square of stiff paper and wind it on a round stick, about the diameter of the clothespin, pasting the free edge of the paper. Remove the stick. Place a little glue inside one end of the tube and slip it over the clothespin. Cover the candle form with whiting and glue paste. Roll it in glass flitter or in mica snow and, when it is dry, add the flame made of red foil. Paint the clothespin prongs dark green. The prongs will slip over the branches of the tree and hold the candle upright.

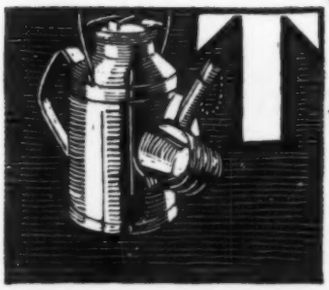
The flat tree ornaments illustrated are effective and modern. They are practical for outdoor trees as they stand weather conditions well. The foundation is light-weight cardboard or chipboard. This is painted with shellac, then covered with colorfoil, aluminum foil or glass flitter. Various kinds of glue suited to the covering are used in sticking the covering material to the foundation. Rubber cement must be used with colorfoil and gelatin glue with aluminum foil. Flake glue and whiting are mixed for use with the glass flitter. *Dept. of Recreation, Los Angeles, Calif.*

Unbroken halves of English walnut shells may be gilded (*Turn to page* 65)

ONE DOLLAR WILL BE PAID

On publication for short contributions telling how you and your family have fun together. No manuscripts will be returned. Address Family Fun Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York City.

The March of Progress



Twenty years ago today

The theory was generally accepted that raw, unheated cow's milk was the best food for babies. Nothing was known of vitamins.

Ten years ago today

Experiments with vitamins had gone so far as to show pretty definitely that only vitamin C was injured by heat. It was known, too, that this vitamin could be readily supplied from orange juice or tomato juice. It was thought wise to boil any milk in the home before giving it to baby.

Today

1. We now know that something more than boiling makes milk better for babies. The 240-degree temperature applied to Evaporated Milk for fifteen minutes makes this milk more readily digestible than raw, pasteurized or boiled milk.

2. We know that the homogenization of Evaporated Milk makes the fat globules as small as those in human milk.

3. We know that the calcium and phosphorus retention from Evaporated Milk is equally as good as from either raw or pasteurized milk.

4. Extensive feeding experiments have proved the ready digestibility and the wholesome nutritive value of Evaporated Milk for babies.

5. The sure freedom from any harmful germ or bacterial life—the certain, uniform food content—these are additional points of virtue in Evaporated Milk for babies.

Summing up the whole matter, ten years of research and experiment fostered by the Evaporated Milk Association has brought this form of milk to be of known value for babies and children. Many now recognize it as the milk of today for babies who need artificial food.

Let us send you free of charge either or both of two books. "Eating for Efficiency" contains many balanced menus for children and for adults. The caloric content of table portions of food is given. It also contains many recipes specially designed to put more milk in the diet—to give better texture and taste to your food. "A Safer World for Babies" will tell you of the great experiments by which the virtue of Evaporated Milk for babies was established—also feeding schedules and formulas for preparing feedings. Check the coupon for books you desire.

EVAPORATED MILK ASSOCIATION, 203 North Wabash Avenue, Chicago, Illinois
Please send me the following FREE booklets: ☐ "Eating for Efficiency" ☐ "A Safer World for Babies"

Name_____ Address_____

City_____ State_____

FM-1230

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

GOOD MOVIES AND BAD

A Movie Guide for Your Children and You

WHAT THE ABBREVIATIONS MEAN

E—The judgment of the National Film Estimate Service, an organization unaffiliated with the motion picture industry, having a corps of well-qualified volunteer reviewers throughout the country.
U—The judgment of the Motion Picture Committee of the Women's University Club, Los Angeles.
For A—For intelligent adults.
For Y—For youths, 15 to 20 years of age.
For C—For children, from 10 to 15 years.

Walter Huston in "Abraham Lincoln." Take all the children to see this

● ABRAHAM LINCOLN, with Walter Huston (*U. A.*)—An excellent picture presenting the life and character of Lincoln through a series of colorful and often highly dramatic episodes. Mr. Huston gives a very sincere and earnest portrait, combining his charm with certain restraint, which makes him for the most part convincing. Its historical interest, splendid photography, and high dramatic quality are very inspiring, and it is readily recommended for all. (UE) *For A:* Excellent. *For Y:* Yes. *For C:* Yes.

● AFRICA SPEAKS (*Columbia*)—Graphic filming of Colorado-African Expedition through almost impenetrable regions of Central Africa. Pygmies and other strange tribes, including one with unique duck-billed women, are encountered. Big game caught by the camera. A real lion hunt by native warriors is photographed with wild thrills and excitement. (E) *For A:* Fine of its kind. *For Y:* Very good. *For C:* Very good.

● THE BAD MAN, with Walter Huston (*First National*)—This version of the well known stage play is very entertaining and is distinguished by Mr. Huston's interesting interpretation of the character of the "bad man," whose code of ethics is very real if not the conventionally accepted one. The settings are beautiful, the cast excellent, and the story amusing and dramatic. (U) *For A:* Interesting. *For Y:* Depends on individual. *For C:* Not suitable.

● BRIGHT LIGHTS, with Dorothy Mackaill (*First National*)—Musical comedy melodrama of back-stage life and chorus girls—in full color—starting in South African dance hall and ending in New York high life. Some good work by Dorothy Mackaill and Frank Fay, some funny comedy, hardly suffice to make the picture worth while. (E) *For A:* Perhaps. *For Y:* Better not. *For C:* No.

● FOR THE LOVE O' LIL, with Jack Mulhall (*Columbia*)—Spirited comedy of the matrimonial complications arising between a young but old-fashioned husband and his ultra modern wife. Some drinking scenes and a gay party. (E) *For A:* Amusing. *For Y:* Doubtful. *For C:* No.

● EXTRAVAGANCE, with June Collyer (*Tiffany*)—Well-acted and richly dressed "Adults Only" stuff. Wife's extravagance brings herself and good husband near bankruptcy and, after she innocently accepts favors from a smooth roué, to verge of divorce. Another couple, also victims of the roué, come to murder and suicide—which restores wife to husband and happiness!! (E) *For A:* Mediocre. *For Y:* No. *For C:* No.

● THE GIRL OF THE GOLDEN WEST, with Ann Harding (*Warner*)—Excellent screening of the old stage meldorama of the Western frontier, with skilful acting, excellent sets and photography, and many moments worth watching. Unfortunately, Ann Harding has a role quite unsuited to her finest talents and James Rennie is disappointingly inadequate as the road agent hero. (E) *For A:* Fairly good. *For Y:* Doubtful. *For C:* No.

● HALF SHOT AT SUNRISE, with Wheeler and Woolsey (*RKO*) — Burlesque war story, laid in Paris and at the front—built solely on the antics, wisecracks, and occasional vulgarities of these slapstick comedians. So utterly nonsensical that even doubtful scenes are probably harmless. Funny for those who like the idiotic and naive type of humor. (E) *For A:* Funny and silly. *For Y:* Probably funny. *For C:* Probably funny.

● HEADS UP, with Buddy Rogers and Helen Kane (*Paramount*)—A musical comedy in the over-done boop-a-doop style, introducing this time cadet life in the U. S. Coast Guard, a rum-runner, a desert island, and romance. The picture is mediocre in every respect, but may prove light entertainment for those who enjoy Miss Kane's exaggerated baby-doll type of singing, ogling, and dancing, accompanied by suggestive meanings, and the use of vulgarity to "get" her laughs. (UE) *For A:* Cheap. *For Y:* Doubtful. *For C:* No.

● HER WEDDING NIGHT, with Clara Bow (*Paramount*)—An amusing farce in which a movie star attempting to escape the attentions of men is unwittingly married to a man equally eager to avoid the ladies. The situation is plausible and the complications, while somewhat in the nature of the old style bedroom slapstick comedy, are rollicking rather than objectionable. (U) *For A:* Fairly amusing. *For Y:* Passable. *For C:* Not the most suitable.

● LADIES MUST PLAY, with Dorothy Sebastian and Neil Hamilton (*Columbia*)—In spirit of bravado a poor but beautiful stenographer is introduced into Newport society by her employer, so that she may perhaps consummate her greatest desire which is to "marry money." The plot is too obvious as handled, entirely overlooking the possibilities for subtle humor or satire inherent in the situations. The result is dull and unconvincing. (U) *For A:* Mediocre. *For Y:* No interest. *For C:* No interest and unsuitable theme.

● A LADY SURRENDERS, with Genevieve Tobin and Conrad Nagel (*Universal*)— Beautiful clothes and sets, good acting and excellent spoken English, are all that can be said for this rather boring story—of husbands and wives shifting their affections with no very good reasons shown. Cheap playing-up of sex interest, both in story and title. (E) *For A:* Waste of time. *For Y:* No. *For C:* No.

● THE LAST OF THE LONE WOLF, with Bert Lytell (*Columbia*)—A light entertaining bit of comedy in which an arrested criminal in a fictitious country escapes his sentence because he can assist the queen in covering up her indiscretions. The sophistication of the motive for the play is somewhat lost in the intrigue and action. (U) *For A:* Perhaps. *For Y:* Possibly. *For C:* Hardly suitable.

● LILIOM, with Charles Farrell and Rose Hobart (*Fox*)—Liliom is a fantasy, serious and tragic in outcome. Liliom, the man, is always believing that he will be finer and better and yet is always actually the ne'er-do-well and brute. He commits suicide and after ten years' penance he is given another chance on earth, only to fail miserably. Mr. Borzage, the director, attempted a very difficult subject in this play and if it is not always convincing or entirely satisfying, it may be that the realism of the movies is too harsh a medium for so ethereal an idea. (UE) *For A:* Unusual and interesting. *For Y:* Too mature. *For C:* Unintelligible for them.

● THE LOVE TRADER, with Leatrice Joy (*Metropolitan*)—A tropical night and a handsome half-caste induce a woman to forget the conventions. Realizing that she cannot adapt herself to either the old or new mode of life, she commits suicide. The picture is poorly planned, the direction and acting quite mediocre. (U) *For A:* Hardly. *For Y:* Wrong moral. *For C:* No.

● MADAM SATAN, with Kay Johnson and Reginald Denny (*M-G-M*) — Sublimated bedroom-farce-melodrama, in DeMille's worst style—booze, jazz and frequent slapstick—dramatic value sacrificed for sex appeal

(*Turn to page* 72)

● BEST RECENT FILMS FOR YOUNG FOLKS ●

Abraham Lincoln
Across the World with Mr. and Mrs. Johnson
Anybody's War
Arizona Kid, The
Around the Corner
At the Bottom of the World
Big Boy
Burning Up
Call of the Flesh
Cohens and Kellys in Scotland
Devil May Care
Dude Wrangler, The
Give and Take
Grumpy
High Society Blues
His First Command
Honey
Hot Curves
Last of the Duanes
Let's Go Native
Let's Go Places
Night Work
Not So Dumb
Once a Gentleman
One Romantic Night
Only the Brave
Parade of the West
Queen High
Richest Man in the World
Raffles
Runaway Bride, The
Sally
Sap from Syracuse, The
Silent Enemy, The
Social Lion, The
Song o' My Heart
So This Is London
Vagabond King, The
What a Man
With Byrd at the South Pole

The Best Gift is Health

HAVE EVEREADY SUNSHINE *on Your Christmas Tree*

GIVE THEM AN EVEREADY BECAUSE:

Health building value has been proved by experience and test.

Selected radiation—close reproduction of natural sunlight, accelerated tanning effect or—when physician prescribes—powerful therapeutic radiation. The carbon arc lamp alone possesses this flexibility.

Intensity of important rays at normal distance of exposure equals that of natural sunlight.

Full intensity instantly available. Original intensity always available.

Attractive appearance. Simple operation. Automatic cut-off prevents over-exposure.

Add Summer Health to Christmas Cheer.

The health sustaining value of Eveready Carbon Arc Sunshine has been definitely established by careful tests conducted in disinterested institutions under competent medical supervision.

An Eveready Sunshine Lamp is a gift of Health to the entire family.

Eveready Sunshine Lamps and Carbons are sold by Electric Power Companies, Electrical Specialty Dealers, Department Stores, and Medical Supply Houses.

Ask your dealer for a demonstration.

An instructive booklet, "Making the Summer Sun Stand Still," will be mailed to you upon request.

·EVEREADY·

NATIONAL CARBON COMPANY, INC.

Carbon Sales Division

Cleveland, Ohio · San Francisco, Calif.

Unit of Union Carbide UCC and Carbon Corporation

FOR TREATMENT OR CURE, CONSULT YOUR PHYSICIAN. DO NOT ATTEMPT SELF-DIAGNOSIS

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

By special appointment to his MAJESTY

"GLUB," baby gurgles . . . a meaningless sound to everyone but Mother. She knows it means "Hands off, this is my Dixie." And woe betide anyone who tries to break that royal decree for His Majesty the Baby likes Dixies. Perhaps it's because their glass shape makes them so easy for his chubby little hands to hold; perhaps the rolled brims are comfortable to his tender lips; then, too, it may be that the dainty beauty of the blue design catches his eye's fancy. Whatever the reason may be, he has made a wise choice . . . for Dixies, by doing away with the dangers of the common drinking glass, go a long way toward preventing colds and other "catching" infections from spreading.

Dixies are packed in convenient cartons . . . 10c or 25c sizes . . . and may be secured in stationery, drug, grocery, department and 10c stores. They are especially handy for children's parties, and are an attractive way of serving drinks at any time.

INDIVIDUAL DRINKING CUP CO., INC.
Original Makers of the Paper Cup
EASTON, PA.

Tune in on the
DIXIES CIRCUS
Every Saturday Evening at 8 P.M., E.S.T.
over WJZ and associate stations

Whole-Family Dinner Menus

(*Continued from page 34*)

VIII

Stuffed Rolled Flank
Spaghetti with Tomato Sauce
Creamed Carrots
Vanilla Ice Cream with Dates and Raisins Sprinkled on Top

IX

Split Pea Soup
Broiled Ham (Grown-ups)
Omelet (Children)
Scalloped Potatoes Stuffed Onions
Baked Apples Stuffed with Raisins

X

Vegetable Soup
Rare Roast Beef
Brown Potatoes
Brussels Sprouts (Grown-ups)
Creamed Celery (Children)
Cranberry Sherbet Cookies

XI

Baked Lima Beans
Scalloped Tomatoes String Beans
Fig Pudding with Cream

XII

Tomato Bisque
Baked Halibut Steaks
Butter Parsley Potatoes Spinach
Green Salad
Lemon Bread Pudding with Raisins

XIII

Broiled Lamb Chops
Boiled Wild Rice
Baked Hubbard Squash Tomato Salad
Prune Soufflé

XIV

Baked Hamburg
Baked Potatoes Creamed Cabbage
Prune Salad with Whole Wheat Crackers

Recommended Recipes

(*Continued from page 34*)

Cream butter and sugar. Add eggs. Sift flour, baking powder and soda and mix with the milk; add to first mixture, then add bananas and dates. Mix in lightly but well. Bake in a moderate oven.—*Mrs. I. B. M., Dayton, O.*

Apricot Conserve

1 lb. dried apricots
½ as much sugar as fruit
½ teaspoon salt
3 cups shredded pineapple and juice
1½ quarts of water

Wash the apricots thoroughly and soak in the measured water for about 8 hours. Cook tender in the same water. Press pulp and water through a colander or coarse sieve. Add the shredded pineapple and juice, measure the combined mixture, heat to boiling point and then stir in the salt and one-half as much sugar as fruit. Cook to the jelly stage.—*Mrs. W. K. G., Digby, N. S.*

Fruit Gingerbread

⅓ cup shortening
1 cup dark brown sugar
1 cup sour milk or buttermilk
½ cup molasses
1 egg
1 teaspoon ginger
2 teaspoons cinnamon
1 teaspoon cloves
⅛ teaspoon salt
2½ cups flour
2 teaspoons soda
1 cup chopped raisins or dates
½ cup chopped nuts

Cream shortening and sugar, add the sour milk, molasses, egg, ginger, cinnamon, cloves, salt, flour and soda (the last six being sifted together) and raisins. Beat two minutes. Pour into a greased shallow pan. Sprinkle the top with the chopped nuts. Cut in squares and serve hot or cold.—*Mrs. V. L. A., Tulsa, Okla.*

Peach Custard Pie
(For grown-ups)

1 c. dried peaches
3 eggs
¼ tsp. salt
2c. milk
¾ c. sugar
½ tsp. cinnamon
A good pie crust

Soak the peaches overnight in cold water. Cook in same water until tender and cut in small pieces. Scald the milk; beat the eggs and mix with the sugar, salt and ¼ tsp. of cinnamon. Add peaches and pour mixture into an unbaked shell, sprinkle ¼ teaspoon of cinnamon over top. Bake in hot oven until shell is set; then in moderate oven until filling is done.—*Mrs. G. K., Grand Rapids, Mich.*

Cranberry Salad

Make rather stiff cranberry jelly and pour into individual molds; chill and serve on crisp lettuce leaves. Chop ¼ cup of celery quite fine and add to 1 cup of mayonnaise. Serve on the salad.

Cranberry Sherbet

4 cups water
1 pint sugar
2 lemons
2 cups cranberry juice
1 tablespoon gelatin

Boil sugar and water together for 5 minutes. Add the gelatin which has been softened in just a little cold water and dissolved over hot water, then the lemon juice and cranberry juice. Strain, cool and freeze.

Christmas Cookies
(A Finnish recipe)

2 cups butter
1 cup sugar
2 tablespoons lemon juice
2 egg yolks or 1 egg
1 teaspoon baking powder
6 or 7 cups flour

Cream the sugar and butter until very light. Into this work gradually the eggs, lemon juice and flour sifted with baking powder. Roll out and cut in small cookies with a cutter. Brush with egg white and sprinkle with sugar and finely chopped almonds. Bake until light brown. This will make a great many and recipe may be cut in half for the small family.

Christmas Fruit Cookies

1 cup sugar
⅔ cup butter
2 eggs
1½ cups flour
1 lb. chopped walnuts
1 lb. chopped dates
1 lb. chopped raisins
1 teaspoon cinnamon
1 teaspoon cloves
1 teaspoon soda

Cream butter and sugar, add beaten eggs, flour sifted with spices, soda dissolved in 1 tablespoon hot water and nuts and fruits. Mix well and drop on (*Turn to page 42*)

Send in Your Favorite Recipes

We will pay $1 on publication for each recipe accepted. This month we are especially interested in recipes calling for new ways to prepare and serve cereals. These should reach us by December 15, 1930. No recipes will be returned. Address Food Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

Study of Child at the Piano by Anton Bruehl

BEYOND THE DOLL HOUSE

TUMBLING gaily over a pile of golden sand . . . bobbing wee blond heads above the absurd mane of some dappled hobby horse . . . hurling diminutive bodies valiantly into battle against wash-rags and "sleepy-bye" . . . our babies are pretty much what nature and heredity made them.

But all too soon the shouting, dreaming, reckless little things draw near the time when environment commences to play the major part. Then begin the habits of thought and feeling by which, justly or unjustly, people are bound to judge them. And here their fates are more than ever in our hands. For it is we who must choose and furnish the particular world that inevitably lies beyond their sand-piles and their dolls. Informed parents, faced with this problem, seldom fail to select, as an initial item of cultural equipment, an introduction to the most personal of all the arts, music. . . . And this for generations, in both Europe and America, has meant instruction on the Steinway.

The Steinway stands as the chosen instrument of nearly every great musician from Liszt to Paderewski. A creation of fine craftsmanship in polished woods and ivory, its mere presence serves to connect your children with the glorious part this Instrument of the Immortals has played in the history of art. It is so ruggedly constructed that it will serve two or three generations of children . . . permitting their young talents to develop without risk of the distortive influences lurking in practice on inferior instruments . . . fostering a colorful accomplishment that will help them to make friends.

Source of entertaining melody . . . medium of genius . . . the incomparable Steinway nevertheless is sold on terms that place it at the disposal of even the modest incomes.

A new Steinway Upright piano can be bought for a total as low as $875

As the Steinway is made in New York City, this price, naturally, must be "plus transportation" beyond New York and its suburbs.

10% down balance in three years

Used pianos accepted in partial exchange. If there is no Steinway dealer near you, write for information to Steinway & Sons, Steinway Hall, 109 West 57th Street, New York.

THE INSTRUMENT OF THE IMMORTALS **STEINWAY**

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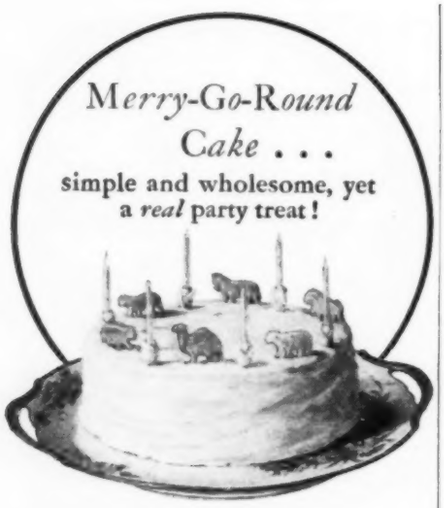


Party Foods *for* Youngsters

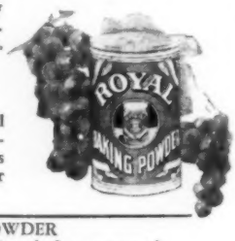
IT'S not always easy to maintain the routine health program during holiday festivities. In spite of Mother's best efforts, "upset tummies," "tempers" and "nerves" will happen! So that often Mother feels like forbidding parties entirely!

But parties and children just belong together—and the best way to avoid unwelcome after-effects is to serve *suitable party foods*—simple, wholesome foods that are nourishing and easy to digest.

Party cakes and cookies baked with Royal—the Cream of Tartar Baking Powder—come first on such a list of party foods.

The cream of tartar in Royal makes the difference! It's the reason Royal foods are always light, even textured, delicious in flavor . . . wholesome and safe for children to eat.

Royal, the Cream of Tartar Baking Powder. Absolutely pure.



Free!

Royal Menus for School Luncheons — containing helpful suggestions and recipes suitable for children

ROYAL BAKING POWDER
Product of Standard Brands Incorporated
Dept. 189, 695 Washington Street, N. Y. C.

Please send my free copy of
Royal Menus for School Luncheons

Name_____

Address_____

City_____ State_____

Recommended Recipes

(*Continued from page* 40)

buttered tins and bake until done. They must be watched as they burn rather easily. These are very good and improve with age.

Christmas Fruit Cake

¼ cup sugar
¼ cup shortening
1 cup sour milk
1 teaspoon soda
1 egg
2 cups flour
1 tsp. cinnamon
¼ tsp. cloves
¼ tsp. nutmeg
1 tsp. lemon extract
1 cup chopped raisins

Cream butter and sugar, add sour milk, then flour sifted with spices and soda, raisins dredged in a little flour, lemon extract and beaten egg last. Pour into buttered tube pan and bake 30 to 40 minutes. When cool ice with confectioners' sugar moistened with orange juice. A little grated orange peel improves the flavor. This is very inexpensive cake but a very delicious one.

Parisian Sweets

¼ pound (½ package) pitted dates
1 cup nut meats
1 cup raisins
1 cup dried prunes or apricots

Steam the prunes or apricots without soaking in the upper part of the double boiler, until the pits can be removed from the prunes or the apricots are soft enough to chop easily. Mix the ingredients and then put through a food chopper. Knead the paste until it forms a smooth ball. If the fruits are dry, it may be necessary to add a small amount of liquid, such as orange juice, lemon juice, honey or peanut butter.

Caramels

Oil a small loaf pan. If you prefer, you may line the pan with waxed paper. Pack the Parisian Sweets paste into this pan very firmly to make a layer about three-fourths of an inch deep. Chill several hours. The chilling is important. Remove from the pan and cut in squares with a sharp, wet knife. If you have silver or gold foil, these caramels may be wrapped to add a decorative touch to the Christmas candy box. Children sometimes save wrappings from yeast, wash it off carefully and use it for this purpose.

Christmas Apples

Shape the Parisian Sweets mixture into tiny apples about one and one-half inches in diameter. Roll the apples in shredded cocoanut, tinted green. Insert whole cloves at the top and bottom to simulate the stem and blossom ends. To tint the cocoanut, sprinkle a little cold water on a sheet of waxed paper, spread the cocoanut on the paper and sprinkle over it a little green vegetable coloring. Rub the cocoanut with the palms of the hands so it will take the color evenly.

Information Tests to Try on Your Children

(*Continued from page* 14)

TEST I for children 5 to 7

(6) If a dog scares a cat badly, what happens to the cat's fur?

(7) What do you do before you cross a street where automobiles pass?

(8) What is a woodpecker—a tree, a fish, a bird, or a hammer?

(9) What is our biggest holiday in December?

(10) Who brings letters to your house every day?

TEST II for children 8 to 10

(6) Is a quarter a smaller or larger coin than a dime?

(7) If you wanted to have a house painted, would you hire a plumber, a carpenter, a painter, or a blacksmith?

(8) If an automobile turns a corner very fast on a wet pavement, is it more likely to stop or to skid?

(9) Is bread made with flour, hay, sawdust, or barley?

(10) What insect makes honey?

TEST III for children 11 to 14

(5) In what book would you look to find the meaning of a word?

(6) Which would take longer—to go from New York to France or to Japan?

(7) In what play does Ophelia appear?

(8) Name the largest river in S. America.

(9) Correct the following statement: There are 49 states in the U. S. A.

(10) What is wrong in the statement: "The stomach pumps blood through the veins and arteries"?

TEST IV for children 15 to 18

(6) Is the Book of Isaiah in the Old or the New Testament?

(7) Who discovered radium?

(8) Who wrote the Epistles to the Corinthians?

(9) Where must immigrants to the United States on their way to New York City pass examination before entering the country?

(10) What presidential document freed the slaves following the Civil War?

Answers to the Tests

TEST I

(1) With his trunk. (2) In summer. (3) Bicycles. (4) In winter. (5) Pant. (6) It stands on end. (7) Look both ways. (8) A bird. (9) Christmas. (10) The postman.

TEST II

(1) Baseball. (2) Round. (3) No. (4) On the book. (5) It melts. (6) A quarter is larger than a dime. (7) I would hire a painter. (8) To skid. (9) Flour. (10) The bee makes honey.

TEST III

(1) No. (2) Woodrow Wilson. (3) Benjamin Franklin. (4) More. (5) Dictionary. (6) To Japan. (7) Hamlet. (8) The Amazon. (9) 48. (10) The heart pumps the blood.

TEST IV

(1) Department of the Treasury. (2) Franco-Prussian. (3) The hero of a novel by Joseph Conrad. (4) Siam. (5) Egyptian. (6) Old. (7) Pierre and Marie Curie. (8) Paul. (9) Ellis Island. (10) The Emancipation Proclamation.

THIS IS THE THIRD OF A SERIES OF ADVERTISEMENTS DEALING WITH ULTRA-VIOLET RADIATION IN THE HOME

From GENERAL ELECTRIC *to American Mothers . . . . .*

TO American mothers who are bringing up clear-eyed, stout-hearted, tumbling future presidents, aged from one month to fifteen years, winter with its close confinement, its short, dark days and its complete lack of health-giving sunlight, presents a real problem—a real challenge to motherhood. No matter what other matters may occupy her mind, the chief concern of every mother is in answering this challenge of winter—in fighting off by every means in her power the many menaces of winter—and especially sun-starvation.

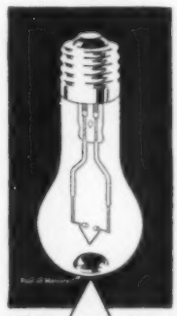
Most mothers now know that the sun which shines on a winter day—even the clearest and brightest—contains only two per cent of the vital health-maintaining ultra-violet rays found in summer sunlight. Those highly beneficial rays which tan the skin, build up resistance to disease, promote nutrition, stimulate growth; which are essential in building strong bones and sound teeth and which liberate in young bodies that elusive, life-giving vitamin called Vitamin D—

The Sunshine Vitamin. *This is the antirachitic vitamin; and during the prenatal and the early growing years of life, it is an absolutely essential element for building strong bones and for sound muscular development.*

Lucky for the future presidents of the United States, its industrial giants and its millions of other future leaders that science has discovered another sun—a sun that shines as brightly and effectively in winter as summer—that is richly endowed with health-maintaining ultra-violet—that shines in cloudy weather and in dark and murky cities—that shines in the play room, in the bedroom where the children dress, beside father's easy chair, as he reads about "Ali Baba and The Forty Thieves," that beams down upon the baby's crib and mother's chaise longue.

A sun, sponsored by the greatest name in electricity—General Electric—A sun which shines for three cents an hour . . . *That is safe as the real sun* and as effective . . . That operates without fuss, odor or noise.

Just as a radio tube can **ONLY** function properly in a set designed for its use, the **G. E. Sunlight MAZDA Lamp MUST be** used in special equipment to obtain ultra-violet radiation.



TAKING THE SUN'S RAYS APART BY WAVELENGTH IN ANGSTROM UNITS

Sunlight, as the chart above indicates, is composed of electro-magnetic waves of varying lengths which science has classified as infra-red waves, visible light waves, and invisible ultra-violet. Recent scientific investigations, however, tend to show that one particular band in the ultra-violet range is of special importance in the maintenance of general health. This lies between 2800 and 3100 Angstrom units. It is within this desirable ultra-violet zone that the G. E. Sunlight MAZDA Lamp concentrates its ultra-violet effectiveness.

Many manufacturers, including General Electric, are offering standards and fixtures, using this new sun—the G. E. Sunlight MAZDA Lamp as their source of energy. Special standards or fixtures are necessary because the G. E. Sunlight MAZDA Lamp will not operate in the ordinary lamp socket. It is the last word in man-made sunshine. At a touch of the finger, it offers, at a distance of three feet from the lamp, all the benefits and effectiveness of the BEST midsummer sunshine at midday.

Alert mothers will insist that the lamp they buy contains this G. E. Sunlight MAZDA Lamp. They will be satisfied with nothing less than the best. They will not use it as a substitute for the service of a physician in the case of illness or disease, but they will employ it freely as an aid to glowing health not only for the children but for all the family.

The G. E. Sunlight MAZDA Lamp is sold in accordance with the requirements of the Council of Physical Therapy of the American Medical Association. For further information and an interesting booklet write The Incandescent Lamp Department of General Electric Company, Nela Park, Cleveland, Ohio.

Join us in the General Electric Program, broadcast every Saturday evening on a Nation-wide N. B. C. Network.

THE INCANDESCENT LAMP DEPARTMENT
OF GENERAL ELECTRIC COMPANY
NELA PARK, CLEVELAND, OHIO

Please send without obligation, full information about the G. E. Sunlight MAZDA Lamp.

*Name*_____

*Address*_____

*City*_____

GENERAL ELECTRIC
SUNLIGHT MAZDA LAMP

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Sturdy fabrics *expertly tailored*

Zip . . . Zip . . . they are on. Dressed for the hardest play . . . the coldest day

ZIP-ONS are cut and tailored as carefully as a cadet's uniform, yet are roomy and comfortable.

Closely woven bands at wrists and waist of Zip-Ons keep your little Eskimos snug and warm at these hard-to-protect places. Seams are double-stitched, openings are reinforced to withstand the pulling and stretching of active arms and legs.

Talon Hookless Fasteners at all the openings make Zip-Ons easy to zip on in a jiffy . . . and they stay snugly closed at neck and ankles.

•

You can buy blouses and leggings in sets or separately from a broad range of colors. Pink, little boy blue, poppy, emerald, camel's hair, reindeer and many others. Materials are soft and durable, all-wool jersey, corduroy, Suede-Like, etc. They clean and wash beautifully. Sizes 2-10. Sold in leading stores throughout the country. *Wholesale distributors—Howlett & Hockmeyer Co., Inc., New York City.*

ZIP-ON

LEGGINGS · BLOUSES · SETS

The Zip-On label insures Zip-On quality. They are guaranteed to satisfy

ZIP-ON

LOOK YOUR BEST

Every mother seems beautiful to her small children, but critical appraisal will come sometime. Be ready for it

By DOROTHY COCKS

A GREAT many women who don't take care of their skin think it is too much bother. They think they haven't time. They think it *takes* a lot of time.

It doesn't, really. Just as with everything else, when you begin you are awkward at it. When you don't have the accessories conveniently at hand you feel as though it had taken half the night to prepare your skin with creams for bed. If you kept at it for a few nights, to establish a routine, and then repeated that routine a few more nights to form a habit, you would soon go through a little bedtime facial treatment as mechanically and as swiftly as you now clean your teeth—and as faithfully. For once you saw in your own mirror what regular pampering will do for your skin you'd never again neglect to give it this care, I am sure.

Let me try to describe such a routine for you, then. I warn you, or rather, I promise you, that this will read much more slowly than the processes would actually be in performance; for I shall want to stop to tell you why and how in detail, as I go along. You can work faster than I write.

First, a general maxim. If your skin is dry, if it is sensitive to chapping and windburn, if your powder shows up flaking scaly patches, you should end every facial treatment, morning, midday and night, with a cream, an oily emollient cream, such as cleansing cream, skin food, cold cream, etc. If your skin is oily, if you have a tendency to coarse pores, if your make-up grows spotted from the excess oil which spreads from every pore, you should end every facial treatment with an astringent preparation, a skin tonic or freshener or stronger astringent lotion at bedtime, and either a lotion or a vanishing cream during the day. If you like a powder foundation you will find vanishing cream gives the desired finish.

A Dry-Skin Routine

Since most women seem to have dry skin, let us begin by following a dry-skin lady through her day's routine.

When you get up in the morning, reach for a jar of cream about the same time that you throttle the alarm clock. It should be the cleansing cream jar, or, if you are using a cold cream or some other all-purpose cream, let it be one of these. Put a generous dab on each cheek, and spread it around all over your face and neck. Leave it on while you wash your teeth and bathe. Remember that it is meant to dissolve any waxy clogments in the pores, and also to soften the dry scales that make your skin rough. So give it a chance to penetrate and lubricate. Leave it on while you put on stockings, shoes, and underwear, and run a comb through your hair. (I am assuming that you are a wife whose first job each day is to get her husband off to somewhere on time.) Then just before you toss on a dress, take a couple of paper tissues and wipe off the cream with firm upward strokes. Apply powder lightly, outward from the center of the forehead to each temple, down the nose, down on the cheeks (to lay any down or superfluous hairs), down on the chin and throat. And you are ready for breakfast.

Assuming, as I said, that you are a wife with a husband and perhaps school children to get off to a good start, that before-breakfast clean-up-and-powder is all that is necessary for the moment. Some time later in the day, before you go out to market or to lunch or bridge, a more thorough job should be done. In every treatment, but especially in the first hurry-up one, half your speed and facility depends on having all your materials together in a convenient place. Don't have a jar of cream in the bathroom cabinet and (*Turn to page* 46)

Now You Can TRY this Ideal Gift - *Membership in this* Boys' and Girls' Book Club

One Month only $1.00

Your Boy or Girl Receives:

1. **The December book for his or her age group.**
2. **A beautiful Club Pin.**
3. **The December issue of the Club Magazine, YOUNG WINGS.**
4. **A package of attractive Book Plates.**

Every Month the Junior Guild Editors Select Four Books, a New Book for Boys and Girls 6, 7, 8; Boys and Girls 9, 10, 11; Boys 12 to 16; Girls 12 to 16.

TO demonstrate the many advantages of Junior Guild Membership for your son or daughter and to give him or her the fun of belonging to this great Boys' and Girls' Book Club, a very special offer is made. For a limited time only, your boy or girl can enjoy full membership for a whole month for only $1.

This unusual offer is made at this time so you can satisfy yourself that a full year's Membership in the Junior Literary Guild is the finest gift that you can give your boy or girl for Christmas.

What a bargain in wholesome and instructive entertainment! Thousands of parents will pay at least twice as much for the book alone, in the stores. And in addition to the book there is a handsome gold and enamel Club Pin, an interesting Club magazine and a whole supply of attractive book plates.

The book will be one your boy or girl will thoroughly enjoy, one you will be glad to have him or her read and own. It will be the outstanding new book which has been chosen for young readers of his or her age by the distinguished Junior Guild Editors from all the new juvenile books being published. It will show you the high caliber of the books which your son or daughter will receive, one each month, and the convenience and saving in money for you, if you decide to make him or her a full year member.

Accept this Offer Today

Fill in and mail the coupon with only $1. By return mail will come a splendid new book, the Club Pin, the Club Magazine and the Book Plates. Act at once so you will have time to decide whether to give a full year's Membership for Christmas.

The JUNIOR LITERARY GUILD

55 Fifth Avenue **New York, N. Y.**

Canadian Representative: McAinsh & Co., Ltd., 60 Front Street, W., Toronto, Canada

THE JUNIOR LITERARY GUILD
55 Fifth Ave., Dept. 73 P. M., New York, N. Y.

I accept your offer of a month's trial membership for $1. You will send my son or daughter the December book chosen by the Editors for his or her age group, the December issue of the Club Magazine, a Club Pin and a package of book plates. This places me under no further cost or obligation.

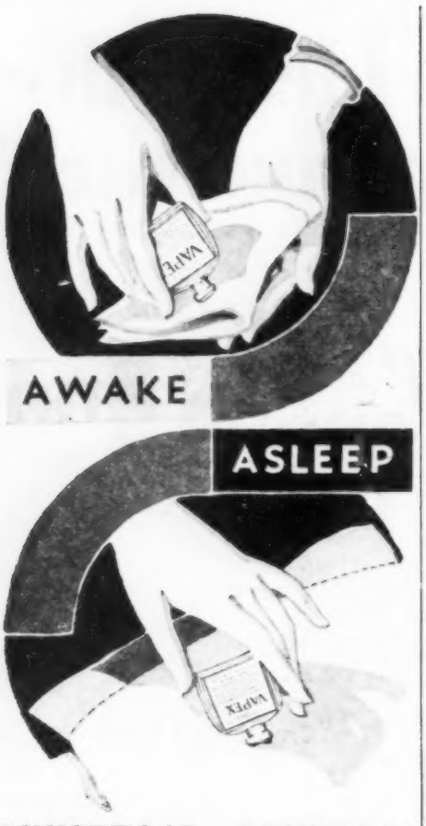
Name .....

Address .....

City ..... *State* .....

Boy's or Girl's Name ..... *Age* .....

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.



SWIFTLY, SURELY —VAPEX RELIEVES COLDS

When a cold begins to grip you, put a drop of Vapex on your handkerchief and breathe the delightful vapor—crisp as mountain air. Vapex dries up your sniffles—stops your sneezes—and opens up your nose. In a few deep breaths, it brings relief for your cold. . . . A drop of Vapex at each end of your pillow fights your cold while you sleep. The pleasant vapor is an aid to sound slumber. . . . Vapex is especially recommended for children because of its safety and convenience. Be sure you get V-A-P-E-X, the original inhalant discovered during the war. Approved by Good Housekeeping. Millions of bottles used yearly. $1 a bottle of fifty applications. E. Fougera & Co., Inc., 41 Maiden Lane, New York.

Listen to the Vapex radio program every Monday and Friday evening on Stations WOR, WMAQ, WLW, WCAU, WBZ and WBZA

A drop on your handkerchief

***VAPEX**

Breathe your cold away

*Registered U. S. Pat. Off.

LOOK YOUR BEST

(Continued from page 44)

paper tissues in a bureau drawer. Set aside a bathroom shelf, or a bureau drawer, or a dressing table, and have everything pertaining to your skin care there in one spot together.

Before the time comes for you to dress to go out, begin the facial treatment which will prepare your skin for exposure, either cold and constricting winds in winter, or drying heat and sunlight in summer. Use your cleansing cream again to remove the powder you puffed on before breakfast. Remove this cream with tissues, and then make an application of a nourishing cream. This will be your chosen skin food, or a cold cream or all-purpose cream. If you make one preparation serve both purposes, be sure to make two separate applications, the first to be wiped off for cleansing and the second to be worked in as a lubricant.

Now at this point, for a few moments, you should stand still or sit down at your dressing table and devote yourself to a thoughtful massaging of your skin.

With a generous dab of cream under the cushions of your fingers, work from the point of your chin outward along the jawbone to a point in front of the ears, molding deeply in steps, and lifting the tissues with each step. From the point of the chin, work upward and outward across the cheeks to the temples, to the outer corners of the eyes, to the inner corners of the eyes, to the corners of the nostrils. Return each time to the point of the chin to start the upward movements again. Knead deeply and lift always, to counteract the tendency of the tissues to relax and droop. Use stroking movements around the eyes, outward on the upper lids, in and upward on the lower lids. Knead and pat your forehead, from between the brows, outward and upward in curves ending at the hair line, long curves to the temples, shorter curves to just above the eyes. All this need not take longer than three or four minutes.

Leave that nourishing cream on your face while you do whatever you must before going out. Then wipe away what remains unabsorbed by the skin.

If you have chosen your cream well, it should leave your face in perfect condition for powder. (If you use cream rouge, put it on before powdering. Apply dry compact rouge over powder, and soften down the color with a second powdering.)

AT BEDTIME, you must surely take time to remove all make-up. Under your powder, the excretions of your pores have been accumulating. Dust has gathered on your face. Don't think of going to bed without a thorough cleansing of your skin.

There are several "schools" of cleansing. One recommends soap and water alone, especially if the skin has any tendency to coarse pores, blackheads or eruptions. One recommends soap and water, with a cleansing cream afterward, to counteract any drying effect. Still another recommends cleansing cream alone, especially if the skin has a tendency to roughness, scaling and shriveled lines. You will have to experiment for a while to discover which school you will join.

Whichever school claims you, practice its preaching thoroughly at bedtime. Then if you are fearful of wrinkles—and who isn't?—smooth on a little skin food, go through the massage movements I have described above, and go to bed with a little of this cream on your skin, to lubricate and protect it all night.

An Oily-Skin Routine

STARTING AGAIN with the alarm clock, let us follow an oily-skin lady through the day.

A quick clean-up for this type of skin is best done with a liquid preparation, either a special liquid cleanser or an all-purpose lotion which has generally both cleansing and astringent properties. The hasty way to use such a preparation is to pour some in the palm of your hand and slap and pat this on the skin, then wipe it off. But as always, haste makes waste—and in this case often makes spots on the rug, too. Keep on hand some little wads of absorbent cotton. (One medical supply house furnishes a box of little pads all made up.) Saturate one of these with your liquid and use this to wash your face thoroughly. Pay particular attention to the sides of your nostrils and the front of your chin. The glands are most numerous and most active here, and blackheads, therefore, most common. Turn the cotton pad and wipe the face and neck again, then discard the cotton and pat and stroke your skin (upward) till it is dry. Then powder lightly for breakfast.

Even an oily skin needs massage with a skin food, to stir up circulation and pull up drooping mouth corners and smooth out incipient lines. So before you go out you will take the time to give yourself the little massage treatment which I have already described for the dry skin. Only you will have an added step. You will use a lotion after removing the massage cream. You want to remove all the cream your tissues do not absorb. You want to check the flow of oil from your pores. You can best prepare your skin for powder by using an astringent. Wash and pat your face with it thoroughly, so no oils will reappear later to mar your make-up.

At bedtime an oily skin needs a most painstaking cleansing. This type of skin is generally sluggish; the pores are laden with oil. The oil gathers dust, thickens up your powder, makes a gummy mass which becomes a blackhead in no time.

Two cleansing steps are a good precaution and protection for this type of skin. A cleansing cream first, to melt down the waxy deposits in the pores. Then soap and water (with a final dash of cold water) for its tonic, astringent and antiseptic effect. Don't go to bed with a skin food on your face, with this type of skin. If your skin is only moderately oily, let the last cold dash of water be the astringent to tone your pores overnight. If this is not enough, pat on an astringent lotion after you wash. And then to bed.

Playthings With A Purpose

Give them more than "just toys" this Christmas

PLAYSKOOL PRODUCTS

are designed and built to promote *"Learning While Playing"*.

For Christmas, and all the year, Playskool Institute offers a complete line of educational playthings to meet the play requirements of children of pre-school, kindergarten and primary age.

From the simple sets of large-sized pegs and blocks, for tiny tots, up to Playskool, The Home Kindergarten, and the marvelous Build-At-Will Doll House for the "older" youngsters—each Playskool Product provides valuable benefits in mental stimulation, coordination of mind and muscle, and general sense training.

The Playskool idea and ideal of "Learning While Playing", as expressed in Playskool Products, is approved by recognized authorities on child training and pre-schooling.

The Build-At-Will Doll House and Playskool, The Home Kindergarten, are two Playskool Products which provide many happy play hours for children of kindergarten and primary age.

See Them At Leading Stores

DEPARTMENT stores and other alert retailers are well aware of the tendency toward educational playthings, and are featuring the products of Playskool Institute in their holiday displays.

They will be glad to show you the complete Playskool line, and to suggest the proper items for the good little boys and girls you want to remember this Christmas.

We, too, will be glad to help you with your shopping by sending you the colorful new folder describing Playskool Products, together with an interesting booklet entitled "Pre-school Training in The Home". Just send the attached coupon and enclose Ten Cents to cover mailing cost of booklet.

Hammer-Nail . . Makes the child's desire to pound, a constructive pastime. A popular number.

Cart-Block Peggy — a colorful collection of large sized pegs and blocks, and a fascinating pull-toy, too.

Playskool Peggy Box . . Pegs, blocks and peg-board in sturdy wood container.

Playskool Parquetry Blocks — stimulate a sense of color and design. In various assortments and sizes.

Playskool Junior — of lighter construction and contains fewer play materials than Playskool. Has bench instead of chair.

Playskool Sandie . . This modern sand table combines the benefits of sand play with the Playskool idea.

PLAYSKOOL INSTITUTE
594 COMMERCE ST. MILWAUKEE, WIS.

PLAYSKOOL INSTITUTE P-12-30
594 Commerce Street, Milwaukee, Wis.

Please send me the booklet and folder mentioned above. I enclose Ten Cents to cover mailing cost.

Name.....

Address.....

City.....State.....

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

HOLGATE TOYS

make happy boys and girls on Christmas Day

NOT alone toys to delight the children, but educational toys which encourage them to creative play. Each Holgate toy is made from a design either prepared or approved by leading nursery and kindergarten schools.

HOLGATE BRICKS

● There's most fascinating play for the child in building with Holgate Bricks. Finished in durable Brick Red and grooved to insure firm construction. Can be had with separate shingles or folding roof. Packed in a strong box with neat bag for home storage.

JERRY BLOCKS

● A toy of high merit in training the child to think, plan and build. Two assortments . . 45 or 70 piece sets. Choice of plain wood or colors in opaque lacquer finish. These blocks are practically indestructible. Packed in bag for storing.

● Holgate Toys include Color Cubes, Porcupine Blocks, Building Blocks, Bed Trays, Hollow Out-door Blocks, Barns with Animals that stand up, Floor Easels, Table Easels, Nursery Cabinet Stairs, Bulletin Boards and Slides.

● If your dealer does not handle Holgate Toys, write us direct for illustrated circulars and prices.

HOLGATE BROS. CO.

KANE, PENNSYLVANIA

POINTERS for PARENTS

Practical Suggestions Submitted by Readers

Children love to make ornaments for the Christmas tree, and we have found it a very good plan to save material during the year for this purpose. It is surprising how quickly this material accumulates and what attractive things can be made from scraps usually thrown in the waste-basket. We save all kinds of colored paper, tinfoil, fancy linings of envelopes, bits of paper lace, gilt and silver paper, pieces of cardboard and ends of ribbon and colored string. Often one of my boys will come to me with the remark, "This is big enough for a star on the Christmas tree" or "This is good paper for Christmas tree chains." Our box is a source of pleasure all year and of value in teaching thrift.—*Mrs. H. B., Grand Rapids, Mich.*

A Present for the Baby

As I do all of the sewing for the family, spools accumulate rapidly. When we have saved quite a number of them, the children lacquer them bright colors, then string them on heavy cords, and when all complete the chain makes a delightful plaything for a baby. These chains make charming Christmas gifts that the older children will delight in making for the baby.—*Mrs. E. G., Milwaukee, Wis.*

Paste Pots for Christmas

Since the school child makes so many things requiring paste, it means a real saving if the necessary supply can be made at home. First, collect small glass receptacles, such as pickle and mayonnaise and cosmetic jars. Then buy fifteen cents' worth each of salicylic acid and oil of cloves, being careful to keep them out of reach of small children. This amount purchased will be enough for two makings of paste. The paste requires one cup of flour, three cups of boiling water, a heaping teaspoon of salicylic acid and one teaspoon of oil of cloves. Stir the flour with enough cold water to make a smooth, easily poured paste. Strain and pour a tiny stream into a stewpan containing three cups of boiling water, stirring all the time. Let cook ten minutes. Remove from the fire, add the salicylic acid to preserve the mixture and the oil of cloves to give it a pleasant odor and beat these into the paste while it is hot. Cool partially, pour into the jars, cover with melted paraffin, cool, fit covers on tight and set in a cool place. This amount fills from fifteen to twenty small jars and cost but a few cents.

Kindergarten children and first graders are pleased to receive presents of small jars of paste with amusing cut-outs pasted on them, especially if a few drops of vegetable coloring have been added to the paste to give it a holiday appearance. A gift which was appreciated by one five-year-old was a box containing several jars of paste, a pair of blunt scissors, colored paper and some paper dolls.—*Mrs. H. H. H., San Antonio, Texas.*

A Dry Place for Wet Garments

Our three little girls, aged two and a half, four and five, go outdoors all winter, even in the bitterest weather, and are able to help one another dress for the occasion, but the continual search for mislaid articles made serious inroads on my time and patience, until the following scheme was inaugurated. At the head of the basement steps was nailed a long, low shelf, and the steps were made safe by an easily reached light switch, and the open side of the steps railed in, with a partial shut-off partition at the bottom of the steps, to prevent accidents. In the basement was hung, at a safe distance from the furnace and traffic, a low wire line. Each child was given a coat-hanger and four spring clothespins, painted his own particular color. On coming in from outdoors, each child removes her galoshes and fastens them together with one of her clothespins, setting them in place on the shelf. Then the coat and sweater are put on the coat-hanger and hung on the line, followed by cap and mittens, and then leggings clamped together. We have a rule that there will be no admittance to the kitchen until two children guarantee that the third child's outdoor belongings are all in place. The children are learning, besides the lesson of help one another, the value of "a place for everything and everything in its place."—*Mrs. J. Y., South Bend, Ind.*

Tie the Baby In

My children were constantly getting uncovered at night, thus causing me much anxiety, especially on cold, wintry nights. Even though I used blanket fasteners or tapes on their sheets, they would crawl out, and I would find them on top of their covers! So I invented a scheme in making their "nighties." I tapered the underarm seams so that at the hem the garments were just the width of the beds. To the bottom I firmly stitched half-inch tapes, and after laying the baby in bed, tied the tapes to the spindles of his crib, then tied the blankets in place. He could turn any way and slide down, but never get up above where the blankets covered him.—*Mrs. D. H. B., Akron, N. Y.*

DOLLARS FOR IDEAS

If you have practical suggestions that would be helpful to others, tell them to us briefly. For every idea accepted one dollar will be paid on publication. Unaccepted contributions to this department will not be returned. Address, Pointers for Parents, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

Santa Makes some Winning Moves

Dear Children:

This game of choosing unusual playthings for you becomes more and more difficult each year. But in selecting these dandy Wolverine Toys, I think I have made some winning moves that will bring you much happiness. Merry Christmas.

Santa Claus

ZILOTONE—Musical Marvel Plays Real Tunes!

You and your friends will have the time of your lives listening to the tunes that the "music master" plays on the keys of Zilotone. He amusingly imitates a real Xylophonist. The tone is rich and melodious. Six records, of favorite tunes we all like to hum, included with each toy. Zilotone No. 48—9" long . . . . . Price $2.50

JOLLY JUGGLER—for out-of-the-ordinary Fun!

A "new and different" automatic toy just chock-full of swift, thrilling action. Juggler rapidly performs on trapeze, carrying little helper on magnet from chute to ground. Juggler then swings back for another trip. Fast action continues as long as figures are kept in chute. Beautifully decorated. Jolly Juggler No. 51—12" high. Price $1.00

"SUNNY SUZY" LAUNDRY SET

You'll enjoy doing your own laundering when mother does hers. "Sunny Suzy" Laundry Set No. 2 (illustrated) contains enameled metal wash tub, glass surface wash board, clothes reel, bag of clothes pins, wash basket and practical wringer with rubber rollers. "Sunny Suzy" Laundry Set, No. 2 . . . Price $2.50

Set No. 4—Same as above with the addition of large wood ironing board and 1½ lb. electric iron. Price $5.00

RABBIT CHASE—S-s-s-Speed!

In this exciting contest, three whippets hunt rabbits in swift chase. The dog that captures his rabbit first is the victor. Winners vary with each chase. Operated by a strong motor. Toy has start and stop lever. Rabbit Chase No. 150—9¾" wide . . . . . Price $1.00

What Ho! . . . The MERRY MILLER and his Funny Capers

A gleeful "Sandy-Andy" sand toy with a rare humorous twist. As the mill-wheel turns, filled with sand, the Merry Miller followed by his dog tries to get 'round corner of the house where his wife waits with rolling pin. Action lasts long time. Attractively colored. Can of sand included. Merry Miller No. 77—12" high. Price $1.00

"SUNNY SUZY" VACUUM CLEANER

It's such fun to keep your playroom spotlessly neat and tidy, and to help about the house with your own, real Vacuum Cleaner. It works by suction and friction. Just like mother's big one, it actually picks up papers, dust and ashes. Gayly colored and light of weight. Vacuum Cleaner—28½ inches high, No. 105. Price $2.50

TO PARENTS:

Every Wolverine Toy is conceived with the purpose of providing proper stimulus for the healthy impulses of play. At all times the name Wolverine on a toy or plaything insures fine quality and skilled, sturdy workmanship.

The Wolverine Toy Family includes games and playthings admirably suited to the recreation moods of every age. If unobtainable locally, we will ship any Wolverine item post-paid upon receipt of money order. Outside the United States, add 25% to prices quoted above. Write for Free copy of TOY TOPICS containing pleasant, instructive chats on new interesting toys.

WOLVERINE SUPPLY & MFG. CO., 1234 Western Ave., Pittsburgh, Pa.

Gentlemen: Please send me FREE, a copy of "Toy Topics" including a list of toy suggestions arranged according to age.

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Print Plainly, Please

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The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

PROFITABLE PLAY HOURS

Early childhood play is the formative period that moulds the future of your children. Make these happy play hours profitable in the future development of your child with a LITHO PLATE Educational Blackboard. Its wonderfully interesting educational charts and unbreakable, slated blackboard will provide practical, as well as instructive, entertainment that will be an endless source of amusement.

Litho Plate

educational

BLACKBOARDS

Sold by Leading Merchants Everywhere

If your local merchant cannot supply you, we will be glad to send you a LITHO PLATE Educational Blackboard as illustrated, with 40 educational charts, and unbreakable, slated blackboard, $4.95, or one having 60 educational charts, with 30 charts in colors, $5.95 f. o. b., Muncie, Ind.

RICHMOND SCHOOL FURNITURE CO.

MUNCIE, INDIANA, U.S.A.

KEEP POSTED

Because of the increasing interest in child development research and parental education, we will publish, from time to time, this department of short news items from the field

THE effect of special training on the talent of the child is being studied this year in a series of investigations being conducted by the Child Development Institute of Teachers College, Columbia University. Children are divided into two equally competent groups, on the basis of tests given at the beginning of the study. Special training is then given to one of these groups over a period of several months. At the end of the training, both groups are tested and compared. Thereafter, following the elapse of several additional months in which no practice takes place, tests and comparisons are again made to see to what extent the specially trained group maintains its advantage, and to what extent the difference has been leveled by the process of growth and maturation.

Work already initiated which will be completed during the year includes: a study of resistance and negativism in children, and of means of overcoming resistance; two studies of laughter and crying, the occasions that give rise to them, their relationship to age, sex, other activities, and personality traits, one of them dealing with Chinese children; studies of the social behavior and the physical activity of children in the nursery school; to be combined with an analysis of the content of children's language in the nursery school situation on the basis of stenographic records obtained over an extended period last year; the behavior of the child in different social situations is the subject of another study.

Dr. Lois Hayden Meek, Director, Child Development Institute, Teachers College, Columbia University

It is also the purpose this year to begin a series of studies on music with nursery school children.

Other studies which are planned for the present year are the following: The genetic development of esthetic judgment in the child; the child's ideas of good and bad; child obedience; the correlation between parents and children in such traits as leadership, aggressiveness, popularity, as determined by ratings of the individuals by the groups in which they move; a test of parental intelligence and information, as a basis for a parent education program; children's day-dreams, imaginary companions, story-telling; transfer of training in child learning.

WASHINGTON will see the gathering in November of hundreds of men and women who are leaders in the field of child welfare, child study and parent education. Many will come early to attend the Biennial Conference of the National Council of Parent Education to be held from November 15th to 18th and will remain to join others at the sessions of The White House Conference on Child Health and Protection from November 19th to 22nd.

THE Child Welfare Research Station, University of Iowa, presents a many-sided approach to the study of child development and parental education. One phase of the station's work is in the field of nutrition and six to eight workers are concerned with experiments concerning the proper diet for young children. Other workers are studying the physical growth of children and the interrelation of health, personality and psychological development and physical growth. This section is now working on a scale of personal achievement as affected by physical growth. The pre-school child is observed and studied. There are 100 children in the Nursery School which is in the nature of a laboratory for competent research workers. The study of adolescence is handled by still another group. In all there are sixty-five persons connected with the Child Welfare Research Station at Iowa, thirty-five of whom are research workers in child development and ten of whom are concerned with parent education.

Dr. George D. Stoddard, Director, Child Welfare Research Station, University of Iowa

THE Child Study Association of America has opened recently, at 221 West 57th Street, New York City, new headquarters well adapted to the broad scope of their work. Two floors provide ample office room for the executives, for the editorial and business departments, attractive accommodations for study groups, for the library, and for the consultation service.

Sidonie Matsner Gruenberg, Director, Child Study Association of America

At the annual three-day conference of the Association held in New York City it was noticeable that the subjects for discussion dealt primarily with the parent and his relation to the changing scene and with the family as it affects personality fulfilment. Although new trends in child development research were ably presented, the emphasis was unquestionably upon the need for parental education and help with adult adjustments and the fact that parents and leaders of parents are becoming increasingly aware of their own need for guidance.

Teach them to use Kleenex

. . . *then* Destroy

There'll be fewer colds in families that observe this hygienic habit.

THE use of Kleenex for handkerchiefs is more than a matter of convenience. It is a hygienic habit that is receiving wider and wider acceptance every day.

Think. During colds, a handkerchief used *just once* is filled with infectious germs. It is an object of disgust . . . yet it is carried to the face time after time. It is stored in pocket or purse, where it infects the clothing and fresh handkerchiefs. A single soiled handkerchief may spread infection through an entire family, to say nothing of reinfecting the user again and again.

Costs less than laundering

Children should be taught to use a handkerchief just *once*, then destroy it. Obviously, this means the use of Kleenex. Kleenex is so inexpensive that it costs less than commercial laundering of handkerchiefs, to say nothing of their initial cost.

Kleenex is more comfortable, too. Each tissue is delicate, soft and gentle. As it is marvelously absorbent, Kleenex is actually soothing when used for colds and hay fever.

Every family needs a box of Kleenex in every bedroom, in every bathroom. Children should have a box for school use. Any drug, dry goods or department store will supply you.

See coupon at right for free sample offer, also quantity offer for teachers and nurses.

Many other uses, too

Beauty experts declare Kleenex to be the only safe and sanitary way to remove creams and cosmetics from the face. Indeed, Kleenex has a score of uses for every family that appreciates convenience, exquisite daintiness and cleanliness. Full directions in every package.

FREE *Sample of Kleenex*

Kleenex Company, Lake Michigan Bldg., Chicago, Illinois. Please send a sample of Kleenex to: PM-12

*Name*_____

*Street*_____

*City*_____ *State*_____

Special quantity offer for teachers and nurses

Please send me_____samples of Kleenex, which I will distribute to children of the _____grade, in the_____school.

KLEENEX

CLEANSING TISSUES

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

For Christmas...

Safe Playtime Paints *for* Little Folks-

PAINTING, Coloring and Drawing are interesting playtime fun for all children—they love to do it, and it helps develop their talents. Here are beautifully colored paints of every shade imaginable; crayons, too, and pictures to color; also a Coloring-chart and Instructions which show how to do it all very nicely. In fact,

MasterCraft PAINTING SETS

offer liberal assortments of high grade materials presented in a new and different way which delights the youngsters, and pleases grown-ups.

"MasterCraft" Painting Sets are safe because the paints are harmless and stainless. Made without poisonous dyes; they will not stain fingers or fabrics and can be washed with plain water. Safe, too, because the UNIT TRAY construction (in all sets at $1.00 and up) keeps everything together in one place, prevents the paints from coming out of the box, and provides a stronger container which will keep the set in good condition for a long time. This is an exclusive feature of "MasterCraft" Painting Sets which makes them superior.

There are several sets to choose from, two of which are illustrated below. These sets are priced from 25 cents to $7.50, and offer attractive value.

HAPPY HOURS

Contains 14 paints in UNIT TRAY; 12 crayons; colored glass water cup; coloring-chart, book and a brush. **Price $1.00**

AUTUMN TINTS

Contains 19 paints in UNIT TRAY; 8 crayons and 4 tubes of paint; glass water cup; porcelain mixing tray; packet of coloring designs and 2 brushes. **Price $2.50**

Also additional sets at 25c, 50c $1.50, $4.00, $5.00 and $7.50

Look for "MasterCraft" Painting Sets in your favorite store; if unobtainable, we will send any you desire, fully prepaid, upon receipt of price.

Free to Parents and Children

A "MasterCraft" Painting Book which explains how to use paints and color and gives full information about these beautiful sets.

Manufactured by

The PORTER CHEMICAL COMPANY

118 EAST WASHINGTON STREET, HAGERSTOWN, MD.

Your Adolescent Boy

(*Continued from page* 15)

early have any adenoid tissue removed to give all possible space for nasal breathing. He may be subject to hay fever or similar difficulties. Because of his narrow jaw, his teeth tend to come in crooked. As he grows tall, he either slumps with stooped shoulders, hollow chest, prominent abdomen or he overcorrects this tendency by holding himself too erect with his muscles so tense that he is constantly on edge with fatigue.

DIET, extra calcium (with the accompaniments of milk, viosterol and parathyroid which makes the calcium usable by the body), rest periods and much outdoors and sunshine are greatly needed by this boy. He is usually alert mentally, a jump or two ahead of the game. He is of the stuff out of which good runners and jumpers are made. During the rapid growth and thin stage he may be lacking in physical stamina and so fail to do the work he is capable of in school. Perhaps he comes home with poor report cards. But don't be too severe with him on this account. He needs a quieting influence, not nagging or criticism. If he later sets the world on fire it will be because some one had patience, love and infinite understanding to endure with him the strain of these hard years.

Although no one boy belongs completely in either of these outstanding groups, each one will probably be predominantly of one or the other type and when we know what his characteristics are we will have a better understanding of his particular problems.

In dealing with sex instinct in the boy we must remember that our main difficulty lies, not in the sex impulse, which is, after all, a driving force in all creative endeavor, but in our self-consciousness concerning it. Too many parents suffer from inhibitions and feelings of shame and guilt in connection with sex impulses. With boys it is especially necessary to explain fully and at an early age what the man's function is in procreation. There is a tendency to over-emphasize the mother's rôle. It is extremely important, also, for parents to recognize in their maturing sons the potentiality of parenthood and its responsibility.

THERE ARE many important problems of adolescence which need to be dealt with carefully. Most of them have, of course, their beginnings in early training, but often they do not show until the time of maturing. The dominant mother, for instance, often does not become a problem in a boy's life until he is ready to leave home. Then the difficulty of making decisions when he is unused to such a responsibility becomes almost too great for the boy to bear and may result in all kinds of strange behavior. The mother who has concentrated her love upon her son at the expense of her husband may arouse in the boy a jealousy of his father. If the mother becomes too definitely his ideal of womanhood, it may be impossible for him ever to find a girl of his own generation who will fulfill his ideal. Many a jealous mother will not allow any other woman to play as great a part in her son's life as she has always assumed.

On the other hand, a boy's happy growing up depends quite as much upon his relationship with his father as with his mother. Every father is, or should be, his son's ideal of manly behavior. If he is not, the boy is going to be hard put to it to recover from his disappointment and to find a father-substitute in someone else.

So many things enter into an ideal relationship between father and son. Does the father expect too much of his boy? Does he show his disappointment when the boy doesn't live up to his expectations? This may happen, for example, when the father has excelled in athletics and the boy is, perhaps, in build and temperament more like his mother, and does not do so well in sports. How obvious it is that such circumstances may lead to suffering and often to a feeling of inferiority! If the father is ashamed of his son, because he is, in his estimation, babyish, he cannot bully him into manliness, but must help him by giving him frequent opportunities to show courage and sportsmanship, and to overcome whatever fears may be responsible for his childish ways of behavior. The father sets the boy's standards in sportsmanship and in manners. The habitual attitude of the father toward the mother and their real feeling for each other will do more to influence the son in his attitude towards women than will any other experience in his whole life.

IF THE PARENTS sincerely believe in continence before and in faithfulness after marriage, in a monogamistic ideal and in making a real success of their married life, let them talk frankly about it with their son. The boy who has not had the opportunity to discuss with some understanding older person the new sensations, impulses and desires which he experiences from his twelfth or thirteenth year on is almost certain to worry about them. He misunderstands the changes which are taking place. He feels ashamed of them but knows that it is not his fault. He is vaguely resentful. This feeling of guilt is deep-rooted and usually covered by a studied indifference. He thinks of sex as something apart from himself. Is it any wonder that he does not know how to meet his new experiences? If, at this time, masturbation becomes a habit it should never be considered by itself, but should be studied from the psychological as well as the physical side and the causes underlying it sought and dealt with. Sometimes it masks a feeling of inadequacy, a protest against subjection to his elders, a yearning to be more manly than he knows he is, or it may be the result of repressions from undue social restraint. He thinks this self-stimulation is wrong but finds it a habit hard to break. There is, of course, a variation in individual boys in this respect. To some boys maturity may come easily and with little emotional or physical strain. The modern attitude is that such self-stimulation may be a relatively natural response to a

stimulus but a non-constructive one, not evil, not a sin. A "short circuiting of a current," a habit which surely does not strengthen the character of the individual. Its chief harm lies in the ease of over-indulgence and the sense of inferiority which comes when he finds himself nagged by a habit which he would like to break but which he cannot yet control. A boy in this situation often indulges in secret brooding. Establish the kind of personal contact which will make it natural for him to tell you his troubles. Help him to see and understand them from a physical as well as a psychological point of view.

THE OBVIOUS DIVERSIONS to offer are: plenty of outdoor exercise, sunshine, a wise distribution of food, sufficient sleep, a minimum of over-stimulation and a maximum of cold water in showers, tubs or swims. Then find something in which he excels and develop that special talent as a curative outlet. A love of the deep woods and growing things, studying animals in their natural habitats, camping and other ways of getting close to nature, help many a boy over rough places.

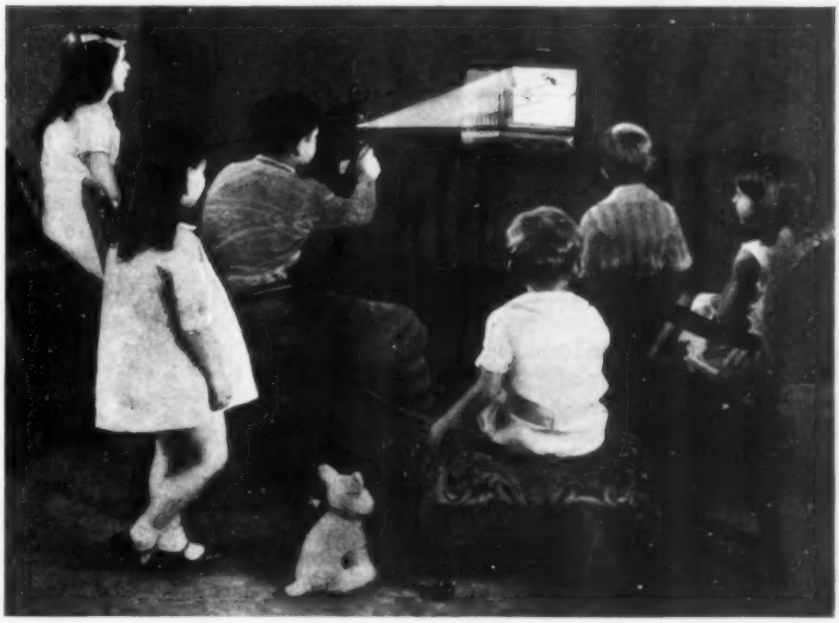
It is illuminating to watch a boy's interest turn, waver, then right about face as he goes from the game stage to the "girl age." Parents are apt to forget that it is important for boys to meet girls of the right kind at the right time and that a conscious effort must be made to accomplish this. If he can meet them in simple ways in his home or in theirs, there will be less self-consciousness and less of a tendency to hang about corners.

The so-called "problems" of adolescence include many things, from stammering, muscle jerking, habits, tics and so forth, to homesickness, terrific depressions, suicidal thoughts and the tendency to drown one's troubles in drink or to try to rise above and forget them in a temporary elation. Remember that the causes back of these outward symptoms are what should concern parents and not the fact of adolescence. The training and early environment of a child determine his reactions when faced by stern realities.

Over-indulgence along any line is a fault not confined to youth, but its effects are usually more spectacular at that age. That too many cigarettes "cut your wind" may be difficult to demonstrate scientifically but is given practical proof and credence by boys everywhere, and so they swear off while in training. Alcohol over long periods of time depletes cell tissues and has an effect upon the product of the sex glands. These two statements are serious enough to make youth halt, but they should also be made to realize that temporary loss of control and the mistakes which are made in even the milder phases of intoxication may have disastrous and far-reaching results.

Three things there are which parents can do for their children. First, they can give them a sense of security and sympathy. Second, they can teach them to be honest with themselves so that they will not resort to any of the supposed compensations or escapes rather than try to face and understand their needs and desires. Third, they can allow them a chance to be independent and free to lead their own lives when their time comes.

With this Christmas Gift there are YEARS OF FUN Ahead



PERHAPS the biggest problem of Christmas gifts for children is selecting one that is certain to hold their interest for months—even years—to come. You'll find a happy solution in Kodatoy!

Kodatoy is a movie projector for children—made by the world's largest manufacturer of home movie equipment. Kodatoy is strongly constructed . . . mechanically simple . . . perfectly safe. Any youngster can thread and operate it with ease.

There is nothing "toy-ish" about the pictures Kodatoy projects. They are clear and flickerless. A miniature theater comes with the projector and adds much to the fun of a playroom movie show.

Kodaplays are specially selected 16 mm. Safety Film subjects for use with the Kodatoy. They offer a wide range of instructive and entertaining subjects suitable for children. Kodaplays are priced at 30, 60 and 90 cents.

Kodatoy, complete with theater, costs but $12. When you visit a leading Kodak dealer, toy or department store—ask to see Kodatoy demonstrated. You'll recognize it as the ideal gift.

EASTMAN KODAK COMPANY

ROCHESTER, NEW YORK

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Mrs. Stadlman of Brooklyn, N. Y. and baby Barbara

What a Nursing Mother ought to know

YOUR doctor will tell you that the laxative ingredient of Ex-Lax is highly approved by the medical profession. Two important features suit it to the needs of the nursing mother—it is not absorbed by the system (therefore it does not affect the child) and it does not disturb digestion. Ex-Lax has many other good features—it is always safe, does not gripe, it is gentle, yet effective. And it tastes like delicious chocolate.

The following from Mrs. Barbara Stadlman of Brooklyn, N. Y., is typical of many of the letters that grateful mothers write us:

"We all know that a nursing mother needs the very best, and that anything the mother takes internally has effect on the child she is nursing. Does Ex-Lax harm either the mother or the child? Absolutely no! I have found out by experience. Ex-Lax cleans the system out and does it naturally. Ex-Lax does not upset digestion. I, myself, have found this to be true and I give credit where it is due."

No matter what laxative is now used in your household, you owe it to yourself to try Ex-Lax. At all druggists. Return coupon below for a free sample.

Keep "regular" with

EX-LAX

The *safe* laxative
that tastes like chocolate

Free SAMPLE COUPON

THE EX-LAX COMPANY, Dept. P.M. 120
P. O. Box 170, Times Plaza Station, Brooklyn, N. Y.
Kindly send me the free sample of Ex-Lax.

Name.....

Address.....

City..... *State*.....

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Preparing Your Child for Marriage

(*Continued from page* 14)

pushing the boy or girl out of the home into the school at the age of four or five, and giving him a minimum of association thereafter with the older generation may cripple the personality in another way.

Instead of being part of an organic group, the family, growing naturally year by year into the activities of this group until he reaches adult stature and is ready to make an easy transition into the formation of a similar group on his own account, the child is cut off from this elemental, biological form of education. He is thrust out into a little herd of individuals like himself, who know no more about the world than he does. Instead of developing under the example of the older generation, the little herd has no alternative but to make all the mistakes of human nature over again on its own account, as it learns by the wasteful method of trial and error. At adolescence, when there is a strong tendency to break away from the home, and yet a sympathetic association with normal patterns for future life, the herd is very likely to stop short and to remain permanently in a stage of arrested development.

THE FREQUENT CHARGE against Americans, that the majority possess an adolescent outlook on life, is probably traceable to a great extent to this removal of the child from the normal family life of old, and the substitution for it of exclusively herd influences in the school. Its manifestations are nowhere more disastrous than in married life. Everyone knows of marriages in which one partner or the other is still in an adolescent stage, emotionally, quite unable to progress to the normal adult level of lifelong devotion to partner and offspring.

Another form of emotional inadequacy which receives less attention than it deserves is the tendency toward a fixation of the affection on one of the same sex, instead of the normal affection for the opposite sex—in a word, homosexuality. How much this is purely emotional and the outgrowth of habit, how much it is constitutional and the result of unbalanced glands, is one of the most obscure problems in the whole range of human personality. Until proof to the contrary, parents are justified in proceeding on the theory that it is largely due to training and can be avoided by proper mental hygiene. Its prevalence, vastly greater than is generally realized, was brought out in a recent study by Katherine Bement Davis of 1,000 unmarried, educated women, 50 per cent of whom testified (anonymously) that they had recognized in themselves homosexual trends, 25 per cent of whom had outright homosexual experiences.

A normal social life during adolescence is probably the surest corrective for such a trend which, in small amounts, is a normal part of every person, but when exaggerated will tend to prevent happiness in marriage—indeed, to prevent marriage at all. "Crushes" between girls must be watched carefully and plenty of more satisfactory outlet given the tides of emotion at this period.

While coeducation is desirable in every way, it should be sufficiently specialized for the two sexes to emphasize in each one the distinctive sexual traits and bring out the best qualities that it possesses. The two sexes cannot be put on a plane of equality. Equality does not exist in nature: it is merely an imaginary concept of the mathematician. The two sexes are mutually dependent and complementary, and unless this fact is recognized and an endeavor made to develop in each one the valuable qualities which it alone can furnish to a mating, the result will fall short of what might be attained.

As a last type of emotional attitude to be mentioned here, I believe something is to be said for the old idea of inculcating a reasonable pride of family. Knowledge of one's own ancestry, and a desire to pass on to others the torch that one has received from the uninterrupted chain that stretches back to the beginning of life on the globe, is an excellent preliminary to successful marriage.

Turning to the physical equipment, I need hardly emphasize the importance of good health from infancy onward, but it is worth while to stress the dangers of overstrain on young girls during the period of puberty, because a widespread tendency exists to disregard the needs of the rapidly developing body at this time.

THE COMBINATION of bodily activity, mental strain in studies, and constant preoccupation with social affairs, which characterizes many intelligent and ambitious girls of high school age nowadays, seems not to be producing satisfactory results. One of the most widespread causes of sterility in marriage is an under-development of the reproductive organs. The studies of Samuel R. Meaker and others indicate that this originates in the adolescent period, when the infantile reproductive system is undergoing a rapid and striking transformation that makes unusual demands for energy on the whole body. Living too fast at this time checks the normal transition to womanhood.

The signs of this are often plain enough in delayed physical development, irregular menstruation, and the like, and if noted in time should guide the parent and physician. A competent examination should be a preliminary to engagement for all, and one of the things specially to be noted in young women of the educated class would be the presence of underdevelopment or infantilism. To delay marriage for years while absorbed in a business or professional career often makes the situation irremediable. Sometimes the administration of extracts of various glands of internal secretion will stimulate the normal development. Reasonably early marriage and pregnancy soon after marriage provide a much greater and more normal stimulus to overcome such delayed development.

Involuntary childlessness seems to exist in about one marriage in six, among educated persons at the present time, and this tragedy of infertility deserves the most careful consideration.

In addition to responsibility for the child's emotional and physical equipment for marriage, the parent must also provide the intellectual equipment. If he tries to pass this responsibility on to the public schools, he has no less the duty to satisfy himself that the schools are meeting the obligation satisfactorily.

THE INTELLECTUAL and emotional acquirements cannot be separated sharply, since the former usually involve the latter. They are grouped here as intellectual acquisitions merely for convenience.

Take the matter of getting along with people, for instance—perhaps the most important thing that one does in the world, and certainly the art which makes it most possible for people to live pleasantly and profitably, in marriage as well as out of it. How many schools give a practical course on "personal relations"? Yet the fundamentals of this art can be taught, as has been recognized ever since the beginning of educational history, and in co-education the pupil has a perfect opportunity to practice daily what he learns.

Here again the beginnings must be in the home; but by the end of the grammar school, or the early high school years, a course which would deal with the ways of getting on with people, and would include, naturally enough, the relations between the two sexes, ending with the selection of a mate, and marriage, would be feasible, extremely interesting, and of great advantage. It would represent a combination of mental and social hygiene and eugenics that ought to prove fascinating to any teacher with a little imagination. In one way or another it is already being attempted in many schools, and with marked success when the right instructor is chosen.

EVEN THE BEST COURSE of this kind must omit some necessary instruction that is too individual, or too intimate, to be dealt with in class, and here a sort of seminar or clinic must become available, to fit young people for intelligent marriage. This ideal has been put into practice in the Institute of Family Relations, of Los Angeles, which deals with every sort of marital problem, whether anticipated by those planning to wed or realized by those already mated. It is being followed by numerous others in the United States, all of them profiting by ten years' experience in Europe, where more than one hundred "bureaus for consultation on marriage" are now in operation, mostly official in character and maintained from tax monies.

Such institutions can fill any deficiencies which exist (and they are certain to exist in every case) in the knowledge needed for marriage; but they are consulted too late to meet one of the greatest needs of modern youth, namely, the need for a rational understanding of the customs of mankind concerning marriage and parenthood. Even the best school cannot meet this need entirely. Responsibility for the right start rests with parents.

A second article by Dr. Popenoe appearing next month discusses specific problems which parents face in bringing up the modern boy and girl.

1930 is the 150th anniversary of Walter Baker & Company

From the kitchen cupboard came an old family friend *to boost Bobbie's weight*

BOBBIE'S family lived in an old New England cottage which had been built in the days of Bunker Hill. Almost since then, Baker's Cocoa had stood in the cupboard.

Great, great, great grandmother had thought cocoa about the best drink in the world for a child's health and had served it regularly to her youngsters. So had great, great grandmother — and, in turn, many who had come since. And now, Bobbie's mother, finding him five pounds underweight, was following the up-to-date advice of the young family doctor—so once again Baker's Cocoa came forth from the kitchen cupboard.

Then Bobbie's weight started to climb. Soon it had reached the healthy side of normal.

Baker's Cocoa prepared with milk is a unique food drink with benefits needed by *every* child, by *your* child. This fact seems quite understandable when you learn its ingredients—all the food value of milk, plus the added nourishment of Baker's Cocoa itself. Each wonderfully flavored cupful contains a whole host of nutritious benefactors for the growing child—not only carbohydrates and proteins, but calcium, phosphorus—as well as vitamin A and vitamin B.

In a recent survey, 77% of the dietitians, professional nurses, editors of women's magazines said "Baker's Cocoa is best." It is roasted from the choicest cocoa beans that cargo ships bring across the ocean from the West Indies. Its blending is guided by matchless skill and knowledge which have taken 150 years to accumulate. That is why Baker's Cocoa is so delightfully rich in flavor. That is why its mellow, chocolaty goodness is just as much of a treat for grown-ups as for children.

Write for 60-page illustrated Cocoa and Chocolate recipe book: Walter Baker & Co., Dept. F-12, Dorchester, Mass. If you live in Canada, address: General Foods, Ltd., Sterling Tower, Toronto 2, Ont.

BAKER'S
Reg. U. S. Pat. Off.
COCOA

A Product of General Foods Corporation

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The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

This is the way

to get your children to drink more milk—and never know it.

Give them their milk as Junket. The disguise is perfect.

What child would ever suspect that in that deliciously flavored dish were all the valuable vitamins and mineral elements of milk unimpaired? What fun to *eat* milk with a spoon! And though it won't mean a thing to your chubby tyrant, this dainty milk-food is actually easier to digest than milk in a glass because of the enzyme* in Junket.

*The ENZYME in Junket is the means provided by Nature to bring about the first important step in the digestion of milk.

5 out of every 6 authoritative texts on child care recommend

Junket

REG. U.S. PAT. OFF.

and Milk

Partners in Health

Make Junket with either—Junket Tablets, not flavored or sweetened; or flavored Junket, easier and quicker to use, in six tempting pure flavors:

Vanilla Chocolate Lemon
Orange Raspberry Coffee

Accepted—American Medical Association

TRIAL OFFER

The Junket Folks, Dept. 1512
Little Falls, N. Y.
(In Canada, address The Junket Folks, Toronto, Ont.)

Please send me item checked below:

☐ FREE. Recipe Book of Delicious Desserts and Ice Creams.

☐ Trial package of flavored Junket, and Party and Painting Book, for which I enclose 10c (stamps or coin) to cover postage and packing. (If preferred, ask for Junket Tablets.)

My name.....
My address.....
City..... State.....
My grocer.....
His address.....
Does he sell Flavored Junket? Yes [ ] No [ ]

Five Rules for Happy Parenthood

(*Continued from page* 13)

misdemeans himself. Slowly perhaps, but surely, the pluses will gain upon the minuses. Discouraging days come now and then when perhaps the mother doesn't succeed in forestalling the baby's needs a single time all day. She is apt to become furious and disgusted. But if she has before her in black and white *proof* that such days are occurring less and less frequently she can keep up her courage, maintain her good humor, and go at the problem with re-enforced determination and patience.

Records are such fun—as you keep them, and later, too, to look back upon. The baby's vocabulary, for instance—it is thrilling to see it grow. Here again your paper tacked to the wall with a pencil on a string beside it makes record-keeping easy. Jot down every new word as soon as you first hear it. You have no idea how delightful it is to find that Baby has learned eleven new words this week, as compared with six last.

For all sorts of learning you can keep such records. As the child grows older each fresh accomplishment may be observed and recorded and the child himself thereby stimulated and encouraged as well as the parents.

RULE III. *React to your children objectively.*

I have sometimes thought that it would be a remarkable boon to humanity if someone could invent an anesthetic, to be administered to both the mother and father of every new-born child, which would induce quick and complete forgetting of their responsibility for the existence of that child! This would be in many ways a pity, to be sure, for a proper attitude toward this relationship is richly proud and joyous. To contemplate the fact that this marvelous little creature is actually one's own should be a source of that kind of awed and wondering pride which is close kin to humility. But unfortunately it is more likely than not to inspire a very different feeling—a pride that is all arrogance, and not humble, but possessive. And a possessive attitude is not at all conducive to good parenthood.

Every action of the child takes on false significance when the parent is consciously or subconsciously thinking of him as *"my child"!* When the child behaves in an undesirable way the parent is angered; the behavior takes on the character of a personal affront and inspires shame and resentment.

And does the child behave commendably, the possessive type of parent promptly takes unto himself the glory; he expands and gloats; his enjoyment is voluptuous. The praiseworthiness of the child becomes for him a personal satisfaction rather than a step in the child's development.

In neither case is this attitude wholesome, either for the parent or for the child. A naughty child cannot be dealt with effectively by anyone who allows his own personality to become emotionally tangled with the child's naughtiness. This is why it so often happens that an outsider—teacher. child specialist, perhaps even the proverbial maiden aunt or bachelor uncle—can quickly and satisfactorily solve some problem with which the parents have been unable to cope.

You will solve your child's problems sanely in proportion as you are able to regard him dispassionately, as a creature complete in himself, quite apart from his relationship to you. His excellence and his naughtiness should be alike problems in behavior, as interesting in the one case as in the other. If you can study a situation, discover causes and plan a campaign which shall result in the elimination of a bad habit and the substitution of some new form of behavior or new interest that is wholesome and desirable, you will then discover a gratification that is worth working for!

Parents should certainly consider child-rearing at least as thoughtfully as a business man considers his business—should think of it as a matter for study and for intelligent, calm and *rational* effort.

All of this does not mean that emotional values are to be disregarded. On the contrary! But the emotional pleasures of parenthood must not be allowed to befuddle the good judgment and skilled craftmanship of the parents. And the parent who reacts to his children only in emotional ways does not only impair his own effectiveness but he also cheats himself out of a great store of pleasures and gratifications which might be his through problems well solved and aims intelligently achieved.

RULE IV. *Don't submerge yourself in your children. Keep a life of your own.*

Everyone should have other interests, other avocations, if not actually other vocations. This warning is especially needed by mothers. When children are very small they require so much time and care that there seems to be neither time nor energy left over for anything else, and it is very easy to allow all one's other interests and activities to be completely submerged. This is a mistake.

Of course, some of these activities should go when children come. It is a wise mother who realizes that fancy cooking and sewing and elaborate entertaining and a host of similar matters which take time and strength can be dispensed with, while her children are small. Children are more important than these things and have a better claim upon the mother's energies; but the relinquishment of the old, unhampered life of the days before children came should be tempered with discretion. *Don't let it all go.* Keep in touch with such part of it as is really significant.

For babies don't stay babies always. Gradually they require less and less of their mother's time and strength. It is a tragic situation that so many middle-aged women slip into all unwittingly. The children no longer require the mother's constant and all-absorbing care and attention; they don't want it; they are positively resentful if she still attempts to bestow it upon them. And yet she, poor woman, has lost her whole

self in this accustomed care of them; she has forgotten how to do anything else!

The trouble lies in a lack of perspective. Parenthood after all is a more or less transient experience; its period of intensity is relatively brief, in terms of a lifetime. One should keep alive some other resource for the use and enrichment of life. Even when the children are small and most demanding, one will be a better mother if one is not entirely absorbed in them. Interest in the children is refreshed by a change. Keeping up some hobby, some vivid interest aside from the children, promotes content and patience—bolsters up the morale.

Then, too, one needs frequently to get clear away from the home situation—to escape physically as well as spiritually. Mothers should have their weekly half-holiday, at the very least. To do this is often difficult when so few American families are able to keep any sort of servant, but it is nearly always possible if there is sufficient determination behind the effort. An advertisement will usually discover a high school girl who will be glad of the opportunity to spend a few hours weekly caring for children and who will prove both inexpensive and devoted. Needless to say, she should be very carefully taught all of the details which will be required of her and should go through with them several times under the mother's supervision before she is ever left to manage them alone and on her own responsibility. And, too, much must not be expected of her. Train her to care for the children and then don't distract her by any other duties.

Even in the family whose funds are very limited it is the best of economy to purchase an afternoon of relief a week for mother. No matter how devotedly she loves her children, nor what pride she takes in their care, it is good for her to have at least this much escape. Incidentally, it's rather good for her family, too, to learn to get along now and then without her constant ministrations!

Sociologists of today are much perturbed over the seemingly imminent disintegration of the home, and one of the significant factors in this disintegration is the failure of the old-fashioned home to provide adequately for the fulfilment of the personality of the mother. It is therefore important that women should realize their own predicament of conflicting desires and impulses when it exists and should set themselves intelligently to the task of a satisfactory redistribution of their energies. For a solution of the problem of the woman for whom motherhood involves the thwarting of other fundamental urges will be the strongest safeguard to the integrity of the home and will contribute ultimately to the effectiveness of motherhood itself.

RULE V. *Enjoy your children.* Search for sources of pleasure in them and cultivate your own powers of appreciation.

Children are delightful. But not everyone is capable of taking delight in them, without some self-cultivation, any more than everyone is capable of the full appreciation of music or art without a certain amount of training. The principles already outlined are (*Turn to next page*)

"Look

WHAT I'VE FOUND!"

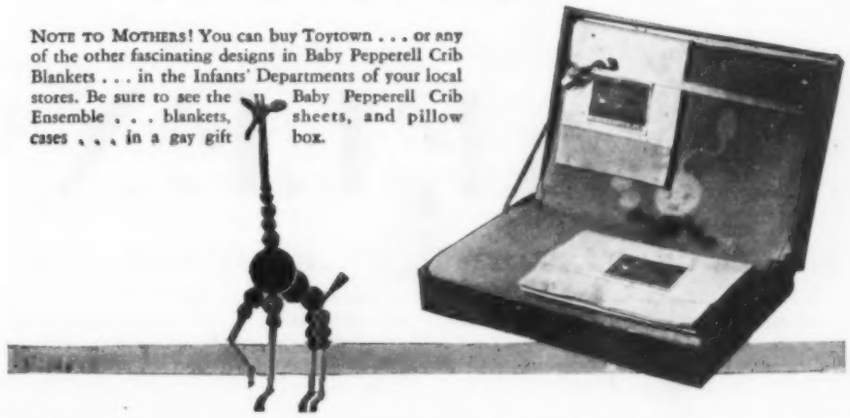
"A ROUND PINK TOE! I *have* got sensible parents! And something else, too. 'Xactly what I want for Christmas. It's a Baby Pepperell Crib Blanket. Peach color. With clowns . . . and elephumpts . . . and giraff-fes! They call it Toytown.

"It's such a soft 'n' snuggly blanket. I can't wait to get it. And I heard Nurse say there are sheets and pillow cases with borders to match. A whole crib en-semble! Now, that's a real gift for a baby!"

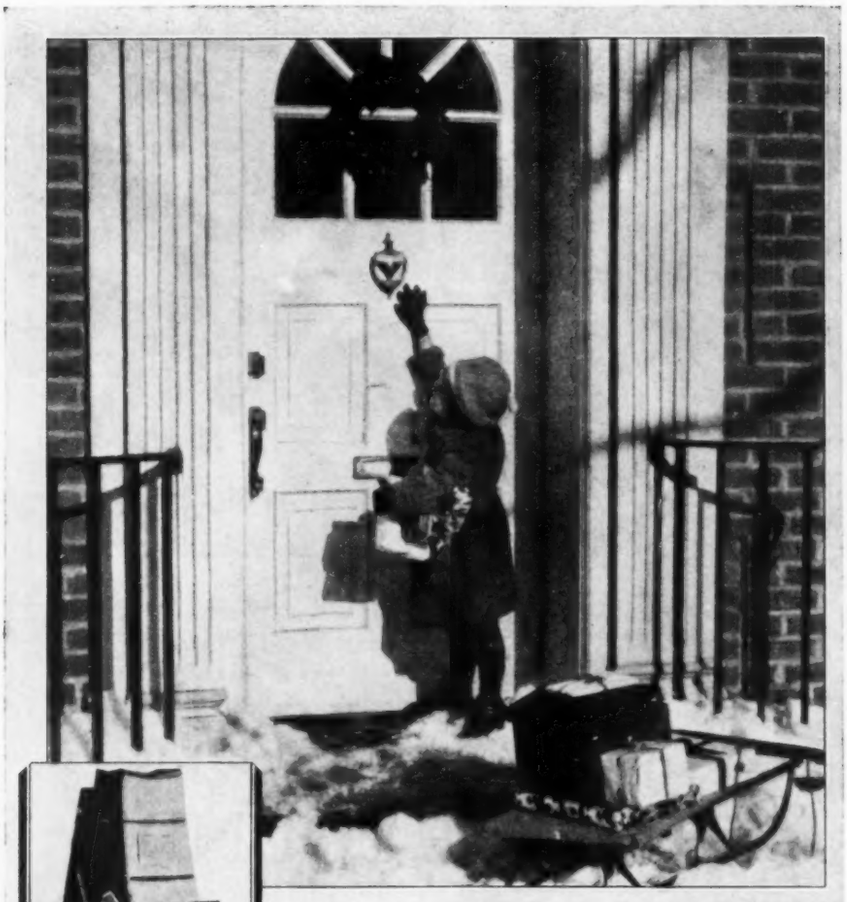
PEPPERELL MANUFACTURING COMPANY
Boston, Mass., General Sales Offices: 40 Worth Street, New York

BABY PEPPERELL CRIB BLANKETS

NOTE TO MOTHERS! You can buy Toytown . . . or any of the other fascinating designs in Baby Pepperell Crib Blankets . . . in the Infants' Departments of your local stores. Be sure to see the Baby Pepperell Crib Ensemble . . . blankets, sheets, and pillow cases . . . in a gay gift box.



The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.



This Christmas

. . . a Graflex!

For the Whole Family

GRAFLEX is different . . . superior. You see in the focusing hood a full-picture-size image of your subject in exact focus, up to the very instant of exposure. Fine lens, shutter fast as lightning, yet easy to operate — Graflex gets the difficult pictures — makes artistic composition easier, ends guesswork in focusing.

A Graflex Camera is a *continuous* present to members of the family absent from the fireside as well as those present — to Mother and Dad it is a source of real pride.

When children are young — a Graflex by all means! It's the Camera for capturing the most fleeting, most beloved expressions of swift-changing childhood — wonderful for artistic enlargements — real treasured mementos when mailed to the folks at home.

To youngsters in their 'teens a Graflex brings popularity as well as pleasure. Bob off at college — with the one camera for fast moving athletics. Sue at school or summer camp, able to take the finest of all the pictures.

Don't Put It Off! See Nearest Dealer Today!

GRAFLEX

FOLMER GRAFLEX CORP. . . . ROCHESTER, N.Y.

FOLMER GRAFLEX CORPORATION, *Dept. 85*, ROCHESTER, N. Y.
Please send booklet titled "Why a Graflex?", regarding the simply-operated camera that ends guesswork in focusing . . . to name and address on margin of this page.

Five Rules for Happy Parenthood

(*Continued from page 57*)

designed directly to foster joy in parenthood, but one can also train oneself to look for it directly. Sometimes we let ourselves become so submerged in the work and worry of parenthood that we forget to be happy in it!

Children are charming. They may not be pretty, nor dainty, nor even clean, but no normal, healthy young thing is without charm. It pays to set oneself to watch for this charm and notice it. This does not mean to become gushing or sentimental. Just enjoy the babies. Their very appearance is so delightful—the charming graceful contour of a little cheek, the softness and grace of tiny bodies, the grave earnestness of the childish eyes. Their behavior is charming, too—the comic clumsiness of a baby's walk, the quaint and unexpected ways in which children express themselves in speech and gesture, the seriousness with which they encounter every tremendous trifle in the day's experiences. Even their ridiculous little naughtinesses may be enjoyed. You can even, if you will let yourself, find pleasure in the utter ludicrousness of the bewrinkled countenance which a child presents when he cries! Such things as these are worth looking for, and the appreciation of them repays the effort to practice it.

A Boy's Outline of History

(*Continued from page 27*)

uphill places and there the first boat was built. Other boats were built with larger sails, and larger and larger and larger sails, and larger ships, and the sails got lower and the boats improved.

Then came the Greeks, who liked to trade with pots, stew-pans, swords, daggers and shields—sometimes tin cups and even pictures were traded. Then came the Romans. They did some of the trading, but not as much as the Greeks, and they didn't have as much columns in their houses as the Greeks did.

Then came the Italians. They traded a little, but with cups and daggers.

Dick paused. "Jacob was Abraham's son, wasn't he?" he asked uncertainly, interrupting the course of his narrative.

I wriggled out of that one. "This is your story," I said. "I'm just typing it, not answering questions. Go ahead."

Well, and then Jacob had Joseph and Joseph had Jesus. Jesus was born in a manger, which everybody knows.

Then the Norsemen sailed across Scandinavia, Ireland, Sweden, England, and Wales and made their terrible raids on the coasts and on North America, hundreds of years before Columbus was born.

Then came the ships that the English built. They built ships with the flag—the Royal George—and they had some decorated, and their sails were, and then——

Then Columbus was born. The people thought the world was perfectly flat, as the morons do, and everybody knows that, and Columbus was a clever little guy, and

he thought he would launch out and prove the earth was round, which he did: and O boy, and how!

I don't have very much to tell about the fifteenth century, so I'll go on to the seventeenth.

The people in England about in 1618—the king didn't want them to go to their churches but to go to his. They didn't like the idea and went away. Some people came out in ships and caught the English and took them back. They took them to Holland, where the people treated them kindly. The people didn't want to speak Dutch and didn't want their children learning it, so they came off over to America. Then the Indians didn't like the gunpowder and ran away, and then the great Thanksgiving feast was given.

Then the British wanted to tax the new people that came into their country and said they would have to mind what the king said. But they didn't. George Washington stepped out with his little hatchet and chopped down the cherry tree. And years later he went out into the world and fought the English.

The English went back, badly torn up, and thousands of people died there.

Then came Abraham Lincoln, who was very honest. He was always called "Honest Abe," and he was president of the United States. Some crooks came in one night into a theater and killed him.

Then came the full-rigged ship, larger and much better, and in the nineteenth century Teddy Roosevelt was president. Then came a very large and better steamship line called the D. & C. Navigation Co., which had some very good freight service in the lakes in the old years. Then came the C. & B. lines, and had a right to put a little dock where they were.

Then came President Taft and other presidents, then Calvin Coolidge—thousands voted and he was elected president. Then five more years later my dad let me write the history of the world and this is it. That's all.

THE "YOUNG VISITOR" climbed down off the stool. The spring air had touched him, as it had me, and a moment later I heard him in front of the house next door shouting, "Junior! Hey, Junior—come on out!"

I assembled the sheets that had fallen from the typewriter and looked them over. He seemed a little mixed on evolution—but probably many older people were unable to tell the story briefly any better. He was a bit sketchy with both the Greeks and the Romans, but there was something of an outline that could be filled in.

He hadn't forgotten to mention the first Thanksgiving feast. What boy wouldn't have been impressed by that? It seemed too bad he hadn't found something more to say of Lincoln than that he was honest, yet even that quality in the present state of politics is certainly worth mentioning.

And boats! He certainly was interested there. Maybe somebody could write a history of the world for boys in terms of boats, changes in navigation and so forth.

At any rate, his history of the world is colorful, filled with incident, with the essential drama of life and death and he is thoroughly interested in it.

But I didn't start out to point a moral or draw conclusions. Draw your own!

A "GROWN-UP" DELIGHT *that children can enjoy*

THIS Plum Pudding made with Knox Sparkling Gelatine is not the old-time, heavy-as-lead kind, but something entirely different—light and dainty—cool and sparkling—yet it has all the zestful flavor and yum-yum goodness of the pudding that made Old England famous—and made Christmas dinners annual events! Let the old folks "eat their fill", let the children revel in it. Even the invalid may enjoy the second helping without regret. Make this your most memorable Christmas dinner with a Knox Plum Pudding.

It is easy to make, too—so easy the young folks can prepare it.

In one package of Knox Gelatine there is enough gelatine to make this Plum Pudding and three other dainty dishes, for three other days, six servings of each. Why not try some holiday candies made with Knox Gelatine? Here is one candy recipe and others will be found in our Recipe Book.

CHOCOLATE PLUM PUDDING

(Illustrated) (*6 Servings*)

1 level tablespoonful Knox Sparkling Gelatine
½ cup cold water — ¼ cup currants
1 cup milk — 2 egg whites — 1 square chocolate
¼ cup nuts — ½ cup sugar — Few grains salt
¼ teaspoonful vanilla — 1/3 cup dates
½ cup seeded raisins

Soak gelatine in cold water about five minutes. Put milk with fruit in double boiler. When hot, add chocolate, which has been melted, mixed with a little sugar and milk to make a smooth paste (or use 3 tablespoonfuls cocoa). Add soaked gelatine, sugar and salt, remove from fire, and when mixture begins to thicken, add vanilla and nut meats, chopped, and lastly, fold in stiffly beaten whites of eggs. Turn into wet mold decorated with whole nut meats and raisins. Chill, unmold and garnish with holly. Serve with sweetened and flavored whipped cream, whipped evaporated milk, or with a currant jelly sauce.

KNOX DAINTIES (Candy)

4 level tablespoonfuls Knox Sparkling Gelatine
4 cups granulated sugar — 1 cup cold water
1½ cups boiling water

Soak gelatine in the cold water about five minutes. Place sugar and boiling water on fire and when sugar is dissolved add the soaked gelatine and boil slowly fifteen minutes. Remove from fire and divide into two equal parts. To the one part add three tablespoonfuls lemon juice and two teaspoonfuls lemon extract. To the other part add one teaspoonful extract of cinnamon, cloves or whatever flavor preferred. If peppermint is desired use one-half teaspoonful only. Any coloring desired may be added. Rinse out shallow pans in cold water and then pour in candy mixture to the depth of three-fourths inch and let stand overnight. Turn out, cut in squares and roll in powdered or fine granulated sugar.

KNOX *is the real* **GELATINE**

FOR DESSERTS AND SALADS

KNOX GELATINE, 103 KNOX AVENUE, JOHNSTOWN, N. Y.

Mail this coupon for your FREE copy of our Recipe Book showing many every day recipes and for the special collection of holiday recipes. Cranberry Salad, for example, is most unusual and extremely popular with hostesses, and mothers who like *healthful* ideas!

My name is_____

My address is_____

My grocer's name is_____

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

on Patrol

—in sleet and storm and snow to protect your child's health

THE three most severe months of the year are just ahead. Is your child in such healthy condition that he can resist colds, rickets, and other winter ailments? Or is he undernourished—below the normal in height and weight? Often retarded growth is due to lack of Vitamin B.

Vitamin B serves as a health-policeman who looks after your child's appetite. When he is off the beat, you have difficulty in persuading the youngster to eat enough food. Deficiencies in other vitamins result in rickets, scurvy, colds and other children's diseases.

How fortunate that today you have a convenient, dependable source of these important vitamins in Maltine With Cod Liver Oil. 70% is Maltine itself, a concentrated extract of malted barley, wheat and oats—rich in Vitamin B. The remaining 30% is vitamin-tested cod liver oil (Vitamins A and D). Taken in orange juice in adequate dosage (Vitamin C) this preparation *provides a sufficient quantity of the four vitamins (A, B, C, D) to promote health.*

Insure vitamin protection for your child throughout the winter. Keep a bottle handy in the kitchen cabinet, and stir it into the child's orange juice. And tests show that Maltine With Cod Liver Oil is much more palatable than plain cod liver oil.

Every mother should read the booklet, "The Doctor Talks About Vitamins." May we send you a free copy? The Maltine Company, 20 Vesey Street, New York City. Established 1875.

The A B C's of Vitamins

A "OFFICER A" *is essential to normal growth and helps protect against certain infections, especially those that attack the respiratory system. Maltine With Cod Liver Oil is a recognized rich source of Vitamin A.*

B "OFFICER B" *is most essential. Lack of Vitamin B results in loss of appetite, a cessation of growth, and the appearance of certain nervous disorders. Vitamin B (the Maltine vitamin) is found in abundance in Maltine With Cod Liver Oil.*

C "OFFICER C" *prevents scurvy. Orange juice is everywhere recognized as very rich in Vitamin C. That's why we recommend this policeman.*

D "OFFICER D" *is also necessary. A deficiency of Vitamin D causes rickets, that weakener of child bones. Sound teeth depend upon it. It is meager or lacking in all our ordinary foods. Maltine With Cod Liver Oil is rich in Vitamin D.*

On the RADIO
The Maltine Story Hour
every Monday afternoon at 5 o'clock (Eastern standard time) over WJZ and associated stations of the N. B. C.

Maltine
WITH COD LIVER OIL
Accepted by the Council on Pharmacy and Chemistry of the American Medical Ass'n

Heating the House

(*Continued from page 29*)

eliminated from radiators if supply valves with a venturi throat are used. There is a valve on each radiator which can be turned to the degree of heat required. In addition to easy control of the heat, a vapor system gets up heat quickly. Also, heat can be supplied with lower pressure than with steam when just a little heat is required in spring and autumn. An old two-pipe gravity steam system may easily be changed to a vapor system by a reliable heating contractor.

THE VACUUM SYSTEM is similar to the two-pipe gravity vapor system with the principal exception that a pump or condenser is used instead of an air eliminating and pressure equalizing device. With the vacuum system the house can be heated more rapidly and with a greater temperature range than with steam or vapor systems. Vacuum systems using vacuum pumps or condensers are desirable in very large houses or where there is a group of buildings with one central heating plant. They are rather an unnecessary expense, however, to install and operate in the average-size home.

The hot-water system consists of radiators and pipes through which hot water circulates. It gives constant heat and its temperature can be regulated by varying the intensity of the fire to suit weather conditions. With a banked fire in the furnace radiators retain their heat, preventing the rooms from getting very cold during the night when the windows are open. This makes it easier to get up in the night when necessary to attend to the children. But of course this retention of heat can also cause some discomfort when the weather suddenly turns warm. It is not considered as quick heating as most other systems, and much larger radiators should be used than with steam.

The old-style hot-air system with its furnace, cold-air intakes and ducts is familiar to most of us. It operates efficiently if properly designed and installed. While perhaps not as fool-proof as the other systems, it has the advantage of low installation cost. It is used with gas furnaces very successfully on the Pacific Coast, where weather conditions are not severe, and heat is principally needed during the evening and early morning. Electric push-buttons turn on the gas in the furnace. They are conveniently located in one or more rooms and specify full heat, medium and off.

The one-pipe or pipeless hot-air system costs much less to install than other systems. It consists of a furnace in the basement directly under a large grilled opening centrally located in the first floor. The hot air goes up through the center portion of the grille and the cold air enters the outer part of the grille to be reheated by the furnace. When required, an additional cold-air inlet in the floor is provided. It is only adaptable to small houses and preferably to those which have a second floor. It is fairly efficient but only so when all of the interior doors are kept open.

The warm-air pressure systems have the advantage of not only giving heat

but also of having humidity control and forced air circulation contrived in a single unit. In this system the cold air is drawn into the heater from air inlets in the first floor, heated by coal, oil or gas, mixed with moisture from an automatic humidifier and the warm, moist air is then forced by a fan into the ducts leading to the rooms. The cooler air drops to the floor, enters the air inlets and is recirculated through the heater. This system can be used in the hot, sultry summer days to make the weather more bearable by running the fan which will create a circulation of air throughout the house. One manufacturer, well known in the heating and ventilating field, has created a unit which not only performs these functions but also filters the air and has a humidifier which is kept constantly filled by means of a float valve. The humidity is automatically controlled by a humidistat in one of the rooms. This heating unit burns gas controlled by a thermostat.

IF YOU WISH to have the convenience of an automatically controlled heating system a thermostat is necessary. It is generally placed in the living room and can be set to the temperature desired. By means of an electrical device it will open or close the drafts on a coal or coke-burning boiler or, if gas or oil is used, open or close the supply as required to maintain the set temperature. It keeps the rooms heated at an even temperature without one giving personal attention to the drafts or valves.

When steam, vapor or vacuum systems are used, it is necessary to install radiators. They can be exposed or concealed in enclosures, but in the latter case the radiators should be larger. The four principal types of radiators used in house heating are the standard, the panel, the fin and a combination of the panel and fin types.

The standard type radiators are made of cast iron or pressed steel and have one or more vertical tubes or columns to each section. This is the most commonly used type and can be exposed to view or concealed in enclosures. The new style of standard type radiators have smaller vertical columns than the old style and are made with a flat top instead of rounded. They are also smaller than the old type for an equal amount of heat emission and therefore preferable to use.

The panel type radiators (see illustration) are made of cast iron in sections but are fastened together so that there are no spaces on the exposed side between the sections. This gives a pleasing effect when the window-sill is projected slightly beyond the face of the radiator. The valves or traps on a panel type radiator can be concealed with an enclosure at the bottom and sides of the radiator without cutting down its efficiency.

The fin type radiators are made with tubes of brass, copper or steel to which are attached brass or copper radiating fins similar to those used on automobiles. Radiators of this type, much smaller than the cast-iron ones, will give an equal amount of heat emission. This makes it possible to conceal them in the wall construction within a metal casing under windows or elsewhere. The bottom of the stack is left (*Turn to next page*)

Joy for their eyes

....and HEALTH *for their bodies*

DRUMS and dolls and soldiers and swords. That's Christmas morning. Tops to spin and trains to run. Little eyes popping with pleasure. So excited there's hardly a moment for breakfast.

But a moment will do—for there are bananas! The quickest, simplest, and one of the most nourishing breakfasts a child can have on Christmas or any other morning—*a builder of vitality.*

And your children's new building blocks spell a health message for modern mothers . . . Vitamin A, Vitamin B, Vitamin C. These are health-building vitamins that each mellow banana holds within its golden, brown-flecked skin. Minerals, too, that do their part in making the children of today into sturdy men and women of tomorrow . . . By all means give your little ones bananas. Don't force them to coax you. Remember, ripe bananas are a standing diet order of today's leading child specialists.

Our new booklet shows many beneficial and delightful ways to feed bananas to children, and to use them in your own meal plan. Helpful suggestions, recipes and entire menus. Send no money. "Bananas in the Modern Manner" is free.

BANANA
GROWERS ASSOCIATION

WRITE FOR THIS FREE BOOKLET

PM-12-30
BANANA GROWERS ASSOCIATION
17 Battery Place, New York City
Canadian Office:
1171 St. James Street West, Montreal, Canada
Please send new recipe and menu booklet, "Bananas in the Modern Manner."

*Name*_____
*Address*_____
*City*_____ *State*_____

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Train him now to tread straight to TIRELESS ENERGY..

WHAT a lot he demands of those two sturdy feet! Climbing, jumping, running—they must keep pace with his boundless energy. Life is busy and exciting, and days aren't nearly long enough!

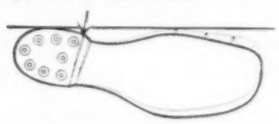
If you would secure for his future that same tireless energy which is his today, train him now to *tread straight*—train him to walk with toes pointed straight ahead. It is the way to glorious foot health.

Buster Brown *Tread Straight* Shoes are designed to train growing feet to walk as nature intended. They assure correct posture and normal foot comfort. Through a special patented feature they absorb the shock of contact with hard surfaces. They support the delicate arch as a bandage would—yet allow complete freedom for healthful development and exercise.

The Brownbilt retailer in your vicinity will gladly show you Buster Brown *Tread Straight* Shoes for boys or girls, in styles suitable for every occasion.

Brown Shoe Company
Manufacturers, Saint Louis

Also Manufacturers of Brownbilt Shoes for Men and Women



The Tread Straight Feature. Heel longer and slightly higher on inside, thus acting as a pivot and causing little feet to track straight ahead.

BUSTER BROWN
TREAD STRAIGHT
. . SHOES . .

Radio: Enjoy the Brownbilt Footliters in Rollicking Dance Hits, every Friday evening, N. B. C. (Blue) network. For time and stations, see newspapers and retailers' announcements.

For Boys and Girls from Infancy to College Age

Heating the House

(*Continued from page* 61)

open or covered with a grille for the entrance of cold air and another grille is placed at the top through which the warmed air enters the room. The illustration heading this article shows how well a fin type radiator lends itself to architectural treatment. It can easily be concealed in a wall and it is very efficient and causes the heated air to circulate.

The combination panel and fin type radiator has an exposed cast-iron front having vertical panels and with a fin type radiator in back which is encased with sheet metal at top, back and sides. The bottom is left open for the entrance of cold air and a grille is located at the top of the cast-iron panels and above the fin section for emission of air heated by the fins and the back of the cast-iron panel. The cast-iron front radiates heat into the room and the fins circulate heated air. It is neater than the standard radiator and considered more efficient.

Serious thought should be given to fuel and the means of burning it. Consider the cost and availability of the fuel and the equipment for combustion and the labor involved to fire it. The cost of fuels varies in different sections of the country. For instance, sections that have natural gas use this fuel because it is cheaper, and sections that have only manufactured gas generally use coal, coke or oil.

ANTHRACITE, or hard coal, is one of the most commonly used and cheapest fuels in the East. Its cost depends on the size of the coal, the larger sizes costing much more than the smaller, which is the reason for the increasing use of buckwheat-size coal. Buckwheat coal comes in several sizes, the No. 1, however, being most suitable for domestic use. To burn coal of this size, a boiler designed for its use should be installed. Such boilers are made with a hopper at the top which feeds the coal by gravity to sloping pin grates, one on each side of the hopper. Except in severe weather it is necessary to fill the hopper only once a day. For boilers or furnaces already installed, there are two ways of burning buckwheat coal. One is an electric blower attachment which provides sufficient draft to burn the small size coal by forcing air up through the grate. The other is to install an automatic stoker and blower. These are made with a hopper which drops the coal by gravity to a worm screw enclosed in a steel tube which conveys the coal to an under-feed firepot. The ashes are removed by a conveyor which empties them into covered cans. The conveyor and blower are operated by an electric motor, controlled by a thermostatic device which feeds the amount of coal required to maintain a set temperature. One of these stokers is made with a coal conveyor.

Bituminous or soft coal is not used for domestic purposes as extensively as anthracite. It requires more attention than the latter and its use is mostly restricted to the districts in which it is mined.

Coke has a high heat value, is a smokeless fuel, and is economical but is not commonly used due to its bulk and the need of more frequent firing than coal.

Oil as a labor saver has become a popu-

lar fuel. Satisfactory results can usually be obtained if oil burners are installed in boilers designed for burning coal. If the construction is all new, however, it is best to secure boilers specifically designed for oil burning. There are many different grades of oil burners and care should be exercised in the selection. Those that operate with practically no combustion noise are not apt to thoroughly burn the oil. Some noise must be expected with a good burner. An oil burner requires service the same as an automobile, therefore be sure that you buy from a well known and reliable agent in your locality. For best results use the grade of oil for which the burner is designed. In most localities small oil storage tanks within the cellar are permitted by local regulations. A buried tank near the curb having a capacity of at least 1,100 gallons is, however, preferable. Oil can then be easily delivered from tank trucks at a lower rate than when purchased by the barrel, offsetting the cost of the larger installation. The tank should be buried below the level of the burner to prevent flooding the cellar with oil in the event of breakage in burner or supply line. It should be provided with direct reading gauges to check the amount of fuel on hand. Since the automatic feature of an oil burner is apt to cause neglect in watching the water supply, the boiler should be provided with an automatic feed water regulator or a low-water cut-off. Periodic inspection of the burner should be made to be sure that it is functioning properly and that no leaks occur in the burner or supply pipes. Oil-burning equipment costs more than that for burning other fuels and oil generally costs more per season than coal. However, it requires little attention from the home owner.

GAS, AS WE ALL KNOW, is an ideal fuel, but its use has been limited in manufactured gas sections because of its high cost. In natural gas sections it is used for house heating, principally because it costs less than other fuels. Fortunately for the home owner the companies producing manufactured gas have found it is desirable to sell gas for house heating and have, therefore, materially reduced rates. Many gas companies also give preferential rates for gas used for hot-water heating and incineration if gas is also used for house heating. Gas is a fuel with a high thermal value and is easy to handle and control and is always available when wanted. The supply of gas can be automatically operated by a thermostatic device to provide an even temperature. Gas can only be used economically in a boiler or furnace designed for its use and it is, therefore, not advisable to convert a coal boiler or furnace to burn gas unless the gas rate is very low.

Insulating the walls and roof and weather-stripping the windows and doors will effect considerable saving of fuel and lessen the cost of the heating equipment. The saving will pay for the cost of insulating and weather-stripping the first year. The higher the fuel cost the more necessary it is to conserve its use. In severe climates it is worth while to install storm sash. In houses where the attic is not used, it is cheaper to insulate the second floor ceiling than it (*Turn to next page*)

Improve the taste of milk this way—

and your children will drink more of it

ONE of America's leading physicians says: "Two tablespoonfuls of Karo in a glass of milk not only improves the taste of the milk but *doubles its energy value.*"

This doctor's advice is valuable—for he knows children and he knows Karo. "Serve plenty of Karo to the kiddies—especially underweight children, in milk, on cereals, on sliced bread. Watch their weight increase!"

All children like the delicious flavor of Karo—it appeals to their "sweet tooth."

And—do you know why Karo is so splendid for children? Because each ounce of Karo contains 120 calories—the energy-giving value of Karo is nearly twice that of eggs and lean beef, weight for weight.

Free to Mothers!

"The Food of the Infant and the Growing Child" is a practical, helpful booklet written by one of America's leading baby specialists. Mail the coupon below for your copy.

CORN PRODUCTS REFINING CO.
Dept. P-12, 17 Battery Place, N. Y. City

Please send me my copy of "The Food of the Infant and the Growing Child."

Name _____

Address _____

Town _____ *State* _____

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Photo by H. Armstrong Roberts

YOUR CHILD'S BEST FRIEND—INVITE HIM IN!

Whole Sunlight—sunlight unshorn of its vital Ultra-Violet Rays, is the best friend Nature provides for your child. Those health-promoting rays stimulate his growth and tend to ward off dangers of disease. But the Ultra-Violet rays of sunlight cannot reach him through windows glazed with ordinary glass—for ordinary glass actually blots them out. By glazing the windows of his playroom or nursery with Helioglass—you can provide windows that will invite and admit the vital Ultra-Violet rays generously, effectively and permanently.

Let us send you full information—including results obtained in recent important tests of this guaranteed Ultra-Violet ray glass . . . Interesting data to discuss at your Parent-Teacher meeting, for Helioglass in school windows is a timely subject. Write today to Helioglass Department, Pittsburgh Plate Glass Company, Grant Building, Pittsburgh, Penna.

HĒLIOGLASS
ULTRA-VIOLET RAY GLASS

Heating the House

(*Continued from page 63*)

is to insulate the roof as it requires less material, and also prevents the escape of heat into the attic.

In many of the large cities there are architects' and builders' sample rooms which are not only for the use of architects and builders but also for those planning to build. The managers of these rooms will gladly assist any one with data and furnish catalogues relative to any of the systems or equipment described here.

The writer has tried to impress on the reader the necessity of having controlled heat which is properly humidified for the comfort and health of both parents and children. A correct choice is imperative, for after the house is completed mistakes can not be easily rectified.

So that the reader may have an idea of the comparative costs of various heating systems, estimates were obtained for furnishing and installing same in a two-story, nine-room house with a heated garage and laundry in the basement. The estimates shown in the following table may not hold good in other localities, as building costs vary considerably, depending on the location. Just because the reader may be building a house containing the same number of rooms, he must not believe that his equipment should cost the same, because the plan of his house and its construction may not be the same. The following table does, however, give some idea as to comparative costs.

Comparative Cost of Heating Systems

	About
One-pipe steam, standard boiler and radiators	$1,245
Two-pipe vapor, standard boiler and radiators	1,638
Two-pipe vapor, standard boiler, panel type radiators	1,718
Two-pipe vapor, standard boiler, fin type radiators	1,763
Two-pipe vapor, standard boiler, combination radiators	1,780
Two-pipe vapor, gravity feed boiler, standard radiators	1,395
Two-pipe vapor, gas-fired boiler, standard radiators	1,475
Warm-air pressure, coal furnace, fan and humidifier	975
Warm-air pressure, gas furnace, filters, fan and auto. humidifier	2,590

Most readers will be interested in the comparative cost of fuels given in the following table. They are all based on a boiler or furnace efficiency of 65%. The cost of the fuel will vary from that given, as boilers and furnaces have various efficiencies; for instance, gas-fired boilers and furnaces have a higher efficiency than 65%. Costs are given per 100 square feet of steam radiation per hour.

Comparative Cost of Fuel

Fuel	*Cost per 100 sq. ft. of s. r. per hr.*
Coke @ $8.00 per ton	$0.0105
Buckwheat coal @ $7.50 per ton	0.0108
Stove coal @ $14.00 per ton	0.0203
Oil @ $.08 per gal.	0.021
Manufactured gas @ $.60 per M cu. ft.	0.036
Natural gas @ $.40 per M cu. ft.	0.015

 The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Family Fun

(*Continued from page 36*)

or silvered with aluminum paint, or enameled in bright colors and sprinkled with dry gilt. The halves, with a piece of colored string or a bit of elastic attached for a handle, are then glued together and make gay decorations for the tree. Large pine cones may be decorated in the same way. Airy butterflies are made from tiny clothespins enameled white, with white or pastel organdie for the wings fitted into the slit of the pin and fastened. Daub the wings with glue and sprinkle them with artificial snow. Children will enjoy making also chains of gay-colored paper, long strings of popcorn, and stars cut from pasteboard and silvered or gilded.—*Mrs. G. E. G., Des Moines, Iowa.*

Gifts Children Can Make

HOBBY HORSE (for little sister or brother)—Have Mother or Dad help draw the picture of the head of a horse (side view, about twelve and a half inches high and with a little of the neck included) on heavy wrapping paper. Use this as a pattern for cutting two horses' heads from brown cloth. Sew the heads together, going over and over the edges with yarn or silkateen. Give the horse two button eyes, or embroider them on with yarn. Do not sew the bottom of the neck. Stuff the head with cotton. In the neck of the horse attach by means of cords the end of a stick about one yard long and sew up any open places remaining. A mane of yarn may be added. Then the horse is ready to ride.

VASE (for mother or sister)—Model from clay a flat dish with rounding edges. Paint and shellac will add to its beauty. The dish may have a center piece, made separately from clay and punched with a nail to make holes for holding flowers.

PAPER FILE (for Dad or brother)—Mold a weight, in any shape, from clay, and imbed in its center the head of a large nail so that the point of the nail stands upright to hold the papers. Finish with paint and shellac.

OILCLOTH APRON (for Mother, big sister or the baby)—First cut a paper pattern of a size to fit the person for whom the apron is intended. A rectangular shape sloped in at the top to make a narrow bib is easiest. Lay the pattern on the oilcloth and cut around it. Oilcloth may be obtained now in gay designs as well as in solid colors. Finish the edges of the apron with a running stitch in yarn or silkateen, or with bias binding in a contrasting color. Use tapes for the neck and ties. These aprons are especially useful for children to wear when painting or pasting and of course Mother always likes to have one of them in the kitchen.

STRING HOLDER (for Mother, Dad, Grandpa, or almost anybody)—Paint a tin box a pretty color. Punch a hole in the center of the box lid and run through the hole the end of the ball of string, which is placed in the box.—*Mrs. R. C., Horseheads, N. Y.* (*Turn to next page*)

There He Goes!

CHUBBY HANDS OUTSTRETCHED... blue eyes wonder-wide... steady, steady... there he goes... pit-pat, pit-pat across the floor. He's walking now... walking all alone. Your pride in his tiny step will grow with all the changes which come in making of today's toddler the man of tomorrow.

At toddling and runabout time, that's when Ralston Whole Wheat Cereal counts for so much.

Simply because Nature has crowded into its whole wheat goodness the things needed to keep little legs sturdy... busy little bodies fit ...pearly white teeth sound... and chubby cheeks rosy red.

Ralston Whole Wheat Cereal is the pick of Nature's sun-kissed wheat... nut-brown in color... granulated to give it a velvety creaminess. There's nothing added... just pure golden-ripe whole wheat unrobbed of any of its natural goodness.

Tomorrow morning let there be a hot bowl of Ralston Whole Wheat Cereal on the table at every place. It's as good for grown-ups as for the little folks. One spoonful of it and you'll know why everyone loves its sweet, wheaty flavor. You'll always know Ralston Whole Wheat by the Checkerboard on the package... you'll remember it by its natural sun-kissed whole wheat goodness.

RALSTON PURINA CO., 793 GRATIOT ST., ST. LOUIS, MO.

"FIND THE BOTTOM BOWL"
Little folks get a thrill eating from the "Find the Bottom Bowl." Just to find the happy bunny at the bottom of the bowl, they eat on and on until their cereal is all gone. Simply send 25 cents with one Ralston package top and a "Find the Bottom Bowl" will be sent to you by return mail prepaid.

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Add-a-pearl Necklace

The Everlasting Gift

As the star of hope shone out, the wise men rejoiced, knowing the Saviour had come. As they rejoiced, they were glad they had gifts to offer which were lasting gifts that were symbols of their faith and belief in the Bethlehem Babe.

And so the three wise men came out of the East, carrying their gifts of myrrha, gold and precious gems. Pearls were among them, a gift as old and lasting as the ages.

* * * * *

THE idea of giving pearls has grown with the years, and through the Add-A-Pearl idea, the "Gift That Lives and Grows," it is possible for girls to start a necklace of genuine Oriental pearls on a fine chain of gold.

Add-A-Pearls are gems of the finest quality. Their beauty like the loveliness of a girl, increases with the years.

The Add-A-Pearl necklace is truly an everlasting gift. Relatives and friends increase it on every gift occasion, with units of one, two, three or more pearls which are attractively mounted on cards in a gift box.

Why not invest in an Add-A-Pearl necklace for your girl this Christmas? One may be started for as low as ten dollars. Additional pearls are two dollars and more, depending upon the size of the pearl.

An initial ADD-A-PEARL NECKLACE, of 8 pearls on a fine gold chain may be purchased for as little as $10. Other prices range—$15—$20—$25 and more, depending on the size of the pearls. Group additions may be purchased from $10—single pearls as low as $2. Consult your jeweler.

THE ADD-A-PEARL COMPANY, Chicago

Add-A-Pearls are genuine Oriental Pearls

Add-a-pearl Necklace

Family Fun—Christmas Games

(*Continued from page 65*)

CATCH THE REINDEER—This is a variation of the old-fashioned "Drop the handkerchief." The players form in a ring. The player who is "it" represents the reindeer. He is given a string of small bells which he jingles as he runs around the outside of the circle. Also he carries a small stuffed stocking which he drops behind a player, who must pick it up and pursue him. The reindeer then attempts to steal the place of the person behind whom he has dropped the stocking. If caught before he can accomplish this, he must go to the center of the circle. In either case, the pursuer becomes the next reindeer.

TOYS—This is a good stunt for a teen age party. Write the names of toys on Christmas cards and then cut the cards in half so that part of the word will be on each piece. Pass one half to the boys and the other half to the girls. Couples are then formed by matching the cards and each couple is asked to pantomime the toy named on their card, for the entertainment of the rest of the guests. There might be a prize of a box of candy for the couple whose pantomime is voted the best. Such toys as an electric train, bicycle, baseball bat, fire engine, talking doll, and Jack-in-the-box lend themselves well to pantomime.

PACKAGE HUNT—This is conducted as an indoor treasure hunt. Each person is given a slip with a number and a clue to follow written on it. When the first clue is unraveled it will lead to the next one with the same number on it, which will in turn give a description of the next place where further directions will be found. The last hiding place reveals a package marked with the searcher's number. When all the packages have been found, they are opened before the rest of the group. They may contain inexpensive and comical gifts. The guests may hunt in couples.—*National Recreation Association.*

The 1930 Index Is Ready

A CLASSIFIED INDEX of all the articles which appeared in the 1930 issues of THE PARENTS' MAGAZINE is ready and copies will be sent to libraries and subscribers on request, on receipt of a stamped, addressed envelope. Since this last issue of the year fills the binder in which you have perhaps been saving your copies, you will be glad to know that we have new binders in brown fabricoid embossed with gold to match those of last year and the year before. The price is $2.00. If instead you wish to have your 1930 copies bound in a single volume, send them in and we shall have them bound for you in brown leather embossed with gold. The charge is $3.50 postpaid. Missing issues, when available, will be supplied at 25 cents each. Bound volumes complete with a year's issues will be furnished, while they last, at $5.00 each. Address: Bound Volume Dept., THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

I Am the Mother of a Behaviorist's Sons

(*Continued from page* 18)

children; but I resent it, for if every child had a decent knowledge of his own body and its functions, the facts of sex would assume a reasonable place in his life and perhaps be discussed, but certainly no more so than meals or games; in fact, in the case of our own boys, we find it as necessary to refresh their memories about childbirth and conception as it is to review their arithmetic after the summer vacation.

In some respects I bow to the great wisdom in the science of behaviorism, and in others I am rebellious. One grave reason why I am a very bad mother, behavioristically speaking, is because I am still somewhat on the side of the children. I am afraid the scientists tackled me too late in life to wholly recondition me, and I hang on to my adolescence with a vengeance. I cannot restrain my affection for the children completely; I secretly wish that on the score of their affections they will be a little weak when they grow up, that they will enjoy a little coddling once in a while, that they will have a tear in their eyes for the poetry and drama of life and a throb for all romance.

The respect in which I am the very worst behaviorist is because I too want to break all rules once in a while. As a child, I am sure I was very "ornery" and I have not outgrown it yet. I love to help the children tie up their father's pajamas in knots and put hair brushes in people's beds. I can scarcely resist the impulse at times to hide behind doors and jump out at people (I really control this one). I like being merry and gay and having the giggles. The behaviorists think giggling is a sign of maladjustment (adolescence), so when the children want to giggle I have to keep a straight face or rush them off to their rooms—but at that we get away with a lot!

TO CONCLUDE this little diary honestly, I must confess that my day dreams in respect to my sons often carry me years ahead, and like every fond mother I picture their futures. I cannot see what choice of a profession they will make, but I sincerely believe that they will be happy individuals no matter what comes their way. They will be free of false standards, envies and jealousies, for they don't exist for them now. They will not stand as moral judges against their fellow companions. They will work and get a kick out of it, and play and get a kick out of it. They will have no social inferiorities or superiorities, no overweaning vanities, but instead a self-confidence which will carry them through many struggles. They will have strong bodies and healthy habits, and will fight their own fights. They will know that life is a stunning drama and, no matter what happens, around the corner lies a new adventure. They will find love because they can give it and, above all, they will keep a sense of humor about this rollicking universe and laugh up their sleeves once in a while—especially at themselves. This is my fondest dream for my two small pieces of protoplasm.

Dr. Watson is helping 50,000 mothers to bring up happy children

50,000 mothers have read John B. Watson's two books. In two years, his PSYCHOLOGICAL CARE OF INFANT AND CHILD has become recognized as the standard work on child psychology. His BEHAVIORISM, which the *New York Herald Tribune* called "perhaps the most important book ever written," is the psychology of enlightened common sense. It has just been published in a new, revised edition.

Every family with growing children needs PSYCHOLOGICAL CARE as a handbook for daily use. To know the scientific principles underlying the modern psychological treatment of children, you should read BEHAVIORISM as well. Here are two books which give you knowledge instead of guesswork to apply to your biggest job. They help you to avoid mistakes your own parents made. That is why these two books bring happiness to the families that own them.

A Famous Psychologist Tells You What to Do When Your Child

—— tells lies
—— says "I won't"
—— flies into tantrums
—— fears the dark
—— sucks his thumb
—— is a "mother's boy"
—— is afraid of animals
—— will not eat certain foods
—— shows off
—— asks about sex
—— is a cry-baby

and scores of other problems that come up every day.

Recommended to you by scores of Noted Authorities

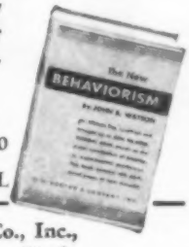
THE PARENTS' MAGAZINE:
"This book ought to stand side by side with Emmet Holt's *Care and Feeding of Children* on every intelligent mother's shelf."

THE ATLANTIC MONTHLY:
"A godsend to parents!"

GEORGE A. DORSEY:
"Two and a half million copies ought to be in circulation."

PSYCHOLOGICAL CARE OF INFANT AND CHILD, 195 pages. 16 photographs. $2.00.

The coupon below will bring you either or both of Dr. Watson's books.



BEHAVIORISM
308 pp., 23 illus. $3.00

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protect your child's
VITALITY

ALL colds have a tendency to rob the body of its precious vitality. Constantly *"dosing"* these colds with internal medicine often upsets children's delicate digestions and further reduces body strength. This paves the way for even more colds and serious complications.

Treat Externally

Wise mothers prefer the modern *external* treatment, Vicks VapoRub, because it checks colds 2 ways at once *without* "dosing." Just rubbed on throat and chest, Vicks acts through the skin like a plaster and, at the same time, gives off medicated vapors which are inhaled *direct* to the air-passages.

Follow Medical Practice

This better method of treating colds externally is in keeping with modern medical practice, which is steadily away from needless "dosing." As there is nothing to swallow, Vicks can be used freely, and as often as needed, *even on the youngest child.*

For Adults, Too

Used at first largely for children's colds, *adults* have found by actual use that Vicks is just as effective for their colds, *too.* Now a family standby for colds in over 70 countries.

VICKS VAPORUB

OVER 26 ~~21~~ ~~17~~ MILLION JARS USED YEARLY

When and How to Teach Good Habits

(*Continued from page 25*)

plan as an experiment. He helped make it and he is curious about the results.

Now, having a plan to talk over with one's husband is one thing, and catching one's husband long enough to talk over anything with him is another. Not the least difficult piece of household technique is finding a suitable time for your husband to have an office hour for his wife. I have tried ten-thirty and eleven P. M. for family conferences. I would recommend these as zero hours; also the moments just before dinner, or just as he starts to work. Each wife knows her own husband and must choose his most lucid interval, but in our household the half-hour between dinner and the children's story or singing hour has been the happiest choice. We have no car, or we might do our talking while driving. But we do have a porch swing and a large yard where the children are happy and contented, and we do our talking there while we watch the youngsters, or we putter about the flower beds, thinking on our feet.

These conferences are not just a series of daily difficulties carefully saved up to be retailed at this time. They are rather what my husband calls educational propaganda on the part of the wife regarding children and child problems in general as well as those concerning our own children in particular. It is his contention that every husband needs to be educated on the subject of children; for he sees them in much less quantity and detail than the wife does.

A VALUABLE WAY of presenting objective information about his children to a father is by a written record of the line-a-day type, regarding some special trait in the child which for the time being occupies the center of the stage. Even the mother making the record will not realize until she has taken notes over a consecutive number of days just how much clearer her conception of the difficulty revealed in her connected jottings has become. And the father, lacking opportunity for such connected observation, will be little short of amazed at the progress or regression of the trait as it appears in a week's record. If there is opportunity and he himself will alternate with the mother in taking records of the child's behavior, both parents will have a far more accurate picture of the total situation. One parent will see details to which the other is blind. If the mother has corrected a child at the table for some misdemeanor in eating, and the child snuggles over toward the father, who pats her hand, that incident would show up in the mother's record of it. It would never appear in the father's!

Sometimes, even when an adequate plan for handling the child has been presented to the father at a wholly auspicious time, his co-operation still has to be secured by means of his respect for the actual results you get with the children by means of the plan. This is more often true of the other adult members of the household, grandparents, older chil-

dren, maids and housekeepers, than it is of the husband. When a new adult comes into the household for a longer or shorter period it is perfectly useless to sit down and outline to him all your methods of procedure with the children and the theories back of them. Such a conversation is likely to resolve itself into a battle of opinions, the older generation versus the younger, with hurt feelings, if not negativism, on both sides. Unless there is actual and deliberate interference by the new adult between parent and child—and in such a case there is nothing to do but ask him to keep hands off—it is wiser for the time being to disregard his remarks from the sidelines either of approval or disapproval, and to continue with your own definite technique.

Excluding well-meaning grandparents and elderly uncles and aunts from participation in the child-training process isn't an easy thing to do, and it does require infinite patience and self-control. But as your results with the child begin to show up, it is delightful and astonishing to see the changed attitude of the adult. He is curious and interested in spite of himself, begins to ask questions and to imitate your technique. And then the time is ripe for outlining procedure to him, asking for his suggestions and in every way securing his active co-operation. My husband and I have tried this out with two sets of grandparents, three great-aunts, an aunt and uncle, and at least five student helpers and housekeepers, and it has worked every time!

Perhaps a word regarding our family helpers would not be amiss. We always try to secure either a keen-witted young person or an older woman with a semi-grown family of her own. Of the two types we prefer the latter, since her experience with her own children gives her a greater appreciation and understanding of child problems. At times this very experience has been a handicap, since it has made more difficult any necessary re-education to our methods of handling the children. Yet in spite of periods of strain or discouragement we have had in the end whole-hearted co-operation from those who have shared our home for varying periods of time, from the little ironing girl who wanted to borrow our printed feeding chart in order to convince her cousins that pickles and fried steak were taboo in the dietary of a fifteen-months-old infant, to the helper who appreciated the technique of "doing right by" one's child.

THIS HELPER, who had brought up five children of her own, once remarked, "You can't lay down rules for raising 'em. You've got to see what works with each child." I echo her sentiments with regard to the household management involved in securing extra time for the training of your child and the co-operation of your husband. There can be no blanket rules for the success of such projects. Each mother must find what plans work best with her own particular family group. But if in the planning and experimentation she frees herself from over-anxiety and a sense of undue pressure, she has won the state of mind necessary for "doing right by" her child.

For Baby's Happy Hours

YOUR baby will spend many a happy hour in a comfortable Heywood-Wakefield rocker such as the one shown above. It is a true Windsor style, made with all the skill and care of our adult-size Colonial chairs. The high chair (which matches the rocker) is sturdily built, designed to prevent tipping, and is equipped with an enameled food tray which can be easily removed and cleaned. You'll find a wide variety of Heywood-Wakefield juvenile chairs and rockers at the better stores, available in light baby colors or in mahogany and other standard finishes. To be sure of the best for your baby, look for the Heywood-Wakefield label, a mark of fine furniture for more than one hundred years.

Send 6 cents to Heywood-Wakefield Company, 209 Washington Street, Boston, Mass., for a copy of our new edition of "In the Life of a Baby," a helpful book for new and prospective mothers.

Heywood-Wakefield

makers of

Baby Carriages and Juvenile Furniture

The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Give Your Child a New World for Christmas

—the marvelous instructive world of microscopic life

WITH a New Gem Microscope your eager child can look into amazing new worlds. A drop of stagnant water reveals dozens of strange and wonderful living things. Miracles of Nature in a fly's eye, a bit of a butterfly's wing, the head of an ant, a leaf, hundreds of everyday objects. Entertains while it instructs. Makes your child envied by friends.

NEW GEM MICROSCOPE

Magnifies 75 to 300 times.
First time at such low price.

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Complete Kit, as shown, with Microscope included, $28.50
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City_____ State_____

Furnishing the Whole-Family House

(*Continued from page 31*)

gay kitchen colors, is just the thing to give to the kitchen. Or perhaps her present will be to the guest room, where a four-compartment box for the shelf in the closet (designed to accommodate shoes, lingerie, hats, gloves and handkerchiefs and covered in suede to match the room color scheme) will contribute to the comfort of the transient guest. Or she may select a small-size clothes hamper, just large enough for the guest's laundry.

The dining-room may receive a gift of a little mirror-glass pot of colorful and lifelike glass tulips for the table centerpiece, a pair of small pewter salt and pepper shakers on a wee tray, a set of breakfast knives, forks and spoons with handles of colored composition, or a new table pad, made in sections to fit exactly the top of the table and to protect it from hot dishes, spilled liquids, and to deaden the sound of the service of a meal.

Among the group of gifts which every child receives there should be at least one that is a decorative and useful addition to his own room. If this gift is something chosen with the child's tastes in mind (as a pair of dog book-ends for the boy or a brightly colored picture for the small child) it will not fail to develop an interest in the furnishings of his own room and will likewise be a gift of which he will be as appreciative as he will be of more frivolous presents.

PICTURES for children's rooms are much more artistic and imaginative than they were some years ago. A series of small pictures, measuring about two by four inches, which are especially suitable for use in children's rooms are made of a composition which resembles wood in thickness and in durability and yet has a glass-like finish. The subjects of these small pictures are chiefly animals, dogs of different breeds, etc., and are in color. These may be arranged on the wall in effective groups of three. A new method of water-color printing that portrays brush strokes with particular accuracy is used in a group of prints designed for children. Mother elephant, putting her child to bed, is an especially popular subject. Brightly colored lithographs of poster type, actually done by children, are framed in colored lacquer and are amusing and gay.

Book-ends to hold picture books and story books in place on the nursery table are shown in amusing new designs. Hansel and Gretel in heavy glazed ivory china, tinted with red, sit back to back against the books. A new version of the dog book-ends is a series of kennel book-ends with wee metal scotties, setters, or wire-hairs, playing about at the kennel entrance. These are in color and the outline of the kennel stands out against the books. Solid brass book-ends are indestructible and their weight is a good feature. New ones in the shape of penguins, a group of palm trees, or a pair of dogs waltzing, are cleverly designed.

A gift of furniture will seem very important and grown-up to the child, and a handy cabinet for blocks and toys which

AMERICAN FLYER Trains—

Provide Fun the Year Around

Over 7½ million proud and happy owners have chosen American Flyers because of some of the following exclusive features: Actual reproductions of "crack" *American* Trains—*new* Steam and Electric type Locomotives that *outpull all others*—Remote-Control-Reversing and Bell Ringing Locomotives—Cars have *real* Brass Window Trim and Fittings—Longest and Heaviest Freight Cars—and many other features.

Mail the coupon *today* for the big *free* 48 Page Train Catalog. The complete line of the *newest and finest* American Flyer Electrical and Wind-up Trains, Equipment, Airplanes and the famous Structo Automobiles shown in actual colors.

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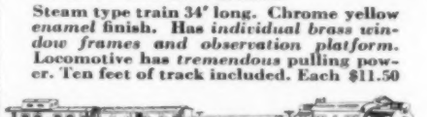
ASK to see these new American Flyers at your Dealer's. Train book shows 16 Narrow Gauge Trains, 20 Wide Gauge Trains and complete railroad equipment.

No. 1312—The VANGUARD
This 21' long train is finished in brilliant red *enamel*. Has *solid brass observation platform and canopy, window frames, doors and journal boxes*. Locomotive has headlight. Seven feet of track. Each . $7.00

No. 1319—The IRON HORSE
Steam type train 34' long. Chrome yellow *enamel* finish. Has *individual brass window frames and observation platform*. Locomotive has *tremendous* pulling power. Ten feet of track included. Each $11.50



No. 1324—The DISCOVERER
***High speed* 40' long freight. Locomotive has *reversible motor* and *double headlights*. Caboose has *electric light*. Locomotive and cars are each *9' long*. Entirely finished in bright automobile *enamels*. Twelve feet of track included. Each $15.00**

No. 1329—The MAJOR LEAGUER
***A complete railroad system. Four car* train is 45' long. Powerful locomotive has *reversible* motor. Includes Water Tank, Semaphore, Flashing Signal, Station, 12' Tunnel and twelve feet of track. Ea. $17.50**

Western Prices Are Approximately 10% Higher

"American Flyer"
Transformers Electric Trains Mechanical Trains

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Please send me your 48-page, colored Train Book Free.

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Address.....

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is well-finished enough to appear in the living room is a practical addition to the furnishings of that room. Such a cabinet, tall and narrow, with divisional shelves at the proper spacing for books, magazines and toys, is available in solid maple and will fit into any room in which colonial pieces are used. Because of the importance of this gift, and because it will be used by all of the children in the family, it might be presented by father and mother to the children.

A GIFT for his very own use in the bathroom will also seem important to the child. Juvenile ensemble sets of two towels, two face cloths, two bibs, one bath mat and one play mat, all decorated with the figure of the beloved scottie woven into the fabric, are attractively shown in several colors, such as peach and white, jade and white, turquoise and white. These sets may be had with five, six or seven pieces.

The closet is a spot to which the child's attention should be drawn pleasantly as often as possible. With a set of elephant-head hangers, the child will have a renewed interest in hanging up his clothing. These elephant heads are of ivory, mounted on panels of walnut, or ivory enameled wood, and the elephant's trunk serves as the hook. A longer panel has a bar passing from the trunk of one elephant to that of another and may be used as a towel or tie rack.

A lamp which will delight a boy is the replica of a swinging marine lamp, made of pewter and having a shade decorated with sailing ships. This may either be hung against the wall, as in a captain's cabin, or used as a desk lamp. Another type of lamp especially appropriate for a boy's room is the little lamp of military spirit. There are two types, one simulating a West Point cadet, the other an Annapolis midshipman. These lamps are of wood, painted in the correct colors, with shades of parchment paper, each appropriate to its base, one decorated with an anchor, the other resembling a drum. A glittering lamp which is smart for the infant's room has a bowl base of crackled glass in gold, blue, or silver, and a decorated parchment paper shade with star and crescent design upon it.

THERE is no reason why the youngest member of the family may not have his share of practical gifts and a cereal set for the infant is an excellent choice. The three pieces consist of cereal dish, cup and pitcher, and one which may be had in pink, blue, yellow or white is decorated with a row of chicks. Play sets of waterproofed materials are both attractive and sensible gifts. A pad which folds into compact size has straps for carrying and pockets for accessories. This opens out into a good-sized pad upon which the child may play on the floor. A pillow with strap handles, of a size which the child may carry himself, is equipped with pockets which will accommodate his picture books when he goes calling. Another set consists of a play rug, pillow, and small footstool with handles. All of these articles are made in waterproof material and decorated with embroidery or appliqués of squirrels, bunnies, ducks, dogs, kittens and pigs.

"Santa Claus Doesn't Enjoy His Work Any More than I Do"

Hello Kiddies:

Just think, it's only a few weeks until Christmas. Santa Claus is certainly going to be a busy man this year. I am having as much fun building Hustler Toys for him as he will have giving them on Christmas Eve. I am working night and day to fill his orders but I enjoy it so much I don't seem to get tired at all.

Have you made a list yet of the things you want Santa to bring you? Did you ask for any Hustler Toys? I tell you what you do! Have Mother write your name and address below and mail it to me. I'll send you some colored pictures of my dandy toys and then you can ask Santa for the ones you want.

Lovingly,
Uncle Bill Hustler

Here is a list of some of the toys and games I am making for Santa Claus this year:

Hustler Ducky Racer
Hustler Pup
Hustler Kids
Sambo Hustler
Billy Hustler
Hustler Baseball
Hustler Football
Hustler Beads

The booklet has colored pictures of all these and many more of my toys. Be sure to send for it. Use the coupon.

HUSTLER
Lifelike TOYS Instructive GAMES
IN TOY DEPARTMENTS EVERYWHERE

UNCLE BILL HUSTLER,
Dept. PM-6, Hustler Toy Corp.
Sterling, Ill.

Kindly send colored picture booklet of Hustler Toys. I am enclosing 5 cents (5c) in stamps (or coin) to cover cost of wrapping and mailing.

Name .....
Address .....
City ..... State .....
I am.....years old. My birthday is.....

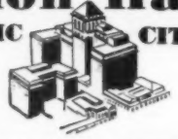
The above is a CERTIFIED ADVERTISEMENT. See page 98 for Advertising Standards.

Christmas is a happy time

COME DOWN to Chalfonte-Haddon Hall for Christmas. Here Christmas is a happy adventure that lasts all day long. It is full of delightful surprises for everybody. Carols in the morning. Filled stockings on the doorknob. A family turkey. Wreaths. Garlands gay and festive. Here is all the charm of a Christmas at home, all the gaiety, all the comfort and friendliness . . . without the trouble and the attendant exhaustion. In addition, there is the beauty of the sea, the crispness of the air, the brilliance of the winter sun. Write for rates and literature. There is a Motoramp garage. On the ocean.

American and European Plans

Chalfonte-Haddon Hall
ATLANTIC CITY



LEEDS AND LIPPINCOTT COMPANY

Good Movies and Bad

(*Continued from page 38*)

—culminating in maudlin sensationalism of a riotous ball in storm-tossed Zeppelin, hundreds of guests parachuting safely to the ground. Roland Young's clever humor and some good acting by Kay Johnson only interesting features. (E) *For A:* Hardly. *For Y:* By no means. *For C:* No.

MELODY OF THE HEART, with German cast (*UFA*)—A notable picture from abroad—dialog in both German and English — telling charming love-story of peasant girl and army officer in authentic sets and beautiful backgrounds of Budapest and the Danube. Fine acting, subtle direction and unusual camera work make it richly worth intelligent viewing. (E) *For A:* Interesting. *For Y:* Beyond them. *For C:* Beyond them.

MOBY DICK, with John Barrymore (*Warner*)—Talking version of Melville's classic. Ahab, maddened with hatred for the sea monster that tore off his leg, pursues the beast with insane fury through all the seas. Finally capturing his prey, he returns home to find his faithful Penelope. Filled with realism and gruesome thrills. (E) *For A:* Excellent. *For Y:* Good if not too strong. *For C:* No.

THE OFFICE WIFE, with Dorothy Mackaill and Lewis Stone (*Warner*)—Rather pernicious, and otherwise rather dull, story of a secretary (well played by Dorothy Mackaill) who starts out deliberately to win her boss away from his newly wedded wife—and succeeds entirely. One of industry's impertinent and unwholesome offerings to America's young people. (E) *For A:* Mediocre. *For Y:* By no means. *For C:* No.

PARDON MY GUN, with George Duryea (*Pathe*)—Another Western comedy film with nothing new or important to say, but the clean action, and excellent riding and roping stunts will probably prove highly entertaining for children. (UE) *For A:* Mediocre. *For Y:* Yes. *For C:* Recommended.

THE PAY OFF, with Lowell Sherman (*RKO*)—Another masterful crook picture of Sherman's deft, artistic creation, needing no sex, undue violence, or cheap thrill devices usually employed. Exceedingly smooth, colorful action and character work of high class criminals, but the ethics are badly distorted—only two honest characters, the young boy and girl, lie like veterans to protect the crooks. (E) *For A:* Interesting. *For Y:* Doubtful. *For C:* Doubtful.

THE PLAYBOY OF PARIS, with Maurice Chevalier (*Paramount*) — Unobjectionable farce-comedy with Chevalier as waiter in humble cafe. He inherits wealth, is tricked by his boss into keeping his job, but masquerades in off hours as gay young bachelor of the night clubs. Amusing complications, but much of the fun is too crude and obvious to be worthy of Chevalier's talents. (E) *For A:* Only fair. *For Y:* Amusing. *For C:* Amusing.

THE PRINCE OF DIAMONDS, with Ian Keith and Aileen Pringle (*Columbia*)—A theme of adventure laid in England and China. Retribution follows on the heels of the villain, and freed from misunderstanding, the lovers are united. It is fairly entertaining. (U) *For A:* Passable. *For Y:* Fair. *For C:* Harmless.

THE SANTA FE TRAIL, with Richard Arlen (*Paramount*)—Above average Western of Spanish Southwest in Indian days, with more real story, comedy, and character interest than usual. Movement slow and fairly convincing, yet with fine suspense and thoroughly adequate thrills. Smooth villain, healthily detestable—hero appealing though very amateurish in his acting. (E) *For A:* Good of its kind. *For Y:* Entertaining. *For C:* Good if not too exciting.

SCARLET PAGES, with Elsie Ferguson (*First National*)—Intensely dramatic courtroom drama. Mary Bancroft (Miss Ferguson), a lawyer, successfully defends a dancing girl, accused of murdering her supposed father. In tracing the reason for the crime, which is justified by the court, the girl is identified as adopted by the murdered man but in truth the daughter of her defending lawyer. Ending with the acquittal of girl and happiness for all. (E) *For A:* Very good. *For Y:* Better not. *For C:* No.

SCOTLAND YARD, with Edmund Lowe and Joan Bennett (*Fox*)—Crook melodrama of mistaken identity, straining credibility because of impossible achievements of plastic surgery. No objectionable sex-stuff or violence, but hero's crookedness remains unpleasantly chronic even when his own interests and inclinations invite reform. Well acted but of little value. (E) *For A:* Passable. *For Y:* Perhaps. *For C:* Hardly.

THE SEA GOD, with Richard Arlen (*Paramount*)—Adventure of South Seas. Feud between hero and crooked trader, who vie over one girl and race in search of pearls. Cannibals attack hero's ship, but when he appears in diver's suit

NEW BORZOI BOOKS for BOYS and GIRLS

THE PAINTED PIG
By ELIZABETH MORROW
Illustrated by René d'Harnoncourt
The attempt made by two little Mexican children to buy a toy pig. Ages 5-10 $2.00

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A NEW BOOK FOR BABIES

The First Picture Book

Photographs by EDWARD STEICHEN

Prepared by Mary Steichen Martin

THIS is an entirely new idea in books for babies who are too young to talk and are learning by seeing.

The beautiful photographs by Steichen, the great modern photographer, are of real things that babies know and want to call by name - the doll, the telephone, the mug of milk, the Teddy Bear.

It has delighted mothers who despaired of finding a first book with pictures really recognizable to the one and two year old. It has been successfully tested and endorsed by nursery schools.

HARCOURT, BRACE & CO.
383 Madison Avenue, N. Y.
$2.00

natives worship him as a god. Trader arrives, captures girl and treasure, but is killed by natives. Full of excitement and romance. (E) *For A:* Interesting. *For Y:* Perhaps. *For C:* Doubtful.

THE SEA WOLF, with Milton Sills (*Fox*)—Another super-brute melodrama of Eastern water fronts and open ocean—packed with fights and gratuitous cruelty—with particularly grim ending. Best bits of real acting and human appeal are when the Sea Wolf is not in the scene. Some good work by Jane Keith and Raymond Hackett. (E) *For A:* Hardly. *For Y:* No. *For C:* No.

SINNERS' HOLIDAY, with Grant Withers (*Warner*)—Poor imitation of better crook pictures—group of very common people and criminals trying to cheat a living out of the Coney Island public. Usual wisecracking dialog throughout, drawled through the nose and the corners of the mouth, by Grant Withers especially. Painful or amusing, according to the spectator. (E) *For A:* Worthless. *For Y:* No. *For C:* No.

SWEET MAMA, with Alice White (*First National*)—Another version of the overworked racketeer and night club theme appears in this unimportant picture. Due to clever direction and adequate acting it is fairly engrossing melodrama. (U) *For A:* Mediocre. *For Y:* Not recommended. *For C:* No.

SWEETHEARTS ON PARADE, with Alice White (*Columbia*)—Poor imitation of the girl-in-love-with-sailor films, with complications from the doubtful intentions of a wealthy rounder—and Alice White and Marie Prevost to furnish the sex appeal. (E) *For A:* Worthless. *For Y:* No. *For C:* No.

TEMPTATION, with Lois Wilson (*Columbia*)—The story of a weakling who broke his parole from the penitentiary. Love presumably assures complete reform when he will be released after paying the penalty. (U) *For A:* Ordinary. *For Y:* Not recommended. *For C:* No.

THREE FACES EAST, with Constance Bennett and Eric von Stroheim (*Warner*)—Fairly good war-spy story for those who like that sort—reminiscent of "Inside the Lines"—English girl posing as German spy outwits and kills German-spy-villain. Suspense and thrill, but not a notable picture. Free from objectionable scenes or suggestions. (E) *For A:* Fairly good. *For Y:* Thrilling and entertaining. *For C:* Perhaps.

TOP SPEED, with Joe E. Brown (*First National*)—Cheap and silly hash of incessant wisecracking, and more or less risque dialog and situations. Potboiler farce. May amuse those who think Joe Brown is funny. (E) *For A:* Cheap. *For Y:* No. *For C:* No.

WHAT A WIDOW, with Gloria Swanson (*U. A.*)—Negligible plot of a gay and unsophisticated widow spending her newly acquired millions, pursued by suitors and in turn pursuing the suitor of her choice. It is absurd, even slapstick, moving at so rapid a pace at times that dialog is lost and only noise accompanies the action. There are gorgeous clothes, lovely sets, and bits of excellently directed action. Miss Swanson's songs are musically charming. It is sophisticated, and then again just slapstick—a curious production which is hilarious at times. (UE) *For A:* Perhaps. *For Y:* Not recommended. *For C:* No.

WHOOPEE, with Eddie Cantor (*U. A.*)—Screen musical comedy at its near best—all color, and pleasing color—lively, elaborate, varied—songs and beautiful chorus dancing well done, showing Ziegfeld's "taste" as director. Ideal role for Cantor who supplies in some speeches the only risque or vulgar touches. 95% wholesome, and the 5% not offensive. (E) *For A:* Excellent of its kind. *For Y:* Excellent of its kind. *For C:* Amusing, probably harmless.

Santa Keeps the Pace

When I was four,
My daddy said
That Santa came
In a reindeer sled.

When I was five,
I heard him explain
That Old Nick traveled
By aeroplane.

When I was six,
Dad said with a grin
That Santa Claus used
A zeppelin.

Now I am seven,
And I just know
This year he'll come
By radio.

A. S. Flaumenhaft.

Leaves from two Diaries

DECEMBER 1, 1929

I wish my husband would put part of my Christmas gift money into life insurance. It would help start a retirement fund, which would give us a jolly, care free time together some day. And how I'd bless him for making things safe for me, if I ever have to face the world without him!

DECEMBER 5, 1929

If I were sure it would please her, I'd invest part of her gift money in life insurance

John Hancock Mutual Life Insurance Company of Boston, Massachusetts

Inquiry Bureau, 197 Clarendon St., Boston, Mass.

I'd like to know more about how a gift of life insurance can help to make all her future Christmases happy ones.

Name.....

Address.....

P.M.

The "Write" Gift for the Children

Individual Name PENCIL SETS $1.00 Post Paid

"De Luxe" genuine embossed leather case, coin pocket, gold trimmed as illustrated. Fine ruler, penholder and colorful assortment of pencils. *Any name engraved in 18 Kt. Gold.* Point Protector and Sharpener included.

SUPREME IN ITS CLASS

FOR ADULTS—Twelve Pencils in beautiful gift box. *Any name engraved in 18 Kt. Gold.* $1.00

Send Cash, Check or Money Order

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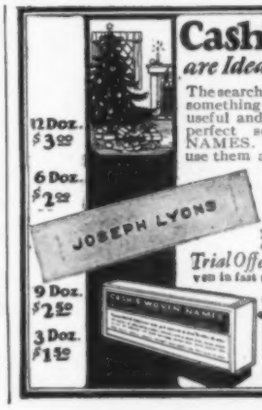
122 Fifth Ave. New York City



Cash's Names *are Ideal Xmas Gifts!*

The search for something unique, something different, something useful and inexpensive finds its perfect solution in CASH'S NAMES. Many of your friends use them and know they are the ideal way to mark all linen and clothing. Give CASH'S NAMES to everyone on your Xmas list this year. *Order from your dealer or write direct.*

Trial Offer Send 10c for one dozen of your own first name woven in fast thread on fine cambric tape.

J. & J. Cash, Inc.
140th St. Sec. Norwalk, Conn. or 6413 So. Gramercy Place, Los Angeles, Cal., or 110 Gray St., Belleville, Ont.

The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

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So Youth May Know

New Viewpoints on Sex and Love

by

ROY E. DICKERSON

High praise for the splendid contribution this book makes to an understanding of all phases of conduct concerning sex comes from many authorities on the subject.

Religious educators, social and mental hygiene authorities widely endorse and recommend it as a guide to the sex education of youth. The social problems of love, courtship and marriage are fearlessly and frankly disclosed with undeniable profit to the reader.

So Youth May Know is a wholesome, reverent, yet revealing message to perplexed parents.

$2.00 *at your Bookseller or direct from*

ASSOCIATION PRESS

347 Madison Ave., New York

Every Home with Children needs the New PAL TALKING PICTURE PLAYER

A most instructive pleasureful Gift for any child. See and hear the old-time nursery favorites. Put on a record—insert a **non-inflammable** film, and while the record talks a new picture flashes on every nine seconds. Pictures, words and music are synchronized perfectly. In addition to the picture projector PAL is a regulation phonograph playing 10-inch records. Equally ideal for nursery or home entertainment.

PLAZA MUSIC COMPANY
10 W. 20th St., New York, N.Y.

There was an old Woman who lived in a shoe
$25.00
Slightly higher in West and Canada
The Seal Indicates That John Martin's Book Approves

Also endorsed by CHILD LIFE

PLAZA MUSIC CO.
10 West 20th Street
New York, N. Y.

Send descriptive folder No. 20C of the PAL TALKING PICTURE PLAYER and name of nearest dealer.

Name_____

Street_____

City_____ State_____

Religion and Our Children

(*Continued from page* 11)

convictions (if they are) than fundamentalists? Frank acknowledgment of these problems and others like them is the duty of the passing generation to those who are to take up the tasks laid down.

But along with these two needs comes inevitably a third. The new generation will need tools with which to attack these problems. The research professor in physics does not turn his student loose upon the frontier problems of his field without equipping him with a knowledge of the accepted findings of physics, the various theories that have been presented to account for puzzling phenomena, and the best laboratory apparatus the institution can furnish. In the same way the present generation must pass on to its sucessors a knowledge of past experiments in human living, as history contains the record. What has history to say as to the success of class exploitation in Rome or in France? What of polygamy among the Turks, and of the reasons for its decline? What do we know of the effects of intolerance in the history of culture?

In addition, the younger generation will need to know the basic assumptions and objectives which thinkers have advanced for human life, and those objectives which society now seeks. Is the current passion for scientific control of our environment an age-old attitude or not? What other ideals have dominated men's thought in other ages and cultures; and have we enough data on hand to decide against them? Here is a Gandhi, educated in western universities, flatly denying the value of industrial progress in human life. There is Mussolini abandoning the political ideal of democracy. And Joseph Wood Krutch is showing us a new and disturbing view of the futility of human values when science is taken seriously. What is one to do with these divers notions unless he knows some way of finding perspective?

AT THE SAME TIME, new resources are at hand which have barely been applied to the solution of our problems of human life: psychiatry, the new electronic physics, our new findings in glandular physiology, and other techniques for attacking the great problems that lie before the next generation. These tools they ought to know; and to bequeath a task of reconstruction with no blue-prints containing suggestions and no tools for building is a gross injustice to the inheritors of the enormous burden.

It is the responsibility of every generation to see that the next generation gets these three things: (1) a clear understanding of the way the world works in which the new generation must start its active job; (2) a grasp of the nature of the unsolved problems which it must face; and (3) the best tools in the way of a knowledge of past experiments, basic assumptions and new techniques, which the passing leaders have devised.

Now what has all this to do with the religious equipment of the next generation? What are its religious needs in the light of the above analysis? What do Dick's parents owe him in this matter?

This question has been met very largely

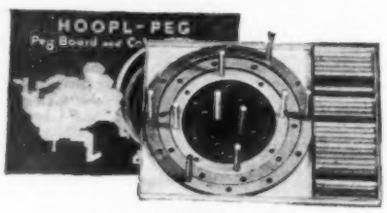
Bradley's

PRE-SCHOOL PLAYTHINGS

attract the child, inspire interest and teach first lessons in color, form, manipulation and mental activity.

PLAYTIME BUILDING BLOCKS

No. 4519—Consists of a set of beautifully colored blocks in the form of cubes and pillars. Covered with red, yellow, and blue paper. Five cubes, 3 inches square, four pillars, 3" x 9", four pillars, 3" x 6". Each set comes packed in a strong box with lithographed label. Size 15½" x 15½". Price, $1.50



HOOPL-PEG

No. 4301—An advanced type of educational peg board, consisting of six individual sections. There is one section each of the spectrum range, red, orange, yellow, green, blue, violet. The pegs are 4 inches long and ⅜ of an inch in diameter. The cover bears a striking lithographed label. Size 11¼" x 15½". Price, $2.00

PLAYTIME ANIMAL BLOCKS

No. 4456—This set of blocks has the same educational features as No. 4457. The only difference is that the box consists of twelve 3-inch cubes instead of 4-inch. Size 9½" x 12½". Price, $1.25

These are selected numbers from the Bradley catalog of Pre-School Playthings. The complete line comprises a rare variety of especially desirable educational materials for small children, correct in theory and beautiful in design. Write for a copy of this interesting catalog.

ASK ANY TEACHER

MILTON BRADLEY COMPANY

Springfield, Mass.

with lack of confidence by the parent. The spiritual life is so elusive and so vague a thing. Religious ideas are so confused. Religious practices have been discarded in many cases, so that contact with the forces and institutions has lapsed. And yet there is somehow a desperate sense of urgency about matters of character development. This may be the psychological moment to tell Dick what we feel he ought to realize about some of the deeper things of our experience, and we feel we may be letting the opportunity slip by, never to return. Ought we to speak or hold our peace? Many parents, from a belief that religion is Dick's own affair, anyhow, and also from a sense of incompetence to say anything useful about life's ultimates, decide to say nothing. But is this *laissez-faire* policy playing square with Dick?

IF WHAT I HAVE SAID above is at all true as to any generation's general social obligation to its successors, then it ought to apply in the area of religion. What, then, in the first place, would constitute a grasp of the religious habits of the world in which Dick lives? In the Middle Ages this would have been easier: institutional Christianity revolving about the sacraments of the Roman Catholic Church would be the answer. But today Dick is confronted by a world of international exchange in which Christianity is one religion among many, and in which such views as those of Hindu philosophy, Buddhist contemplation, Moslem religious unity and scientific humanism are freely discussed as alternative possibilities. Does he know what they are all about? Does he even know how his own religious institutions and ideas—Jewish or Christian—came to be what they are? Does he know what churches and synagogues are actually doing in American life? One of my classes once voted unanimously that the church was ineffective socially, and at the same time had never heard of either the Federal Council of Churches of Christ, the Central Conference of American Rabbis or the National Catholic Social Welfare Council! Did their parents know any better? The same ignorance characterizes the opinions of many intellectuals regarding the rôle of religion in personal life: they simply do not know what our liberal ministers are studying in the way of psychology, sociology and philosophic disciplines. It is almost sad to see the benighted ideas of religion which such supposedly sophisticated people have, ideas a quarter of a century out of date. Are they considering the spiritual well-being of Dick in terms of religious movements which are twenty-five to fifty years behind the times? If so, what a handicap for Dick! Think of his father talking to him of business conditions in terms of what American business was in the nineties! Yet how many parents are doing just this in religion?

Then there are the unsolved problems which this generation bequeaths to the next in religion. In the nature of the case, some of these problems will never be solved till all of us are omniscient! But there are problems, also, which can be more clearly stated than they have been. To state a religious problem clearly, (*Turn to next page*)

Give your small folks ALL-FAIR TOYS & GAMES for Christmas!

Gifts that really thrill any little child's heart—lovable toy animals that soothe a toddler's tumbles and games that keep busy little bodies quiet while they spur on active brains!
Games and toys that are sturdily built to stand up under a lot of rough and tumble. Toys that are gay in waterproof coloring and of irresistible appeal.

Giraffe $1

Mr. Quack Duck $1

A nice Quacky Duck or a Questioning Giraffe

There is Mrs. Quack Duck, all dressed up in latest fashion, hat with a gay nosegay—or her friend husband in manly attire. Smarty Dog—a pugnacious pup. Humpty Hump the Camel or Billy, the Goat—any one or all of All Fair animals will delight any small person on your list. Each animal attractively packaged in colorful lithographed box for $1.00. For little tots from 2 to 6.

Billy Goat $1

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Combination Tennis and Baseball Game

Combines two of best loved sports in a lively and exciting game for $1.00. This is positively biggest game value you can buy anywhere! For boys and girls from 5 to 10.

Tennis and Baseball $1

"Our Gang"—a la Hal Roach

The lovable, troublesome gang that children follow in the movies—now a game exclusive with All Fair. Entirely new principle of play. $1.00. For boys and girls from 4 to 9.

Our Gang—$1

Play "Store" with Stop and Shop

A game that always goes over big. Plenty of action and it teaches children how to buy. 50c. For girls and boys from 4 to 10.

Each and every All Fair game and toy is a sure way to make Christmas a success with the children! If you can't find the All Fair toy or game you want, send money and coupon below to All Fair, Inc., 7 Toy Street, Churchville, N. Y.

Stop and Shop 50c

ALL-FAIR, Inc.
7 Toy Street
Churchville, N. Y.

Please send me, postpaid
☐ .....
☐ .....
☐ ..... ☐ .....
Name..... Street or R.F.D.....
City..... State.....
If not satisfactory you are to return the money.

Heats Baby's Bottle.. Automatically-Electrically

Takes just a few seconds for this new electrical appliance to start heating baby's bottle. Shuts itself off when correct temperature is reached. Every thing automatic. No need to go to the kitchen to heat water for the Hankscraft Bottle Warmer is at the crib-side night and day. No watching. Fully guaranteed. Finished in blue or pink. At your electrical dealer, department store or light company. $5 ($5.50 West of Rockies). If your dealer cannot supply you write to us.

Hankscraft Company
113 Dickinson St.
Madison, Wisconsin

HANKSCRAFT Bottle Warmer

Better Education for Your Child

CALVERT SCHOOL, since its foundation 33 years ago, has successfully taught thousands of children in their own homes in every part of the world. Calvert Home Instruction Courses provide expert schooling from Kindergarten to High School under the supervision of specialists in child education. Each pupil's work is individually guided by a Calvert teacher in Baltimore.

An Ohio mother writes: "While living in the country, my little daughter had the Calvert course with such success that at twelve she is a freshman in High School, and finds the work very easy."

With Calvert Home Instruction your child can go as fast or as slowly as necessary.

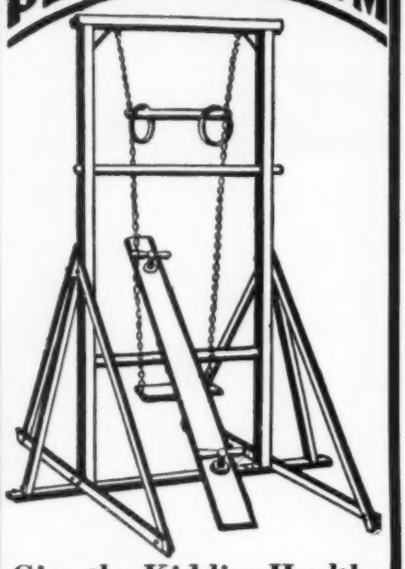
V. M. Hillyer, A.B., Harvard, author of "A Child's History of the World," "A Child's Geography," etc., is Headmaster.

For descriptive booklet address

CALVERT SCHOOL
212-E Tuscany Road, Baltimore, Md.

The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

PLAYMATE GYM



Give the Kiddies Health, Happiness and Safe Play this Christmas

Here is a sensible gift for the children. Put it outside in summer, in the cellar or attic in winter—a year round health and happiness recreation that keeps the kiddies constantly interested. Strongly constructed of best lumber and hardware and beautifully finished. Strong enough for Dad to use. Provides see-saw, swing, horizontal bar, trapeze and flying-rings—all in one toy. It is 7 ft. high, floor space 4 ft. by 7 ft. Can be set up alongside the Christmas Tree in 15 minutes. What a Happy Christmas this can make for the kiddies.

Endorsed by Health Authorities

SPECIAL PRICE Completely Packed **$9.95**

Kiddie Gym Teeter Totter

A perfect toy for smaller children. Strongly made; beautifully finished. The exercise keeps them in good physical condition.

only **$3.95**

Immediate Shipment on Christmas Orders

---Use this Coupon—Mail Early---

THE KIDDIE GYM CO., Inc. PM-12-30
55 W. 42nd Street, New York City

Please ship at once:
Playmate Gym for $9.95 ☐; Teeter Totter for $3.95 ☐. Enclosed find $.....
Ship by Exp. ☐. Frt. ☐.

Name .....

Address .....

City ..... State .....

Maternity Style Book Free

MATERNITY apparel with no maternity look. Dresses, coats, corsets, underwear. Clever designing provides ample expansion and conceals condition. Also, apparel for baby. Style Book sent FREE.

Lane Bryant Address Dept. 631 39th St. at Fifth Ave. New York

Religion and Our Children

(*Continued from page 75*)

however, demands the utmost sincerity. Alas! it is at just this point that so many of us break down in our responsibility. Nor is this hard to understand, for religion is an intimate affair and tied up with our deepest emotions. We, therefore, make pretense of being certain on points that occasion us much perplexity and conceal our genuine difficulties for fear of being thought to "have no principles." Religious progress, however, comes by exposing our difficulties frankly enough to tackle them effectively.

WHAT ARE SOME of our current difficulties that have to be acknowledged? Perhaps the most obvious is that, having abandoned old religious loyalties, many of us are left with no substitute that really grips us. Religion appears, hovering in the dim background of a busy, preoccupied life; because we have not been able to determine just how religion can make a personality more effective, and because for this reason we have let it slide. Just what rôle does religion play in the development of personality?

Another difficulty arises from our relations with institutional religion. How far should agreement in matters of ritual and theology determine our attitude toward the local church?

Then there face the new generation acute problems about the ultimate ideas in which religion has dealt: God, the meaning of life, the reality of spiritual values in a scientific world. Simply to rant against atheists or mechanists or materialists does not meet the problem. We are just now at the threshold of a fair, honest, unexcited search into these questions. Is the coming generation ready to tackle them—ready, that is, not with complete encyclopedic knowledge, but ready in attitude to see the issues when they are presented with sympathy for our generation's views and yet free from our fears and prejudiced judgments?

But now comes a third need which they face. This abides for many of the younger folk where the grasp of current religious thought and action, and of current perplexities has been achieved. What tools have they at hand to tackle these jobs? Faced with stupendous tasks of religious construction, they are virtually empty-handed. Confronted by baffling varieties of proposed solutions they have no equipment for balancing alternatives.

What can our generation do about it? We must see to it that they have a chance to master the tools. This means, in the first place, that we must help them to understand the history of human attempts to make adequate religious adjustments. This is found in the great history of religion, with its account of the various theories (comparable to the classic theories of physics) which have been advanced, and an understanding of their adequacy or inadequacy. It is a sad spectacle to see otherwise enlightened young people proposing solutions for our pressing religious questions, that were exploded hundreds of years ago as inadequate, simply because the eager and earnest reformer did not know enough religious history. Many of our contem-

A Merry Christmas for the Kiddies

Christmas will have a double joy for those children who are remembered by St. Nich with a pair of comfortable PEDIFORME Shoes and will appreciate their new toys more than ever. When play does not tire the feet the joy is more lasting.

Parents, too, should wear PEDIFORME Shoes to make play-time and work-time equally enjoyable.

The Pediforme Shoe Company

36 West 36th St., New York
322 Livingston St., Brooklyn
2474 Morris Ave., Bronx
29 Washington Pl., East Orange, N. J.
275 North Ave., New Rochelle

Write for FREE Book TODAY

This 48-page book shows how to be comfortable and train your feet to do their work uncomplainingly. Full instructions on proper care and exercises for the feet. Also illustrates PEDIFORME Shoes for men, women and children for every purpose. Ask for book M.

Hello Everybody!

Dial SANta 1-9-3-0 and hear his merry sleigh-bells jingle-with this really-truly Plaphone. It is a Gong Bell Toy-a wonderful value, beautifully finished. The dial turns and rings both ways. Look for Gong Bell Toys at the stores. Safe, durable, realistic and most for your money. If you don't find our Plaphone (they are selling so rapidly) mail us one dollar and it will come to you post paid.

$1.00 POST PAID IF NOT AT YOUR DEALER

No. 675

THE GONG BELL MFG. CO.
8 Walnut Ave., East Hampton, Conn.

LITTLE BOYS TOILET SHIELD

"SANI-BOY"

Necessary in the care of little boys from six months to two years of age.

Mothers Appreciate Sani-Boy!

Prevents wetting on clothing, floor and seat when boy is on toilet. Made of metal, enameled white, and fits any infants' open-front toilet seat. If your dealer cannot supply you, Sani-Boy will be sent direct on receipt of check or money order for $1.00.

BRYANT CO., SUITE 1213, 162 NO. STATE ST., CHICAGO, ILL.

Obtain the Upward Converging Contour and Support that Doctors and Stylists Are Urging

U. S. Pat. 1,702,922—Invented by Mme. Polx to Relieve Pain and Remove Cause of Serious Bust Troubles. Worn in bed as well as for dress.
Approved by New York Maternity Center.
Sizes 30 to 44

373	Pink Batiste	$1.00
279	Pink Repp	1.50
284	Pink Tussah Silk	1.50
285	Pink Mesh	2.00
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EXTRA LENGTH MODEL
(Wider from Top to Bottom)
Sizes 36 to 52

279X	Pink Repp	$2.00
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On Sale at Leading Department Stores and Corset Shops

If your dealer does not carry it, write us direct, giving bust measure next to skin. We will also send our remarkable new free booklet. Kindly mention dealer's name.

TRADE MARK
The A.P.-UPLIFT
U.S. PATENT NO 1702922
Mme. Polx, 103 Madison Ave. New York, N. Y.

A Big Christmas Stocking Full of Toys For $1.

TO save you the trouble of hunting around for interesting toys with which to fill your children's Christmas stockings, we have shopped in every toy market in the world, and assembled the cream of attractive little novelties, and they come ready-filled, in a fine 27-inch Christmas stocking.

Each big stocking is filled to the brim with such delightful playthings as doll tea sets, bubble pipes, ten pins, assorted moulding forms, tops, and just the sort of toys to interest and please any boy or girl of from 3 to 12. And the price for this Jumbo size FILLED stocking is only $1.00. $1.15 west of the Mississippi.

Fill in and mail the coupon below, and we shall send as many stockings as you need, post-paid. Act at once to avoid delay in the Christmas rush.

AMMIDON & CO.
31 S. Frederick St.
Baltimore, Md.

Send me ☐ Amico Christmas stockings, at $1.00 each. $1.15 west of the Mississippi. ☐ I enclose remittance. ☐ Send the stockings C.O.D.

Name.....

Street.....

City and State.....

N

porary "cults" are of this sort, and find followers among the gullible intelligentsia who have no historical perspective.

In addition, they need an understanding of what religion is after. Those who speak of religion as an opiate seem to forget that a large part of the history of religion is filled with the biographies of prophets of discontent: Amos, Jeremiah, Jesus, Francis of Assisi, Walter Rauschenbusch, Buddha, Zoroaster, Confucius, Gandhi, Tagore, Moh Ti. For religion has always sought to make men discontented and steady (a paradox which I seek to elucidate in my forthcoming book, *Religion and the Next Generation*). With what assumptions does religion work? Are these assumptions tenable in our modern world? While the latter question can be answered only in the testing, the former is a matter of information which the new generation ought to have at its command. To have no conception of these basic assumptions and objectives is to be lost amid the welter of religious and moral conditions that pertains today. The assumptions may not stand the new tests to be placed upon them, but all experimentation experiments with *some* hypothesis. Otherwise there would be nothing to test, and with nothing to test no experiment has any point. A sufficient grasp of the aims and faiths of religious living as we have honestly tried it, it is our obligation to furnish to our successors in the quest.

AND FINALLY, we need to show what tools are available for analysis and reconstruction in the next quarter century. So often our antipathy to some psychological theory like Behaviorism blinds us to the valuable techniques of psychological study and rehabilitation of personality, or our disagreement with social reform views of certain sociologists leads us to forget how their science has progressed in giving us ways to realize the humanitarian aims of religious discontent. Then there are new techniques within religion itself that might be used, did we but know them. There is the complete transformation in our understanding of the Bible through historical criticism; the enlargement of our religious programs through our methods of religious education, the enrichment of our emotional life through the religious use of psychiatric methods. We are just learning how to make use of new findings for the improvement of our religious adjustments. The younger generation ought to know about them, and be able to use them to do better than we have done.

Dad's Business

"Did I ever tell you what that chap said at the bankers' convention last June?" a young banker asked his wife. "It seemed a queer thing to be telling a bunch of hard-headed business men. But he did say it and we all applauded.

"He said that no matter what was listed beside a man's name in the telephone book, as his business, if he had a child dependent on him, that child was his business, and the other thing was a side line; that bringing up the next generation properly is the business of this generation."—*Fanny C. Hoose.*

Clapp's
ORIGINAL APPROVED BABY SOUP AND STRAINED VEGETABLES

In Glass

Save Mothers Hours of Work

Mothers—when your babies are about six months old, your doctors will advise Strained Vegetables to supplement the milk diet and increase the supply of mineral salts necessary to produce healthy bones and teeth.

Now is the time to find out why Clapp's Strained Vegetable foods are prescribed by over 5000 specialists, and why babies love them.

Why they save mothers 24 hours a week cooking and kitchen time and why, as they are ready to use except for diluting and heating, they are equally convenient to use at home or traveling.

Write today for booklet "Strained Vegetables for Infant Feeding," telling about the preparation of these fourteen foods—(Baby Soup, Wheatheart Soup, Liver Soup, Seven Different Vegetables and Three Fruit Pulps) and their distribution in glass jars through a local agency whose name we will send.

[In cities your dealer's name is listed in the classified telephone directory under Clapp's Baby Foods.]

Ask your Doctor
HAROLD H. CLAPP, INC.
1331 University Ave.
Rochester, N. Y.

Please send booklet
"Strained Vegetables For Infant Feeding"
Use margin for Name and Address

STOP
Thumb Sucking!

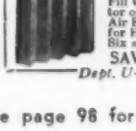
Thumb sucking can be immediately corrected with the

Baby Alice
Thumb Guard

Safe, sanitary, comfortable. Made of Monel Metal wire. Inexpensive. Approved by leading baby specialists. Sold by surgical dealers, department stores and baby shops everywhere.

Guard Mfg. Co. 9 West 74th Street, Cincinnati, Ohio.

SAVO AIR MOISTENER



Saves Furniture, Pianos, Paintings, Plants and Makes Air More Healthful.
Fill with water, hang on back of any Radiator out of sight. Others for all types of Hot Air Registers and Pipeless Furnaces. Ideal for Homes, Offices, Schools, Hospitals, etc. Six sizes. Write for FREE Booklet.
SAVO MANUFACTURING CO.
Dept. U-12, 111 W. Monroe St., Chicago, Ill.

The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

Let Downee Didees Solve Your Gift Problem

MOTHERS will welcome Downee Didees for their babies, because they are so much nicer and less trouble than ordinary old-fashioned diapers. They eliminate all diaper washing. Soiled pads are easily disposed of as tissue. *Absolutely prevents diaper rash, too.*

Special Offer 2 Downee Didees and 3 packages of pads, only $2.75. Small size for babies up to 4 mos. (40 pads in pkg.); medium for babies 4 to 9 mos. (34 pads in pkg.); large for babies 9 mos. and older (30 pads in pkg.). Extra pads, 55c package. Use them yourself and send them as gifts for Xmas or any other occasion. Order on coupon below.

DOWNEE PRODUCTS CO.
SIOUX CITY, IOWA

I enclose $ ..... for ..... ( ) Small special offer packages of Downee Didees and pads, at $2.75 each. (Check sizes wanted.) ( ) Medium ( ) Large

Send to .....

Address .....

(P.M.12)

Here's a Time-Saver for Busy Mothers

This convenient bottle holder attaches to carriage or crib—holds bottle in proper feeding position. Leaves mother free to do other things; saves broken bottles. Sanitary. Approved by Modern Priscilla Proving Plant. Holder is adjustable to any type of bottle. Satisfaction guaranteed. Postpaid, $1.00.

M. S. Sullivan Company, Meriden, Conn.

Baby-Bottle-Kit

Sterilizer and Carrier

Approved by leading authorities as a NECESSITY in preparation and care of food. Aids busy mothers. Safeguards babies' health. Serves as sterilizer, mixer and filler. Unequalled for sterile storing of whole day's feedings. Holds oval, round or hexagon bottles. *Pack with ice, carry anywhere.* Price, including 6 oval bottles, rubber corks, funnel and gruel container $5.00. (West of Mississippi, $5.50. Canada and foreign $6.) Money back if not delighted. *Order today or write for 10-day trial offer.*

Therma Products Co., Dept. 12-1139 Ohio Bldg., Toledo, Ohio

Is one nipple as good as another?

Think! You sterilize the articles used in preparing the baby's food—sterilize the bottle—but will the nipple which comes in direct contact with the baby's mouth stand sterilization after each feeding?

INGRAM'S TRANSPARENT NIPPLES

are made of the finest Para rubber which guarantees absolute purity—will stand repeated sterilizations—cost no more and will outwear other nipples.

ERNEST MONNIER, Inc., 127 Federal St., Boston, Mass.
Please send me free sample nipple.

NAME .....

ADDRESS .....

EXPECTANT MOTHERS

THE BABY'S CLOTHING

Silhouette by GEORG PLISCHKE

By LOUISE ZABRISKIE
Field Secretary, Maternity Center Association, New York City

WHAT the properly dressed baby will wear is one of the major considerations of the mother who is awaiting his coming, and because the weather and infants are very variable factors she must use extreme care and good judgment in selecting the baby's clothes.

Young babies, especially during the first ten or twelve weeks, require more clothing than older babies. During this period their voluntary muscular movements are comparatively few and they sleep most of the time. Also as it takes a little more than a month before a baby's system becomes adjusted to its new environment, he should be handled carefully and as little as possible during these days.

His layette should include clothes that are light of weight, simple and warm and so easy to put on that handling the baby need never be awkward. This point cannot be over-emphasized, for it often saves nervous strain for both the baby and the mother. The mother's time and strength should also be considered in providing little things that are easy to wash, dry and iron. When the baby is completely dressed, his clothes should weigh from twelve to sixteen ounces, his skin should feel warm to touch, neither hot nor cold and not perspiring, and his feet should be warm. Tight or wet stockings or little booties tied so tightly about the ankles as to inhibit the circulation are frequently overlooked causes of cold feet and their uncomfortable consequences for the baby.

A description of each type of article in the layette will serve as a foundation on which to build the baby's wardrobe: The belly band or the first band that the baby wears is really no more than a bandage and is merely to hold the cord dressing in place until the cord is healed. If the mother anticipates a hospital delivery she will hardly have to consider these first bands, but will get the supply of knitted bands, sleeveless shirts as they are sometimes called, which replace these first belly bands.

These little knitted bands (infant size 2) are made of silk and wool or cotton and wool. This is better than all wool because it is less irritating to the baby's sensitive skin. The combination of wool and silk or wool and cotton is found most satisfactory because this material absorbs moisture from the baby's body without giving that chilly feeling which is experienced with an all-cotton material. This band protects the abdomen and supports the diaper and should be worn both summer and winter. In buying these bands select one that is well cut about the neck and reinforced at both sides and in the front and back where the diaper can be pinned.

The little coat style shirt (infant size 2) made of silk and wool or cotton and wool with no seams except on the shoulder and with well shaped sleeves is excellent. These are worn with the little band. If after the baby is a few weeks old the weather should become very warm, this shirt may be left off during the hottest part of the day.

Mothers generally select the small square diapers for the baby, 20″ x 20″ or 24″ x 24″. This diaper is put on the square way, making it less bulky for the baby and much easier for the mother to wash. The new paper diaper is becoming so popular that there may be little need for advice concerning those made of cotton. However, if the cloth diaper is used, mothers will find much of their work eliminated by keeping the soiled diapers in a covered pail of borax solution until it is time for them to be washed.

The gertrudes, petty skirts or slips may be made of flannelette, of a silk and wool material, or of something white and sheer. If the little outer cover on the baby is warm, the slip does not necessarily have to be. In making the slips the seams should be fine and flat and the neck and armholes bound with a fine soft material to ensure the greatest comfort. They may be fastened with ties or tiny flat buttons.

THERE are many styles of fine dainty dresses made of nainsook or a combination of linen and lawn and trimmed with thread lace. The sleeve may be set in bishop style or kimono, the latter being the simplest to iron. If the slip and dress are opened down the back it simplifies the dressing process and is therefore less wearing on both mother and baby, especially during the very early weeks. When the baby is laid down the clothes are separated so as not to become wet, soiled or crumpled under him. As soon as the baby is trained to use the toilet (the training may start after the cord is healed) the back of the

For Ease of Training

Your Baby Must be Comfortable

Now a—New

Self-Training

Toilet Seat

A soft, sanitary, rubberized fabric seat instead of the old-fashioned, uncomfortable hard wood seat.

SELF TRAINING

TOT-T-SEAT

TOT'S TOILET SEAT

Unlike the hard wood seats, the soft, flexible rubberized fabric TOT-T-SEAT is as comfortable as an overstuffed chair. The V-shaped seat with sanitary slot opening, fits all sizes of babies equally well and gives them more than **Four Times** the body-bearing surface without wedging or cramping. This assures a normal position of the body and aids the tender organs and muscles to function naturally. Adjustable Safety Strap prevents child from falling off seat. Mothers save hours of time because baby needs no attention. Folds up.

IDEAL CHRISTMAS GIFT

Give your child good health, comfort and contentment this Christmas. Introductory Price $3.85.

PERFECT SEAT CO.

222 W. Adams St. Chicago

PAT. APP'D FOR

—SEND NO MONEY—

Please send me a TOT-T-SEAT in ivory finish. I will pay postman $3.85 plus a few cents postage.

NAME .....

ADDRESS .....

"Mommy Says I'll Surely Have TWO Sets of TOOFIES,

But Only ONE Head of HAIR

So, Here Goes for Another

Derbac

HEALTH ***Shampoo"***

Baby scalps, *well cared for*, contribute so much to healthy heads and luxuriant hair as the years roll on! Doctors, nurses, mothers throughout America and Europe know the value of the weekly DERBAC Shampoo.

They know the purity, wholesomeness, cleansing properties of DERBAC—and especially its unequalled efficiency in correcting and preventing head infections.

CEREAL SOAPS CO., INC.,

Dept. P-12, 334 E. 27th St., New York

FREE— *Amusing Booklet to interest children in hair care.*

Swan Nursery Furniture in Colors

Swan design nursery furniture in ivory, green and orange. In sets or separate pieces. Low cost. Catalog 59 shows famous National Champion Porch Gates, Play-yards, Swan Furniture, etc. Write today for free copy.

HOLMQUIST-SWANSON CO. 4539 Thomas St. Chicago

dresses and gertrudes may be closed.

Squares made of flannelette one yard wide are very handy. One of them may be folded loosely about the baby to keep the wool covers from the baby's skin, or it may serve as a bath blanket. These squares take the brunt of service in the early weeks and thus save the fine wool covers from becoming soiled so quickly.

Nightgowns may be made of soft knitted material, light of weight, loose, warm and comfortable. They should be absorbent and easy to wash and have the advantage of needing no ironing. If they have a drawstring in the bottom the baby cannot get uncovered and his feet will be sure to keep warm.

In deciding about stockings, it is well to wait and see whether or not the baby needs them. Certainly he would seem more comfortable without them and better able to get his much needed exercise. However, if his feet are cold he may be happier with light-weight, fine, seamless wool stockings. Frames for drying these stockings save much work and make them last longer.

Lap pads 11″ x 16″ or thereabouts, with a piece of rubber or oilcloth the same size to go underneath are necessary. These are now made of light-weight oilcloth in attractive pastel shades.

There are many other dainty and useful things for the baby's layette. Kimonos made of French flannel or flannelette and little knitted sweaters are convenient for extra warmth, and light-weight knitted Afghans or warm blankets certainly add to the baby's comfort on cold days.

A baby's minimum layette should include three each of the above named articles and four dozen diapers. Three or four little wool blankets should be added. The mother will find it easier, though, to keep the baby dainty, clean and comfortable if more than this minimum number of garments are included in the layette.

Books and Pamphlets

Published by THE PARENTS' MAGAZINE
255 Fourth Avenue, New York, N. Y.

A Doctor's Letters to Expectant Parents—A helpful book treating with the psychological side of pregnancy as well as the physical. Invaluable to both mothers and fathers-to-be. Eighteen letters—two for each of the prenatal months. $1.00 postpaid.

Your Child Year by Year—A unique book by two of the foremost child specialists, in which to record the development of children from birth to 16 years. Enables you to compare your child's development with that of the "average" child. $3.00 postpaid. (Formerly $5.00.)

If Parents Only Knew—What the modern school is doing for the child and how the home can help. Health, Recreation, Citizenship, Character Training and Choice of Vocation are among the subjects. $1.75 postpaid.

How to Adopt a Child—How to select the right child for you; the methods of adopting a child; a list of reliable agencies through which they may be adopted and information on the rearing of adopted children. 25 cents postpaid.

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NEW 4 ounce size

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BOOKS for PARENTS

Recent Publications of Special Interest

Growing Up in New Guinea, by Margaret Mead. *Morrow.* $3.00.

It is usually easier to discover the solution of a difficult problem by comparing it with a simpler one, and it is thus that Dr. Mead throws light on our complicated civilization by her studies of a more primitive people. The Manus ideas of education, for instance, are particularly enlightening to a western world; for the little brown babies are allowed the greatest possible latitude for individual development and initiative. Their elders force them to learn only two things: physical skill in swimming, canoeing, etc., and a respect for private property. Otherwise their learning days are free from adult restraint. Yet in spite of this complete freedom to express themselves as they choose, these unrepressed youngsters show not the slightest spark of artistic or imaginative interest—their childish play is totally unorganized and meaningless!

In another respect they enjoy a freedom often desired for the children of our western world—the freedom from an excess of mother love and the emotional and personality problems it causes; for in the Manus family the father is the one concerned in dealing with the children and holding their affections—and incidentally, too, in spoiling them just as badly as any mother ever could.

Yet curiously enough, after their lawless childhood, these Manus children grow up to take their places in an unchanging adult world more rigidly ruled by convention than our own. In this, Dr. Mead finds a lesson for those who think we can bring about social change by teaching the children a new set of rules while their elders are still living by the old ones. As she says: "The cultivation in children of traits, attitudes, and habits foreign to their cultures is not the way to make over the world. Every new religion or political doctrine has had first to make its adult converts, to create a small nuclear culture within whose walls its children will flourish. Such changes in adult attitudes are more dependent upon specially gifted or wise individuals than upon wholesale educational schemes."

The book is interesting and easy to read, with fascinating photographic illustrations taken by the author and her husband during their stay on the islands.

The Pre-School Child and His Posture, by Dr. Frank Howard Richardson and Winifred Johnson Hearn. *Putnams.* $2.50.

This book, as the title implies, is written primarily for parents, teachers and those interested in establishing good posture habits in the pre-school child. It is the only book of its kind and fills a great need. The aim of the book is, first, to call attention to the appalling prevalence of poor posture as well as of other serious physical defects coincident with it in children of the pre-school age, and second, to propose some theories based on sound principles of pedagogy for preventing and treating these commonly found postural defects.

In accordance with the modern recognition of the level of the pre-school child, his limited power of concentration, his imagination, his interest in competition, rhythmic activity and self-expression, a newer approach to exercise by means of a program of postural group games is recommended. This the authors believe is preferable to the giving of exercises for their own sake. Perhaps this point of view is too optimistic. The pre-school child does enjoy activity for its own sake. Though his attention span is short, the rhythmic effect and repetition of a familiar, simple exercise hold his interest over a period of weeks and can be performed in the spirit of play. Experience has shown that games often lead the child's imagination to run riot, and the purpose of the exercise is apt to be lost.

The book concludes with emphasis on the importance of accurate record-keeping of the posture of the child from time to time and carefully explains the method of examination. It is clearly written, and and should be of interest to everyone who is concerned with the problems of the pre-school child.—*Jane Lingg.*

The Here and Now Story Book, by Lucy Sprague Mitchell. *Dutton.* $2.00.

This book is out in a new edition. Each time it has a new printing is an occasion to call attention to it again, because it is the one book of criticisms, research and literature for children which is original and based, in all its contentions, upon observations of the kinds of stories children tell, and therefore, like also to hear. No mother who wants to know what to read to very little children—and why—can afford to be a mother without reading at least the preface of this book and enough of the stories (which are not literature and make no claim to be) to catch on to the art-form, rhythm and pattern of what evidently makes a good story from a child's standpoint. (2 to 7-year-olds.)—*Eva v B. Hansl.*

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The Story-Teller and His Pack, by Clifford H. Nowlin. *Milton Bradley Co.* $1.75.

An entertaining and intelligent program for applying the art of storytelling to various phases of child education in school and at home. The author shows by text and example the type of story best adapted to emphasize a desired point or a specific lesson in ethics or character building. Not the least important feature of the book is its outline of the basic literature of childhood. The author has tried to make the book easy enough for the average reader, brief enough for the casual reader and complete enough to serve as a basis of study for the student.

The Jack-Roller, by Clifford R. Shaw. *University of Chicago Press.* $2.50.

A typical juvenile delinquent from "back of the yards" in Chicago tells his own story. The neighborhood, the stepmother, the gang, the reform schools and prison are vividly presented from the point of view of the youthful criminal. Rehabilitation of this seemingly hopeless case was accomplished through a well-chosen, sympathetic foster home.

Mr. Shaw has written three interesting chapters of introduction and background. The boy's story is told effectively in his own words. The concluding chapter of the book, by Ernest W. Burgess, is a discussion and analysis of the boy's psychology and the methods employed in treating him.

Education and International Relations, by Daniel A. Prescott. *Harvard University Press.* $2.50.

A summary of methods employed in European schools to educate children toward international good will and world peace. American readers will be interested in this account of the tremendous struggle to overcome the war tradition.

Marriage, Past, Present and Future, by Ralph De Pomerai. *Richard R. Smith, Inc., New York.* $4.00.

A stimulating diagnosis of the ills of marriage, past and present (including a thorough examination of divorce) and an exciting prediction for the future.

Ultraviolet Light and Vitamin D in Nutrition, by Katharine Blunt and Ruth Cowan. *The University of Chicago Press.* $2.50.

The authors bring together much of the great mass of recent research concerning the calcium and phosphorus of the body as they are affected by vitamin D and light. Their survey of causes, effects, prevention and treatment of malnutrition makes the book valuable to parents and others interested in the care of growing children.

Leaves of Wild Grape, by Helen Hoyt. *Harcourt, Brace.* $2.00.

A little book of verse depicting the intimate moods and experiences of a woman's life.

The Awakening College, by C. C. Little. *W. W. Norton & Co.* $3.00.

A well know educator presents his solutions of the major problems confronting American colleges in a book which will interest both teachers and parents.

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—*Bernard Glueck, M.D.*

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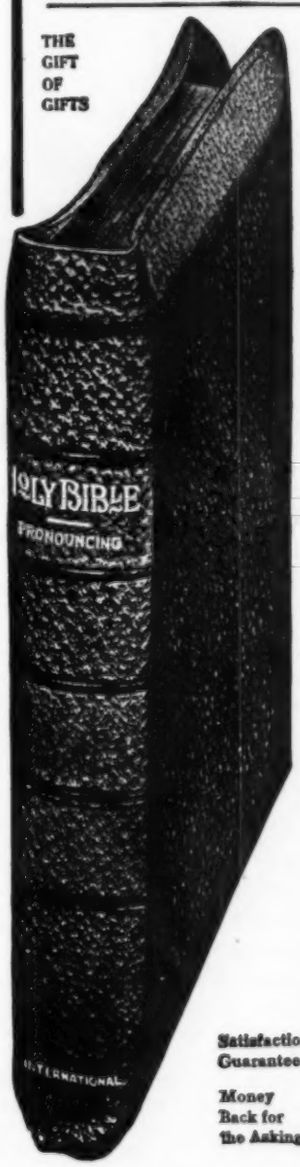

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SPECIMEN OF TYPE

and of Ar'pad? where *are* the gc
Sĕph-ar-vā'im, Hē'nā, and I
have they delivered Sā-mā'ri-ā
mine hand?
35 Who *are* they among all the
of the countries, that have deli

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CHRISTMAS BOOKS

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Teachers College, Columbia University

THE FIRST PICTURE BOOK—EVERYDAY THINGS FOR BABIES, prepared by Mary Steichen Martin; photographs by Edward Steichen. *Harcourt Brace.* $2.00.

This is an experimental book and we cannot say very much about it until it has been tried out with the babies for whom it is intended—it is for them to accept or reject. The book is made up of fine photographs of objects which the baby sees every day; his Teddy bear, his crib, the telephone and so forth. We think the pictures should be in color and on more durable material, and that the absolute clarity for which the book aims has sometimes been sacrificed to the making of an artistic picture. We shall be most interested to see it tried with little children.

THE MODERN ABC BOOK, by C. B. Falls. *John Day.* $2.00.

We are somewhat disappointed in this book by a well-known artist, and somewhat puzzled by it too. It is the younger child who enjoys an ABC book yet the children pictured seem to be eight or ten years old, the pictures lack the simplicity and clarity necessary in pictures for young children and even the subject-matter seems old "I for irrigation" "Q for quarry." The crooked placing of the alphabet letter does not add to the book. Some of the pictures are interesting, but why not have a modern picture book without alphabetic limitations. We have enough alphabet books now and we hope that for a time no one will make any more.

Illustration from "The Nutcracker of Nuremberg," by Alexandre Dumas. Translated by Grace Gingras, and published by Robert McBride

Picture Story Books

THE LITTLE WOODEN FARMER, by Alice Dalgliesh. *Macmillan.* $1.00. *(Reviewed by Marian Cutter of The Children's Book Shop.)*

There is something particularly appealing about a book which expresses its purpose the minute it comes to hand, for an understanding which is often friendly and intimate is established. Such is the case with "The Little Wooden Farmer," for, as soon as a glimpse of its gay cover is seen, one is reminded of the little wooden farm animals that are so loved in every child's nursery, and the picture of little children playing with wooden toys remains with us from the first to the last page. The pictures are numerous, gay and very suggestive of the wooden toys about which the stories are woven. As one turns the last illustration one finds several pages of text explaining how these stories may actually be played with real toys.

Mothers who are looking for playthings for children of pre-school age or for stories in which the subject matter is chosen from the limited environment of children just leaving babyhood will welcome this book which the author has contributed from her study of children of kindergarten age. (Age 3-6.)

KEES, by Marian King. Illustrations by Elizabeth Enright. *Harpers.* $2.50.

A very gay Holland picture book which presents Holland in the traditional picture-book style. The story tells of Kees, a little Dutch boy and his pet duck Kleintje who is a most remarkable and intelligent duckling. A pleasant Christmassy book which ends with a description of a Dutch Christmas and the visit of St. Nicholas to Kees and Kleintje. (6-8.)

MOTHER GOOSE, Berta and Elmer Hader. *Coward McCann.* $3.50.

This new edition of Mother Goose is distinctly not a "first" one but one for children of five or six. There are several things in its favor—gay color, usually only one rhyme to a page, attractive settings. Its chief weakness is the tendency to sophisticated humor that is apt to creep into the Haders' work. Besides this some of the pictures are quite complicated, but on the whole it is one of the best and most attractive Mother

Goose books available. The songs at the end of the book are a distinct addition.

BEPPO THE DONKEY, written and illustrated by Rhea Wells. *Doubleday, Doran.* $2.00.

A pleasant story about a little Sicilian donkey. There is a good deal of atmosphere, both in pictures and story. The eruption of the volcano supplies the dramatic element in the story. (Age 6-8.)

THE ARK OF FATHER NOAH AND MOTHER NOAH, as seen by Maud and Miska Petersham. *Doubleday, Doran.* $2.00.

An extremely gay, artistic picture book with an unquestioned appeal for many grown-ups. We do not care however for the obviously adult humor, nor for the mixture of fun and serious telling of the story. After all this *is* a Bible story and even the least dogmatic of us regards it as an interesting and outstanding legend. Children might better have it for the first time in its original form and the mixture of slapstick humor and actual Bible narrative seems in poor taste. Look it over for yourself and buy it if you disagree with us.

Other picture-story books previously reviewed and suitable for Christmas gifts:

When the Root Children Wake Up, by Sibylle V. Olfers. *Stokes.* $1.50.

Angus and the Ducks, by Marjorie Flack. *Doubleday, Doran.* $1.00.

Little Elephant, by Hamilton Williamson. *Doubleday, Doran.* $.75.

The Painted Pig, by Elizabeth Morrow. *Knopf.* $2.00.

Books for Children Who Enjoy Realism

BIG FELLOW AT WORK, by Dorothy Baruch. *Harpers.* $1.50.

The story of a steam shovel and how it helps to dig the foundation hole for a skyscraper, to lay a pavement and dig a tunnel. This is a better book than "Big Fellow" because fewer human feelings are attributed to the steam shovel. The illustrations are good and small boys interested in machinery will like the book. (Age 6-8.)

JIMMY FLIES, by Dorothy Heiderstadt. Illustrated by Inger Viese. *Stokes.* $1.00.

A picture story about Jimmy's first flight in an airplane. The story once one gets into it is simply told and children will enjoy it. There is a good deal of unnecessary emphasis at the beginning on not being afraid of cod-liver oil and the dark—things better left unmentioned. Children who have just learned to read will be able to read the book for themselves and it is certainly a step in the right direction. (Age 5-7.)

HOW THEY CARRIED THE MAIL, by Joseph Walker. *Sears.* $3.00.

A large book which tells the story of how mail has been carried, from the post runners of 3000 B.C. to the airmail of today. The illustrations are by Frank Dobias. (Age 8-12.)

PLAYING AIRPLANE, by John McNamara. Illustrated by Frank Dobias. *Macmillan.* $2.50.

The interesting features of this book are that it is written by a real aviator and that it gives directions for making a packing-box airplane with controls and a movable rudder. The directions are practicable; we have tried them out. Because the author (*Turn to next page*)

The MOST — ENDURING, CONSTRUCTIVE

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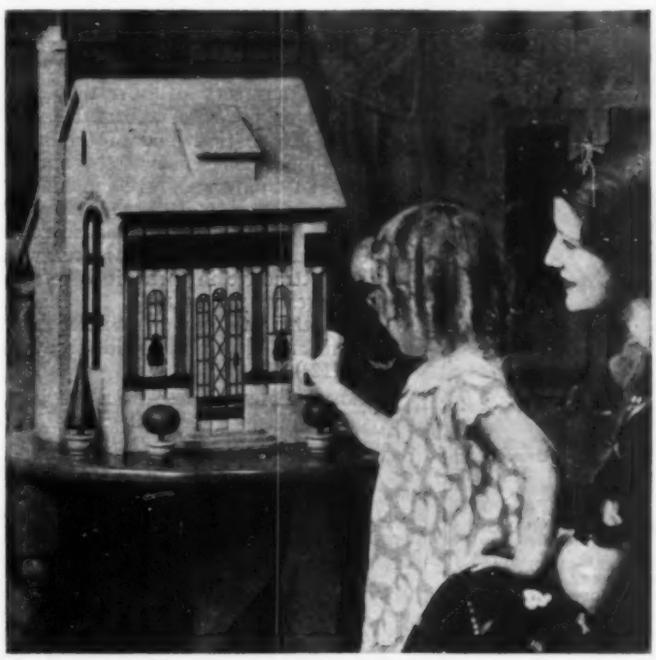

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The Doll Family started on a long sea voyage, and were well on their way when the ship was wrecked and they were scattered along the shores of a tropical island. They had many strange adventures before they got together again. They learned a lot about tropical jungles, strange plants, monkeys and many unfamiliar creatures while they were lost on the island. **$3.00.**

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"KID"

By Mary Biddle Fitler

Many boys and girls are eagerly awaiting this new book in which Reddy, son of Widow Macmanus and leader of the Red Lion Clan, makes his second appearance. Reddy stumbles over a new friend whom he promptly terms—"Kid." "Kid" is admitted to the close corporation, and they have many new and exciting adventures. **$2.00.**

HARPER & BROTHERS

49 East 33d St., New York

Christmas Books for Boys and Girls

(*Continued from page* 83)

is an army aviator he puts too much emphasis on the use of airplanes in war. Children know more about the mail planes and passenger planes than they do about bombers and battle planes. (Age 6-9.)

For Those Who Enjoy the Fanciful

THE NUTCRACKER OF NUREMBERG, by Alexandre Dumas père. Translated by Grace Gingras. *Robert McBride.* $2.50.

An attractive translation of the famous story of the feud between the Nutcracker of Nuremberg and the Mouse King. The format of the book is good, with a striking black and gold cover and delightful silhouettes by Else Hasselriis. (Age 8-10.)

THERE WAS MAGIC IN THOSE DAYS, by Norris Jephson O'Conor. *Stokes.* $2.00.

This is the story of how the leprechauns became fairy shoemakers. It tells of the visit of the tiny king of the leprechauns to the land of mortals, and reminds us of Gulliver's Travels in Lilliput. The author suggests that the old Irish story may have been the original source of the Gulliver story. The book is well written and attractive in form, it is refreshingly interesting; so many of the fanciful tales written today are rather dull. Children and grown-ups will enjoy it. (Age 8-12.)

MAGYAR FAIRY TALES, from old Hungarian legends, by Nandor Pogany. Illustrated by Willy Pogany. *Dutton.* $3.00.

The illustrations for this book are of the decorative type with which we associate Willy Pogany. The stories are the traditional fairy tales in a different dress, as well as some we have not heard before. An attractive gift book. (Age 8-10.)

FAIRY TALES OF MODERN GREECE, by Theodore P. Gianapoulis. *Dutton.* $2.50.

We have had many Greek myths, but no Greek fairy tales and it is interesting to have these. The author has not only retold the stories but has introduced us to Greek peasants who have a real belief in fairies. (Age 8-10.)

THREE CHRISTMAS TREES, by Mrs. Ewing. Illustrated by Parmela Bianca. *Macmillan.* $1.75.

Three of Mrs. Ewing's charming, sad stories with unusual illustrations by Parmela Bianco who is almost the only person who could make satisfactory pictures for this book. (Over 10 and for adults.)

Fiction for Older Boys and Girls (10 and over)

FREEDOM'S DAUGHTER, by Gertrude Crownfield. *Dutton.* $2.00.

An interesting historical story, the scene of which is laid in Philadelphia during the American Revolution. The historical background is authentic and the story very readable.

GREEN ISLAND, written and illustrated by George Biddle. *Coward McCann.* $2.50.

George Biddle has written for adults and older boys and girls the story of his household in Tahiti, of Uraponi, Mocrai

New Crowell Books

For YOUNGER READERS

The Wonderful Story of Industry

By Ellen Friel Baker

An inquiring boy goes with his uncle to interesting factories, and watches the big wheel of industry go round. *Fully illustrated by C. M. Boog.* $2.50.

Famous Events in American History

By Inez N. McFee

A new telling of some of the great moments in our earlier history, as well as more recent happenings. *Illus.* $2.00.

Girls of Long Ago

By Ida D. Peters

A series of delightful stories about some of the famous women of America, in their girlhood. *Illustrated by Mabel Pugh.* $2.50.

Famous Girls of the White House

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Charming pictures of some of the girls who made the stately corridors of the White House gay with their chatter and laughter. *Illustrated.* $2.50.

The Witness Tree

By Harold Channing Wire

A fine tale of adventure in the high Sierras, in which a boy aids a Forest Ranger to fight timber thieves. *Illustrated in color by Hastings.* $2.00.

Jerry and Grandpa

By Hilda M. Wicksteed

The devotion of a little terrier for his elderly master is the theme of this appealing dog story. *Color illus.* $1.50.

Skipper—the Story of a Dog

By M. Benson Walker

The amusing antics of an impertinent fox terrier who came to visit two collies on a farm. *Color illus.* $2.00.

Stories from the Poets

By W. B. Pern

A retelling in prose of some of the famous themes which have been embroidered by the poets. *Illustrated in color.* $1.50.

Stories of the Youth of Artists

By Mary N. Roberts

Charming stories of Michel Angelo, Da Vinci, Van Dyck, Reynolds, and other artists in their boyhood. *Illustrated by Constance Whittemore.* $2.50.

THOMAS Y. CROWELL CO
393 Fourth Avenue New York.

and Popti, three Tahitian children who kept house for him. The story is interesting because it is so different and unusual though it is difficult to believe that Tahitian children converse in the manner of the children in this book. Some of the decorations are delightful, but the illustrations are too weird and strange to be pleasing to most readers, particularly to young ones.

LAND SPELL, by Gladys Hasty Carroll. *Macmillan.*

A modern mystery story by a popular writer. A girl from the city arrives suddenly on a Maine farm; the mystery centers around her identity. Excellent characterizations.

QUEEN DIDO'S TREASURE, by Ada H. Glanville. *Little Brown.* $2.00.

Another good historical story with striking jacket and decorations, and much adventure. Rai, the hero, is the nephew of Hannibal and the story is concerned with a search for treasure, and with hazardous escapes from the priests of Baal and Moloch.

THE DARK STAR OF ITZA, by Alida Sims Malkus. *Harcourt Brace.* $2.50.

In this book Mrs. Malkus re-creates in a most convincing way the life of an ancient city of Yucatan. There is romance and adventure and mystery. The author knows her setting, for she accompanied the Carnegie Expedition which had as its purpose the excavation of the ruins of the city. The decorations, contributed by the artist of the expedition, are very much a part of the book.

Christmas Gifts for Children

(*Continued from page* 19)

his special interests will be and how he will plan to spend time in his maturity may be directed by the play materials with which he is surrounded during this period.

A child who is given paints, clay and other arts and crafts materials with which he will find pleasure, may possibly find in them a medium of self-expression. Because he is given these materials, in no way determines that he will become an artist; in fact, we may not necessarily want this for him. Yet, an opportunity to try his hand at arts and crafts materials may open up many avenues of interest. On the cultural side, because he has tried a certain medium of art, he has gained a slight appreciation of the difficulties of the artist in that field, and an understanding of what might be expressed. He can have an insight into art expression whether it is music, painting, or poetry, only if he has experimented with them and realized how difficult it is to express any idea in any medium. A simple example of what I mean by appreciation is that of a child who brought home from school a product of his clay modeling efforts, a paper weight in the form of a horse, and compared it with a statue of a similar subject in his own living room and which he had never noticed especially heretofore. He was heard to say, "Gee, that artist made his horse look as if he was really galloping." It gave that child greater respect for artistic things. (*Turn to next page*)

Send 10c for
Rollfast Skating Cap
1st dog: "Well anyway, I'm glad he's wearing Rollfasts."
2nd dog: "Yes—I hear they're the easiest thing a kid can put on his dogs."
D.P. HARRIS HDW. & MFG. COMPANY, D.P. HARRIS BLDG., N.Y.
Rollfast
SKATES
next to wings

Behavior Problems of Children

Habit Training in the Home

Psychological Service—Advice on Schools

SELECTED GOVERNESSES UNDER SUPERVISION

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A Service Without Geographical Limitations for All Children, Normal or Handicapped

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JESS PERLMAN, Director
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ONE EAST FIFTY-THIRD STREET
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Telephone—Plaza 9512

Great Stories for All Ages

Mothers and teachers in quest of a single volume of the best Christmas stories will find here a delightfully illustrated book of cheerful and kindly tales, for reading aloud, for programs, or as a gift.

Edited by MAUDE OWENS WALTERS

A Book Of Christmas Stories For Children

Contains 37 Stories $2.50 *Illustrated*
DODD, MEAD & CO., 449 Fourth Ave., N.Y.

PATTERN PRICES

(*Designs shown on page 30*)

No.	Price	No.	Price
3332	20 cents	3329	25 cents
3142	25 cents	3331	20 cents
22001	20 cents	3326	25 cents
3017	25 cents	2406	15 cents
3325	25 cents	3019	25 cents

Order from THE PARENTS' MAGAZINE, *255 Fourth Avenue, New York, N. Y.*

"EASIEST PIANO LESSONS for *YOUNG BEGINNERS*"

Even four- and five-year-olds

can learn to play with this simple system for home use. *No piano teacher required!* Adults learn while practicing with child. Endorsed by musical and educational authorities (names on request).

Complete Course sent postpaid for $1.00.

JUVENILE MUSIC BUREAU
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The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

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LIFELONG
HAPPINESS

GIVE YOUR BOY a Pan-American instrument this Christmas—and open a whole new world of pleasure and profit to him. Every normal boy thrills to the idea of playing in a band or orchestra. With a sweet-toned, easy playing Pan-American the beginner is encouraged by rapid progress.

To develop talent, to awaken music appreciation, to build character—give a Pan-American. Factory guaranteed, moderately priced, complete line. Free trial; easy payments. Send coupon now.

PAN-AMERICAN
Band Instrument and Case Company
1214 Pan-American Bldg., Elkhart, Indiana

Please send literature and details of trial offer on
Name
St. or R. F. D.
City
State

MUSICAL
ROCKING CHAIR

Music plays while child rocks. Nothing to wind. Nothing to get out of order. Beautifully enameled in Ivory, Green, Pink or Blue. Best quality reed and durably built. Ask your dealer or send order direct to us.

Price only $5 each prepaid.

DIRECT TOY SALES CORP.
215 Fourth Ave. New York City

Christmas Gifts for Children

(*Continued from page 85*)

This same is true of all art appreciation. If you have given your child a set of linoleum block printing tools so that he can carve blocks to make his own Christmas cards or perhaps his own book plate, he will probably look at book illustrations and prints on the walls of his home in a critical and understanding way. This brings me to the second avenue of interest offered to a child by an opportunity to play with arts and crafts materials. He may want to know more about these prints he has tried to make in a crude way, and may start on a lifelong hobby of interest and enjoyment, and collecting of prints. This is a hobby that will enrich his life and make his leisure more interesting.

FROM THE PRACTICAL side, contrast a person who has tried his hand at various arts, materials or tools or electrical experimenting sets with a person who has not had such diversified play facilities. The former is likely to be a much more practical, more all-round person. He is able to repair a bell that is out of order; he is able to paint a piece of furniture himself, and he gets pleasure from the fact that all this is his own achievement.

There are available today in game form sets so simplified that a child can understand nearly all the scientific developments of our time. There are outfits with which he can do elementary experiments in chemistry or physics. Playing and experimenting in this simplified form may very possibly start in that field an interest which may continue as a hobby or develop into a life career. For a boy who is not particularly studious, there is an outfit which shows how he can put on an entertainment of magic. These magic tricks are all simple chemical phenomena such as turning colorless water into red wine. With this game which started as pure play and entertainment for himself and his friends, there may be aroused an interest in the causes underlying this magic. Included in this type of toy there is a set which contains all the materials needed to erect a workable telephone. What fun two boys can have who have rigged up an inter-apartment telephone for their private conversations, and what a mass of knowledge they have accumulated.

Every new development in our civilization has been reflected in our toys. None has left such a marked impression as aviation. Every normal boy wants to make model planes and wants to fly them. It does not mean that they will be Lindberghs, but they would not really be part of their own day and age if they did not have a working knowledge of what made the "wheels go round" in aviation. The junior aviation clubs and contests for flying model airplanes that are being organized all over the country will surely have an effect not only on those boys who participate in these activities but also on the future of aviation.

Along with this interest in aviation has come a more live curiosity in geography. It is no longer a dreaded school subject.

"I hope to see FUNDAY in every nursery."—WINIFRED SACKVILLE STONER.

The most charming book for little children published in a decade

FUNDAY
by ILO ORLEANS

A unique and distinctive fully illustrated book of verses containing 368 original poems and 368 original pictures; set up as a diary—and reproduced in the original form as the author prepared it for the amusement of his own children, JUDITH, age 8, and JULIAN, age 3.

A book every boy and girl from 3 to 13 will cherish

MARTIN & CO., Publishers
MOSS & KAMIN, INC., Distributors
23 Lexington Ave.,
New York, N. Y.

$3.00 at all leading booksellers or at the publishers. Beautifully and stoutly bound in heavy buckram. De Luxe Format

If you decide for better gifts
Give them
National Geographic Game

This outstanding game makes strong appeal to all who enjoy an exciting contest, a combat of wits embracing chance, skill and knowledge.

New, Fascinating and Instructive

Played in six different ways to suit understanding of all ages. Equally enjoyed by young and old. A home entertainer of widest scope. Two or more can play. Educates as well as amuses. *Teaches children important points in Geography that they do not forget.*

Ideal Christmas Gift

Children are delighted with this game and no other gift would be more appreciated. Beautifully made and attractively boxed, consists of: *Outlined map of United States in two colors on cloth, 48 discs with names of states, 48 discs with names of Capitals, discs with names of all Presidents, each set of discs in cotton bag. Spinning indicator. Two advisory cards and direction.* Price only $1 postpaid. Prompt delivery and satisfaction guaranteed.

This game was just published and will not be sold in stores this season. Send order directly to publisher using coupon for your convenience.

JOHN W. RUZE, 347 E. 73rd St., New York
☐ Send one N. G. Game for $1. ☐ Two for $2.
☐ Three for $2.75. ☐ Six for $5.
Remittance enclosed in ☐ Cash. ☐ Check. ☐ M. O.
☐ Send C. O. D. (Fee on all C. O. D. shipments is 17c).
Name .....Dept. PM
Address .....

It is a jolly game to trace with chalk upon the surface of a specially prepared globe the course followed in famous flights.

The girls who are children now will probably have careers and interests outside their home when they grow up. This will necessitate doing the home job more skilfully and with greater facility than ever before. A girl who has experimented with cooking on her own electric stove or with sewing on a small sewing machine should undoubtedly approach adult household tasks with greater ease.

One of the most satisfying ways of spending leisure time, well worth developing in children, is a love of reading. What books to read and the subject of children's literature as a whole is much too intensive to touch here. However, the reading that is related to an interest or a developing hobby is the sort that should be most encouraged. For instance, if your child is suddenly interested in stamp collections and happens to find a stamp with the picture of Queen Elizabeth printed on it, he should be encouraged to learn through his readings something about Queen Elizabeth, her country and her times. It will establish the habit of individual research which is one of the marks of a truly educated person.

There is almost no avenue of interest that cannot be developed through play. A love of and interest in nature study may be fostered by giving your child a miniature hothouse just like a real one, not too large to stand on a window-sill, in which he can sow seeds and follow the daily growth of the plants. There are biology and botany sets designed to encourage the starting of insect and flower collections. This sort of set may lay the foundation of an interest through which the child can learn and thereby derive many hours of enjoyment.

Athletics, whether as play for the young or as means of relaxation for the adult, are also a source of enjoyment. Your child should have plenty of athletic equipment so that he will learn to participate in many forms of sports. There is every sort of athletic equipment—bars, slides, rings, swings, tennis rackets, golf clubs—to be had, in sizes suitable for a child, which ought undoubtedly to encourage the child to active participation.

I HAVE mentioned many sorts of materials, some of which cannot perhaps be called toys, but all of which are to be used in the play hours. To derive the fullest benefit from the use of these toys one must have free hours in which to use them. There must also be a suitable place to play with them. A room, an attic, a cellar, some corner that is one's very own is necessary for experimenting with these things, a room that does not have to be entirely cleared up every night and where experiments, paintings, carpentry, and other projects may be left in place undisturbed until they are completed. Most children's days are so completely scheduled that they have little time to cultivate their special interests. It is up to us, as parents, to see to it that children are given leisure, and are encouraged through the toys given them to use this leisure so that it will be worth while not only then, but in years to come.

(*A list of toys is given on next page*)

Modern Play Equipment for the Modern Child

A Practical Easel for Home or School; combines blackboard and painting surface; has large pad drawing paper, detachable paint tray, aluminum paint cups, chalk and eraser. Solid maple, natural finish, red trim.
Single Easel (one side) $12.50
Double Easel (two sides) $15.00
Send for Catalog of Graded Toys

Specialists in Modern play material for the Child from infancy to 13; also Nursery School equipment. Send for Catalog.

THE PLAYROOM
Janet M. Knopf Director
220 W. 98th St., N. Y. C.

MOTHERS *Be a Genie to the Child You Love!*

Thousands of kiddies—at Xmas, birthdays, and special parties—have been made happy with "Fairy City"—it is fascinating and educational. 120 multi-colored pieces—ready to set up—no pasting. Includes complete circus—train, steamboat, airplane, bridge, public buildings, stores, tradespeople—a *complete city*. On heavy cardboard. Retails, $3.50. Sent postpaid in U. S. $2 ea., 6 for $10—12 for $18, to separate addresses. FREE—22 page Fairy Tale "Giants of Lilliputania" included with each "Fairy City". Order now for Xmas—satisfaction or money refunded.

THE BAKER CO., 311 Pearl St., New Albany, Ind.

MORE THAN A BOOK *A New* **METHOD**

A practical, simple and valuable aid to parents in securing obedience, developing character and overcoming bad manners and undesirable habits. Astoundingly easy to use.

Designed for use with children of 5 to 12 years, it wins and MAINTAINS THEIR INTEREST which accounts for its great success.

Book plus accessories, postpaid, $2.00. Money refunded if it does not appeal. Write.

HAPPY HOUSE CO. **WELLESLEY, MASS.**

Give the Kids *the fun you had*

57 GAMES on one board

Carroms
Crokinole
Checkers
Chess
Ten Pins
Cocked Hat
Five Back
Seven Up
Backgammon
Spinoza
Pyramid Pins
Cue Pocket
... and dozens of others.

57 different, fascinating games — and every one played on the improved Carrom Game Board — even more interesting than the one you enjoyed in your own kid days. Give your children a Carrom Game Board for Christmas!

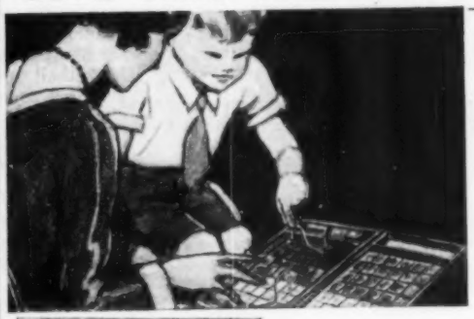
THE CARROM CO.
Ludington, Mich.
Carrom
GAME BOARDS
"at most dealers"

RUSSIAN PYRAMID

Gaily colored wooden rings set securely on a base and peg. Children of one to four love to take it apart, play with rings and put them back just right. 11" high. Now sent postage prepaid for only.. **$2**

CHILDREN'S BOOK AND PLAY SERVICE, INC.
755 Madison Ave. New York City **105 E. Delaware Pl. Chicago, Ill.**
Send for Catalog A

GIVE THIS TOY FOR CHRISTMAS....



The Wonder-Game of Knowledge

Some of the 15 cards that come with the Questioner.

Here's a wonderful toy that thrills as it teaches. It answers all the questions children are constantly asking—about the names of flowers and birds. How ants build homes. Where different animals live. The strange world beneath the sea. And hundreds more. Just imagine the wonderful fun your children can have asking this amazing toy the many different things they want to know. And then what a thrill to get the correct answer at their finger-tips by a mysterious buzzing sound. A wonder game of knowledge that makes learning a great adventure. Lasts for years. Always up to date. Give it for Christmas. Comes complete with battery and 15 cards.

***FREE**—Send coupon for folder describing this Wonder Toy and additional cards.*

$3.50
(Denver and West, $3.75)
At All Stores

KNAPP ELECTRIC QUESTIONER

KNAPP ELECTRIC, (Div. P. R. Mallory & Co., Inc.)
Dept. P-12, 3029 E. Washington Street, Indianapolis, Ind.
☐ Send Knapp Electric Questioner—$3.50. (Denver and West—$3.75.) ☐ Money enclosed.
☐ I'll pay postman. ☐ Send FREE folder on the Questioner, cards and other Knapp Toys.

Name..... Address.....

The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

CHRISTMAS GIFTS FOR CHILDREN

CONTINUED FROM PAGE 87

Gifts for the Baby

Rattles of various sounds and colors
Wooden bead doll (fast colors)
Strings of bright wooden beads, fast colors
Bells
Rubber balls
Washable woolly balls
Stuffed and rubber animals
Soft stockinet dolls
Balloon (to float above crib)
Play pen, Floating toys

For the 2- and 3-Year-Old

Physical Exercisers

Sand-box and pail, Beach ball
Kiddie-kar
Small rough balls
Small dump cart
Animals or birds to be pulled by a string
Wooden race-horses, cars and boats to be pulled
Rocking-chair horse
Small low acting bars
Doorway gym

Dramatic Playthings

Indestructible or rag dolls
Doll carriage, cradle, bed, chair and table
Crying and talking dolls
Play washtubs and board
Noah's ark
Noisemakers
Wooden and iron trains
Mops and brooms
Horns, Drums

Handcraft Materials

Colored wooden rings on peg
Pyramid with discs
Blackboard and chalk
Large crayons
Large sheets of bright paper
Blocks
Three-piece puzzles
Nest of blocks
Peg board

For the 3- and 4-Year-Old

Physical Exercisers

Pushing and pulling toys
Slide, Sand-box
Low swing or chair swing
Junior outdoor gym
Balls to kick and throw
Milk wagon
Fire and express wagons
Wheelbarrow
Two-pedal automobile

Dramatic Playthings

Life-size baby dolls
Doll dishes (unbreakable)
Doll furniture
Carpet sweeper
Flower watering can
Clothes hamper
Toy stove, pots and pans
Airplanes
Boat (canoe or sail boat)
Bubble blower
Clown, policeman, Indian or cowboy suits
Mechanical trains
Rain boots
Trains to run by hand

Handcraft Materials

Easel, paints, large brushes
Peg board
Wooden beads to string
Weaving sets
Paste, large crayons
Four-and-five-piece puzzles
Modeling clay
Cardboard dolls, with dress patterns to be sewed
Material for doll's house
Slate and pencils

For the 4- to 6-Year-Old

Physical Exercisers

Scooters, Seesaws, Skates
Parallel bars
Wagons to steer and coast
Water wings
Snow shovel
Large tricycle
Toy garden tools
Double-runner ice skates
Outdoor gym
Swing with board seat

Dramatic Playthings

Housekeeping toys
Doll trunk and clothes
Additional doll furniture
Toy piano
Laundry set
Horn with notes
Cowboys, Indians
Castles, Farmyards, Circuses
Storekeeping outfits
Airplanes, Toy chest
Carpet sweeper, Playphone

Handcraft Materials

Modeling clay
Opaque water colors
Sewing materials
Play screen
More difficult weaving sets
Bead weaving materials

Games

Bean bag, Spin the ring

For the 6- to 8-Year-Old

Physical Exercisers

Ball-bearing skates
Sled to steer, Big slide
Children's golf set
Tennis racquet
Climbing rope
Large digging tools
Single-runner ice skates
Horseshoe sets

Dramatic Playthings

Small dolls
Sewing materials
Outdoor blanket
Typewriter
Train with track
Building sets
Tool chest, Bird house
Rubber stamp outfit
Pencils sets, Raffia sets
Concrete mixer, Water tower
Train systems
Knowledge-giving games

Handcraft Materials

Yarn weaving sets
Raffia sets, Blackboard

Games

Flinch, Authors, Puzzle maps

For the 8- to 10-Year-Old

Physical Exercisers

Tennis racquet, Tennis net
Croquet set, Deck quoits
Gym bar (set five or six feet from the ground)
Trapeze, Bicycle
Ice Skates, Volley ball
Basketball and standard
Jumping rope, Jacks
Fishing pole, Archery set

Handcraft and Dramatic Playthings

Modeling clay
Paints and easel
Drawing board and paper
Locked chest
Magnifying glass
Electric train, Electric stove
Jigsaw and boards, and vise
Carpenter's bench
Knife for carving
Soap-carving outfit
Cords and knot book
Geology collection
Bloomer play suit
Toy theater

Games

Authors, Dominoes
Question and Answer games
Checkers, Chess

For the 10- to 12-Year-Old

Physical Exercisers

Baseball, bat, gloves, mask and protector
Ice skates, Bobsled
Hiking bag, Duffle bag
Tent, Fishing kit
Snow skates
Soccer ball
Boxing gloves (two pairs)
Punching bag

Handcraft and Scientific Materials

Butterfly net, Compass
Woodcraft books
Scout hatchet, Scout knife
Scout suits
Hiker's map book
Piano, guitar, ukulele, banjo
Lock diary
Sewing machine
Desk globe
Desk, Drawing kit
Good set of paints, palette, brushes
Workbench
Wood-turning equipment

12-Year-Olds to College Age

Sporting Gifts

Golf clubs and bag, clothing and shoes
Skis, Hockey sticks
Canoe, Snowshoes
Fishing tackle, boots, kit
Double-deck sled
Basketball equipment
Hiking or hobnail boots
Camping outfit
Billiard table, Field glasses
Bright-colored leather jacket
Gay scarfs, Warm gloves
School jackets, Football

Miscellaneous Gifts

Movie-taking machine
Camera
Fountain pen and pencil set
Desk set, Desk atlas
Desk dictionary
Favorite etchings or prints
Book ends, School pennants
Kodak albums
Victrola records
Address book, Diary
Typewriter
High school memory book
Monogrammed stationery

Large Gifts

Trunk to take to college
Fitted case
Lamp, rug or curtains for own room

Personal Gifts

Bath powder, Bath salts
Perfume, Vanity case
Dresser sets, Manicure sets
Party dress, Bead bag
Gift handkerchiefs
Beads and bracelets
Bric-a-brac
Shaving mirror
Military brushes
Dress suit, Dress scarf
Dressing gown, Reading lamp

2 Christmas Gift Subscriptions *for only*... $3

If You Order AT ONCE

IMAGINE! Two full-year subscriptions to THE PARENTS' MAGAZINE for two separate addresses ($6.00 newsstand value, $4.00 regular subscription value) at the amazingly low price of only $3.00!

Think of it! Two splendidly useful Christmas gifts for less than the price of a single ordinary one of dubious value! Two individual full-year subscriptions to THE PARENTS' MAGAZINE for the newsstand price of just a single year!

No gift will be more appreciated than this magazine which brings such practical helpful counsel, such wisdom and understanding on the rearing of children *from Crib to College*.

No gift so typifies the true spirit of Christmas—or brings such joy and happiness to the father, mother and children in the homes of the recipients. Give the 12-time gift that keeps on giving happiness throughout the year. Do your Christmas shopping right on this page—*NOW!*

A Beautiful Greeting Card

Cheerful, colorful and charming is the Christmas Gift Announcement Card which will bear your name as donor and be sent free to the recipients of the gift subscriptions you order. It will be mailed in an envelope to match, to arrive at Christmas time together with the first issue of the subscription.

SPECIAL CHRISTMAS OFFERS

2 One-Year Subscriptions, *Only* $3
(Single-copy Value $6.00)

Additional One-Year Subscriptions, *Only* $1.50

1 One-Year Subscription for $2
(Single-copy Value $3.00)

1 Three-Year Subscription, *Only* $3
(Single-copy Value $9.00)

Send The PARENTS' MAGAZINE as a Gift

TO Every Mother You Know, whether her children are just learning to toddle or about to graduate from high school. **From Crib to College,** this magazine brings help for all!

TO A Mother of a New Baby. She will be everlastingly grateful for the counsel the magazine gives on all the many problems that are new and strange to her.

TO Your Child's Teacher. It will help her to understand children as mothers and fathers do. And your child will reap the benefit.

TO Your Family Physician. He will welcome it as the ideal magazine for his waiting room.

TO The Minister of Your Church. The better he knows and understands the countless problems which confront both parents and children, the more helpful he can be to them.

THE PARENTS' MAGAZINE,
255 Fourth Avenue, New York, N. Y.

Please enter the following Christmas Gift Subscriptions to THE PARENTS' MAGAZINE for the number of years indicated, and send Christmas Greeting Cards, bearing my name as the giver, to each recipient. Under your Special Christmas Offer, I enclose only $..... in full payment.

Name of Recipient .....
Please Write Clearly
Address .....
City and State ..... ☐ 1 Year ☐ 3 Years

Name of Recipient .....
Address .....
City and State ..... ☐ 1 Year ☐ 3 Years

Name of Recipient .....
Address .....
City and State ..... ☐ 1 Year ☐ 3 Years

Giver's Name .....
Giver's Address .....
City and State .....

Canadian postage free; Foreign 50c extra per year.

Enclose $2.00 for one 1-year subscription; only $3.00 for two 1-year subscriptions; and only $3.00 for each 3-year subscription.

500 PICTURES WITH $5 WORTH OF FILM

IT'S THE KIND of camera you need, the Memo. Not much larger than your hand, it takes 50 pictures with a 50-cent film. Takes them fast and sure too. Your subject doesn't have to be still. Just snap the Memo to your eye and, presto, another unusual picture is yours. And versatile! The Memo gives small prints for illustrating letters . . . enlargements for the album . . . and, best of all, complete reels with titles to show on the screen. Whatever other cameras you have, you need a Memo — the different camera that applies photography to hundreds of new uses.

Memo pictures are shown on the screen by the Memoscope $19.50

Memo Camera $20 including Case. Focusing Models to $40

AGFA ANSCO OF BINGHAMTON, N. Y.
Please send me free 56-page Memo handbook

Name_____

Address_____ 14

Educate Your Child With Postage Stamps

Stamp Collecting gives one an intimate contact with the entire world. Foreign countries no longer seem remote when we handle these interesting "stickers."

To start your child in this delightful hobby will furnish him a real urge to want to learn.

The Modern Outfit

Provides everything needed to start a stamp collection. An ideal gift.

Modern Album, 1000 Different Stamps, 1000 Stamp Mounts, Perforation Gauge, Set 19th Century Arms, Flags and Rulers and Guide to Stamp Collecting.

Packed in Box. Price. $3.00

SCOTT STAMP & COIN CO.

1 West 47th St. New York, N. Y.

A SIEVE THAT SAVES YOUR HANDS

The SUPER SIEVE★ Rotary Colander

"MORE THAN A SIEVE"

Baby's First Solid Food!

Now it's easy to sieve cooked fruits and vegetables. Just pour them piping hot into the Super-Sieve Rotary Colander. Rotate handy hard wood roller and food comes through QUICKLY in smooth, puree form—just right for baby's first solid food. Saves time and labor. A remarkable Combination Colander, Sieve, Ricer, Fruit and Vegetable Press with many DAILY uses. Approved by Good Housekeeping Institute. At stores or by mail $1.25. Fully guaranteed.

THE TYLER MFG. COMPANY
Dept. C-120 Muncie, Indiana

REG. U.S. PAT. OFF.

Pant-ease Side Pinning DIAPER

FINE FOR CREEPING BABIES

because of perfect fit and scientific design Pant-ease stay on the most active baby—no loose ends. Sold at Department Stores & Children's Shops, or direct from us. Small, $2.50; large, $3.00; extra large, $3.50 per doz. Send for free booklet.

INFANT WEAR CO., DEPT. 331, PERRY, N.Y.

Hunting Stamps

(*Continued from page 28*)

other subjects has been stimulated as we have studied the designs on our stamps. For biography, history, art, and even religion itself, we have found abundant illustrative material. Geography and the location of the countries and their capitals and some of the principal cities have come easily and naturally each day as interesting stamps have been added to our collection.

There have been other benefits from the study of these "scraps of paper," which are the only authentic national documents that are available to all of us. The capacity for close observation, the development of a knowledge of color, the learning of neatness in the arrangement of the stamps in the album, all result naturally from the collection and study of postage stamps.

It is not necessary to spend a considerable sum of money in starting the young collector on this instructive hobby. With the following supplies the collection can begin: A good stamp album, costing from fifty cents to five dollars; an assortment of stamps containing from five hundred to a thousand different stamps; a package of gummed stamp hinges; a perforation gauge to measure the size of the perforations on the various stamps; and a watermark detector.

SOON AFTER the collection is started Scott's Standard Stamp Catalog, illustrating and describing the various postage stamps that have been issued, should be obtained to enable the collector to identify the more difficult stamps. From then on, postage stamps should be provided in sufficient quantity to sustain interest, but not in such great quantity as to satiate it or to discourage the study of the stamps obtained and their proper placement in the album.

The obtaining of stamps is a quest of no small interest in itself. Perhaps there are in the family some old, forgotten collections or old letters bearing early United States issues. Such a beginning would be most fortunate. Inquiry of friends and neighbors will doubtless produce letters from foreign countries bearing current issues of stamps. It will be necessary in most cases, however, to purchase packets of assorted postage stamps. These may be obtained from numerous reliable stamp dealers in any of the larger cities and can also be imported in quantities from various foreign houses. If one is more resourceful he may establish contact with collectors abroad and exchange current United States stamps for those of other countries. In the Readers' Column of a recent issue of *Overseas Daily Mail*, published in London, are letters from boys and girls in China, Egypt and Australia wishing to exchange stamps. There are also numerous foreign exchange clubs located in Germany, France, Spain, Persia, Japan, India, and elsewhere, that publish names of collectors who are desirous of exchanging stamps, post cards, curios, etc. A further step will be to subscribe to some one of several interesting and informing philatelic magazines which describe new issues and contain instructive articles on the various phases of stamp collecting. Several

EXTRA MONEY

for your purse!

Just about NOW, couldn't you use a lot of extra money? For something you've wanted a long time, perhaps, but couldn't quite afford.

Of course you don't know yet how easily you can turn odd moments into cash handling renewal and new subscriptions for us.

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Mothers, teachers, doctors, busy people of high standing in communities all over the country are taking advantage of the demand for this magazine to build a permanent, steady income.

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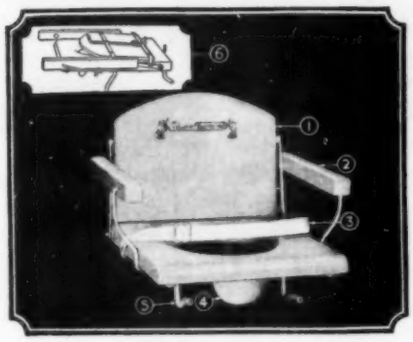
12-30

The Kiddie Toylette No. 19



AN INFANT SEAT OF SUPERLATIVE MERIT

Smallest Infant Positively Cannot Fall Off

THE only infant seat with positive lock front and back. Will not mar the finest finish of the adult seat. Finished in attractive nursery colors. Note these points (indicated in picture) all important to you or to your Baby:

1—Full back set at comfortable angle.
2—Wooden arms.
3—Waist line safety strap. See below.
4—Closed front and sanitary lip insures utmost cleanliness of adult seat.
5—The clamps automatically lock seat in place when cover is raised.
6—Only one motion required to either lock or release this new seat.

It is obvious that an open front infant seat is unsanitary. That is why this new Kiddie Toylette No. 19 is made with a closed front and a sanitary lip which extends downward into the bowl, and may be used for either sex.

The waist line safety strap is adjustable and is placed at the back of the seat and prevents the child from moving forward, thus keeping him properly positioned over the opening in the adult seat.

Literature further describing this PERFECT Infant seat will gladly be sent upon request, together with a pamphlet describing 20 other baby specialties, such as the Auto-Comodate, Comfy Crib, Tub-a-lette, etc.

Insist upon your dealer procuring this improved new seat for you.

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Whooping cough quickly soothed with Vapo-Cresolene, vaporized and inhaled direct to irritated membranes of breathing organs. Use tonight and save your child from that wracking cough. The drugless, simple way to relieve Bronchial Asthma and Spasmodic Croup. Your choice of lamp-type or new electric vaporizer. All drug stores.

Lamp-type Vaporizer

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Remedial Inhalant for 50 years. Write for Booklet No. 9712 Vapo-Cresolene Co., 62 Cortlandt St., New York

very helpful books have been published dealing with postage stamps and their collection.

Much of the fun of collecting comes from exchanging duplicates with other collectors, and to this end schools, Y.M.C.A.'s, churches, department stores, etc., have organized stamp clubs where collectors may meet and exchange stamps and information about them. Your children will need your help, at first, in developing this worth-while hobby. You will find that in giving it you may create a companionship based on mutual interests and the fun to be found in collecting.

Square Peg

(*Continued from page 21*)

those Gran said she wanted to know about. Betty was incredulous at first, but after her child's unerring instinct told her Gran's interest was sincere, she told her more and more. She told her how it felt the day she'd been in the old apple tree when the storm came up and she'd stayed there, clasping the trunk tight, staring while the lightning flashed and the thunder rumbled and the wind and rain lashed her, and the old tree swayed. Finally she told Gran her most precious secret, the little verses she'd made up, the one about wading, and the other one about the clouds. All those things she poured out to Gran, because, useless, inconsequential, annoying, insignificant though they were, they mattered to Gran.

ONE NIGHT Mother came into Gran's room at bedtime. She looked very pale and worried. "Can I talk to you for a little while? It's about Betty. I believe I'll go crazy. Mother, she's been *stealing*. To think a child of mine. . . ."

"Stealing," said Gran quietly. "Are you sure?"

"Oh, yes. She admitted it. Five dollars from my purse."

"What did she do with it?" asked Gran in a matter-of-fact tone.

"She bought candy and with some she bought a hair ribbon. I never let her wear hair ribbons. She's not the type. She said she *found* it. Grace says, 'Mother, we've got a *criminal* in the house.' Her father suggests whipping—hard. To *make* her remember. I've thought of shutting her in her room—make her feel she's not good enough to associate with us—till she realizes. Oh what do you think? I believe you're the only person she really likes. It's terrible to say it, but I do."

Gran looked at her daughter, a perfect replica of little Kate—the same, feature for feature—and now so miserable, so completely baffled. A wave of pity swept over Gran. How many miles she was from her own child—how many hopeless, helpless miles. What should she say to her?

"My dear, I don't think sudden stealing on the part of a child is such a terrible thing at all. I've known lots of nice children to do it. And I think you'll make an awful mistake if you make a lot out of it. As for whipping a terribly sensitive child like Betty, or shutting her off, I think you might get something you'd be sorry for. Tell a child (*Turn to next page*)

ARE YOU USING A *Sterilized* BABY POWDER?

Look at the can and see if it bears the word "sterilized". This word is for your baby's protection and comfort — and *your* peace of mind. If it isn't there, you're taking a real gamble. For the microscope reveals that unsterilized powder contains a large number of harmful bacteria which may mean a doctor's call that could be avoided — many anxious moments for you or possibly serious illness for your baby.

The word "sterilized" on the LACO powder container means that it has been subjected to a unique 235° Fahrenheit heat treatment — that all harmful bacteria have been destroyed — that it reaches you untouched by human hands or any contaminating material. It assures your getting a powder that is extraordinarily soft, soothing and waterproof.

FREE TO MOTHERS

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Please send me Free a full-sized can of LACO Sterilized Baby Powder and cake of LACO Castile Soap.
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An Ideal Gift

For Baby's comfort and Mother's peace of mind. Zipped safely into his Snuggle Rug, Baby is warm and comfy —ready for crib, carriage or motor. And Mother is free from worry for she knows he is securely protected from cold and draughts.

Featured in pink, blue, tan, Nile and maize Kenwood pure wool fabric and other fine materials with matching satin trimming.

Popularly priced at leading department and infants' wear stores. Send for circular and name of nearest store.

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215 N. SEVENTH STREET GOSHEN, IND.

The above are CERTIFIED ADVERTISEMENTS. See page 98 for Advertising Standards.

HUMAN CHILDREN

by PAUL EIPPER

photographs by Hedda Walther

The author's keen, patient observation has caught the tender appeal of childhood. With sympathy and wisdom he describes the charm of babies and young children, their elemental impulses and the gradual awakening of consciousness.

"Among the wisest and most sympathetic writings on children that have ever come from a man's pen."
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ANIMAL CHILDREN

by PAUL EIPPER

photographs by Hedda Walther

The almost human characteristics of the pertly mischievous baby monkey, the appealingly awkward young seal, the timidly leaping antelope infant have all been translated into absorbing prose. A treasure for young and old.

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—DIE LITERARISCHE WELT

EACH BOOK $2.00 OR BOTH BOXED $4.00

THE VIKING PRESS : : : NEW YORK

Square Peg

(*Continued from page* 91)

she's wicked, and she's apt to get that way." Gran leaned forward and put her hand on her daughter's. "Are you perfectly sure, dear, that you're not influenced by reasons not connected with Betty?"

"What do you mean?"

"I mean by feelings that you're disgraced, personally disgraced because a child of yours is stealing."

MOTHER WAS SILENT. "Maybe I am. But isn't it disgraceful?"

"Not the stealing part, I don't think. The things that led to it, yes. Betty's a very unhappy child, my dear."

With this her daughter put her head in her hands and sobbed. All the pent-up worries of years came flooding forth. "Mother, I'm distracted about Betty," she sobbed. "I can't understand it. I suppose it's my fault that she's the problem she is. My fault. Yet she's had exactly the same environment, exactly the same bringing up, the same things that Kate has had—and *look* at the difference. How can two children from the same home turn out so differently? You say she's unhappy. What makes her so? Because I try to make her reasonably well behaved? It's all I ask of her. I ask much less than I do of Kate. I've never given Kate a thing that Betty didn't have. Yet somehow it's my fault—my fault. It'll be my fault if she goes on lying and stealing. . . . I feel so helpless."

"My child, you're tired!" Gran's voice was comforting. "Betty's a terribly difficult child; I know it. But I wish you'd think about this point. If two children are different, then the same bringing up will be better for one than the other, don't you think? And do try not to throw Kate up to Betty. Try to be interested in Betty's funny little fancies. Make yourself interested. And about the stealing, will you leave that matter to me? Just this one time. If you don't get an improvement, I'll turn her over to you."

Long after Mother had gratefully said good-night, Gran was staring into the darkness. What should she do? Was there a way out? Was there? Something . . . something. . . . Anyhow, she wasn't going to say one thing to Betty about the stealing. (*Concluded next month*)

Enuresis—Its Cause and Cure

(*Continued from page* 26)

most important steps in the training of a child who wets the bed is to take him up twice during the night, always at the same time, 10 P. M. and 2 A. M. When he is taken up he should be thoroughly awakened. In this way he becomes aware of what is expected of him. One of the times that the bed is most frequently wet is in the early morning hours when the child is half awake. Much can be done in the way of suggestion and praise, and sometimes it helps to have a calendar on hand and give the child a gold star to paste on the calendar each morning that the bed is dry. In some cases it may be necessary to resort to medication, but this can only be followed out under the direction of the family physician.

For the Little Accident
Double-tipped
SWABS

For applying antiseptics to bruises and cuts—for swabbing sore throats—for cleansing baby's eyes, ears, nose, navel — have Q-TIPS at hand. These swabs are double-tipped with soft cotton, boric-dipped, clean, safe, ready for instant use. Packed in dainty, dustproof boxes and sold everywhere in 25c and 50c sizes. Or write Dept. 21, Q-TIPS, Inc., 32 East 31st St., New York.

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BREAK the THUMB-SUCKING HABIT

End this habit and prevent protruding teeth, facial deformities and other harmful effects.

Dr. Thompson's Sanitary Rings permit perfectly normal use of thumb or finger. Free booklet explaining evils of habit. Enclose $6.00 for two Sanitary Rings, plus 15c postage. State age of child.

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It's Real Printing

Every boy wants a printing press. Leading educators endorse it. Improves English, spelling; develops business ability. Will fascinate father too. Easily understood rules with outfit. Junior Press $6.90, larger $11 up. Send for free catalog and all information. The KELSEY Co., Z-85, Meriden, Conn.

"A Glorified Picture Book"

You will be grateful for this book because:

It is a charming, long, factual story.

It is a story of a little boy of India and "the fattest little baby elephant you ever did see."

It is written by a teacher-author who knows the vocabulary of small children and their interests.

Young children, therefore, can read it themselves, a great point in its favor.

It offers so much in story and pictures that it will be read again and again—and taken to bed.

It will make any boy or girl happy. Young Harry M. wrote the author of his own accord: "I read your book twice. I think your book is a nice book. I love the story and the pictures. I won't give the book away for a million dollars. I will be seven years old in January."

With 113 illustrations in colors by Berta and Elmer Hader. $2.50

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Extract of Beef

For delicious Beef Bouillon, tempting the appetite of invalid or convalescent and ready in a moment, stir a quarter teaspoonful of "LEMCO" in a cup of hot water.

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"LEMCO" adds sustenance and imparts richness of flavor to soups, stews, sauces, gravies, fish, meats, vegetables, and salads. New and tasty dishes can be made from leftovers by adding a little "LEMCO".

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Cuticura Ointment

To soothe and heal burns, cuts, rashes and all skin irritations of childhood.

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What a P.T.A. Can Do

Leaders Tell of Worth-while Projects

KANSAS CITY has the honor of having had the largest Parent-Teacher organization (in one school) in the world. This organization also has the first choral club to have a membership of mothers under the direction of a competent musician who conducts rehearsals. This has been a wholesome outlet for talent many mothers would have been unable to use otherwise. It also gives the school another avenue of contact with mothers, and its musical entertainments pay for many school projects. —*Mrs. R. E. S., Kansas City, Mo.*

WE FOUND that few of the parents of children in the lower grades were interested in our P. T. A. To encourage them to take an active part in the work we organized a Primary P. T. A. with its own officers and programs of interest to mothers of small children, but working in co-operation with the main organization through an executive board made up of the officers from each organization and reporting to the State organization under one head. The result is that we have doubled our active membership and increased interest in both organizations.—*Mrs. J. H. P., Magnolia, Miss.*

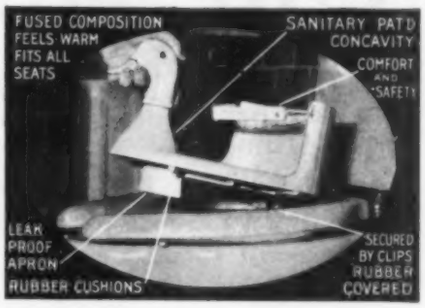
EVERYONE knows how readily people will talk over a "cup of tea." And this year the presidents are being urged to use discussion freely. So, with the idea that she would like as much discussion in the regular meeting as is usually carried on afterward over the tea, our P. T. A. president tried having the social hour first, and the response at the regular meeting *did* seem more spontaneous and the whole atmosphere seemed charged with a "work together" feeling.—*Mrs. J. A. B., Wichita, Kansas.*

WHEN our new consolidated school was built, the P. T. A. took as its objective for the year the beautifying of the grounds. We decided upon a planting day and each member brought a carefully dug-up shrub from our Mississippi woods. They were carefully arranged by the committee in charge and when the late spring came the fathers, not wishing to be entirely outdone, built a brick entrance and graveled our road through the school grounds.—*Mrs. A. B. H., Lexington, Miss.*

Wanted: Ideas!

Are you a member of the Parent-Teacher Association? If so, won't you send in to us helpful ideas and suggestions for such groups, or tell us what your association has done to promote friendliness and understanding between parents and teachers in your town, to add to the school equipment, to beautify the school, to stimulate better scholarship, or to provide better health and recreational opportunities for the children? For every suggestion published we will pay $2.00. Manuscripts submitted to this department will not be returned. Address contributions to Managing Editor, THE PARENTS' MAGAZINE, 255 Fourth Avenue, New York, N. Y.

DOO-TEE INFANT TRAINER



Health Habits

Psychologists say "Health is a Habit!" and certainly the habit of health in babyhood, childhood and maturity depends on another habit—that of proper and regular elimination. The Doo-Tee Infant Trainer with its unique design, trains the child easily, quickly and pleasantly by eliminating the hard-to-combat dislike most children have for ordinary toilet fixtures.

Mothers everywhere agree on the efficiency of Doo-Tee. They commend its sturdy construction and the easy way it clamps to the seat. It is easy to keep clean and is fused of materials that protect the seat from ever becoming cold or uncomfortable.

Try Doo-Tee and give yourself and your child the benefits that only this scientific Infant Trainer can bring into your daily routine.

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The Modern Family as a Character Building Agency

is the theme of the DECEMBER issue of

RELIGIOUS EDUCATION

A Journal Devoted to the Development of Character through the Family, the Church, the School and Other Community Agencies.

In this number some of the foremost students in the country write on the problems of the family. The December issue will contain the following articles:

Family Stability—John E. Anderson and Marion L. Faegre, University of Minnesota.

The Use of the Radio for the Development of Character—Jessie A. Charters, University of Ohio.

Problems of the Family and Sex Relations—Robert E. Dexter, American Unitarian Association.

New Approaches to Religious Education in the Family—Sophia L. Fahs, Union Theological Seminary.

Moral and Religious Training in the Modern Jewish Family—Emanuel Gamoran, Union of American Hebrew Congregations.

Relation of the Family to the Church in Light of Social Changes—Phillips S. Osgood, St. Mark's Church, Minneapolis.

Factors Involved in Successful Families—Chase Going Woodhouse, North Carolina College for Women.

$5.00 (10 Issues)

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Our Gift to Your Child!

Has Soft Rubber Arms

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Goes to Sleep

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Cries

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Turns Her Head

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16½ Inches Tall

This Adorable New Baby Doll

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THE PARENTS' MAGAZINE

"SMILES" is the newest and most lovable of baby dolls. "Isn't she a darling!" everyone exclaims when she appears, for you have never seen such a jolly expression on the face of any doll. And when you take her up your heart will be completely won, for the important patented feature about "Smiles" is that her arms and hands are made of flesh-colored soft rubber and look and feel like those of a real live baby. Each finger is perfectly formed and she can clasp her hands in the cutest way.

"Smiles" has marvelous blue eyes that wink and go to sleep in a most natural way. If you lay her down she closes her eyes at once as a good baby should. There are times, too, when she cries (what baby does not?), but for the most part she is a happy, chubby baby, whose smiling face has suggested her interesting name.

"Smiles" is just 16½ inches from top to toe and has an unbreakable head which she can turn from side to side. She is beautifully dressed in the daintiest of baby clothes—an organdie dress and bonnet trimmed with ribbon and lace, real rubber panties and dear little kid moccasins and stockings. No wonder every little girl loves her.

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I am enclosing $.....for three subscriptions for The Parents' Magazine. The names and addresses of these subscribers are on the accompanying sheet. As my reward for securing these subscriptions please send me the new baby doll "Smiles." I am enclosing 24c extra to pay postage, packing, insurance, etc.

My name is.....

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Subscription Prices: One Year, $2—Three Years, $3. *To one address.*

12-30

Make Your Child's Christmas Happy with "Smiles"

There must be many mothers among your friends and neighbors who will gladly subscribe for The Parents' Magazine when you explain how helpful you have found it in rearing your own children. Just send us three subscriptions, with subscription money and we will send you as our gift the adorable baby doll "Smiles" as described above. When ordering be sure to enclose 24c extra for postage, packing, insurance, etc.

Note: A three-year subscription counts but* ONE *point toward the three required for the Doll, since it adds but one name to our list.

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FOR
56,000 CHILDREN

MORE than 56,000 families are assuring their children of college advantages by the Investors Syndicate Plan.

Saving as little as $13.00 per month will do it for your child if you start EARLY. Return this advertisement with your name and address to receive fully explanatory booklet, "Enjoy Money."

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MINNEAPOLIS
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Real French BOUILLON

Fragrant . . . delicious . . . healthful . . . what could be more appetizing to commence a meal than Mouquin's French Bouillon?

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Now available in six delightful *new* flavors, as well as the standard Beef bouillon: Chicken, Mushroom, Tomato, Clam, Liver, and Vegetable.

All in the wonderfully convenient tablet form—"a cube makes a cup" . . . just add hot water—and serve! At good dealers' everywhere. If yours is unsupplied, send 10c for sample package of 6 tablets. Mention flavor desired.

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Chicago

FOR DIRECTORY OF SCHOOLS
See Pages 6 and 7

Out of the MOUTHS of BABES

One dollar will be paid for each child's saying published in this department. Unaccepted contributions will not be returned

• • •

AT CHRISTMASTIME I had been telling my three-year-old son about the first Christmas. Hoping he would feel the beauty of the old story, I asked him some questions to see what he remembered.

"And when the shepherds saw the light in the sky, Bill, what did it mean?" I asked.

He looked up with a solemn face. "It meant 'STOP,'" he replied.—*Mrs. D. G. H., East Orange, N. J.*

THREE-YEAR-OLD Marcia met with a puzzle as she was dressing herself one morning. She came to me tearfully. "Mother, how can I fasten my dress? The button's in back and I'm in front."—*Mrs. T. D. P., Marietta, O.*

BETSY was told by her mother that there would be fewer toys for Christmas this year than she received last year. Betsy thought a few moments and then she said, "I suppose Santa Claus got caught in the stock market, just like Daddy."—*T. M., Beverly Hills, California.*

THREE-YEAR-OLD Jean, just before Christmas—Mother, do you love God?

MOTHER—Yes. Why do you ask?

JEAN—Because I don't love him or Santa Claus either. They both see and hear too much.—*Mrs. J. J. E., Atlanta, Ga.*

DOROTHY, aged six, came eagerly into her mother's room after having been to Sunday school. "Oh, Mother," she cried, "My teacher wants you to get the Bible and teach me the names of the twelve opossums!"—*Mrs. R. O. S., Raleigh, N. C.*

JIMMIE was thoughtful after a crying spell of his new baby sister. Then he asked, "Mom, was baby sent down from heaven?"

"Yes, Son," answered his mother.

"They like to have things quiet up there, don't they, Mom?"—*Mrs. J. S., Barre, Vt.*

ELEANOR had had a trying day with mother; they couldn't seem to agree about several projects. Toward evening Eleanor said reflectively, "Do you know who I like best in this house?"

"No," said her mother. "Who is it?"

"It's our puppy. She never gives me any refusements!"—*Mrs. S. R. F., Oak Park, Ill.*

SALLY, having her first view of a mother cat carrying her kittens across the yard by the neck, stood it as long as she could and then rushed out, slapped the poor cat and cried indignantly, "Shame on you! You're not fit to be a mother. You're hardly fit to be a father!"—*Mrs. S. R. F., Oak Park, Ill.*

Happy Days!
with
ARCADE CAST IRON TOYS
made by *The Tiny Arcadians*
"they look real"

REAL play—absorbing, character-building—depends on the right kind of toys; sturdy, movable toys that faithfully reproduce the grown-up world.

Ideal for boys and girls alike are Arcade Cast Iron Toys—hard to break, and every toy just like "the real thing".

They stimulate imagination, and offer limitless possibilities for dramatic play.

There are all the Arcade automotive toys—cars, trucks, buses and farm implements; and the cutest doll's furniture you ever saw—for every room.

It's no wonder Arcade Toys captivate children; and win cordial indorsement by leading educators.

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Mack Dump Truck	Fordson Tractor & Plow	Living Room Set
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Red Baby Dump	Farmall Tractor	Kitchen Set
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For sale at all leading toy shops and department stores; or write us.

FREE!

A splendid fairy story in jolly rhyme of two children's adventures in the land of the Tiny Arcadians, makers of Arcade Toys. Just send us your name and address—we'll send you the story.

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Please send me a copy of your story book, "The Arcadians".

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TOIDEY TRADE MARK
BUNNIES TALK

"Left Bunny" "Right Bunny"

THE rollicking time of the year is here,
Christmas is coming . . . *Christmas is near!*
You mothers, fathers, aunties and cousins,
Grandmere, Grandpere . . . you doting ones, dozens . . .
Aren't you agog . . . *gifts to be bought!*
Aren't you thrilling . . . the spirit to have caught?
Toys for the baby! Oh yes, *but what's more,*
TOIDEY and Toidey Steps . . . *gifts that will score . . .*
A Costumer, Book Shelves and small Bunny Lamp,
Comfy-Safe Auto Seat, so dear little scamp
Can see out in winter, in spring and in summer . . .
Impressions he gains will make him a "comer!"
Here are real *gifts of love* for baby, for mother,
They'll aid him and guide him, and help as none other,
They'll teach self-direction, reliance and skill,
Bringing zest of achievement and joy and good will . . .
So write for the booklet or ask at your store . . .
We wish we had room . . . *could tell you lots more!*

* * * *

(L. B.) "Well, R. B., not much chance for us to talk this time, except Write for the booklet GIFTS OF LOVE FOR BABY, and look for our trade mark . . . it's your guarantee!"

(R. B.) "And the prices, L. B., at most leading stores, Little Toidey with and without Foot Rest, $5-$3; Toidey Steps, $6; Comfy-Safe AutoSeat, $5.50; Help-Self Costumer, $7; Book and Toy Shelves, $8; Bunny Lamp, $5."

Juvenile Wood Products, Inc.
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GROUP SERVICE BUREAU

For Parent-Teacher Associations, Mothers' Clubs, Child Study Groups, Churches, etc.

PROGRAM for DISCUSSION AT YOUR NEXT MEETING

PREPARED BY THE CHILD STUDY ASSOCIATION OF AMERICA

THE FOLLOWING outline for study is based on the article, "Five Rules for Happy Parenthood," by Jessie Chase Fenton, in this issue.

How to Use This Program

Appoint a leader who will first read aloud the article on page 12. The leader should then present for discussion the various questions given below. She will next request various members of the group to take up, one by one, the Problems for Discussion. At the close of the meeting it will be found helpful for the leader to read the summary of the main points made in the article. In advance of the meeting, the various book and pamphlet references should be assigned to members of the group who will report on them at the meeting.

Questions Based on the Article

(1) Think of someone whom you would designate as "a successful mother." What are her outstanding qualities?
(2) How much of her time must a good mother spend with her children: All her time? Most of her time? Part of every day? And until what age?
(3) Is it fair to children for their mother to have interests outside her home (a) when the children are very young? (b) as they grow older?
(4) Can a gainful occupation ever be satisfactorily combined with motherhood?
(5) In what ways does the discussion of common problems in groups make a mother more objective in handling her problems?

Points to Remember

(1) Effective, joyous parenthood demands a professional attitude which results from (a) interest in children; (b) realization of the transitory nature of many of the problems; (c) acceptance of the absorbing nature of the job during early child-rearing years; (d) sense of perspective; (e) sense of humor.

(2) "Good parents" are made, not born.

(3) Parenthood is an interesting and many-sided profession, which can be pursued in various ways, according to the nature and the training of the parent.

(4) The less possessive we are in regard to our children, the more clearly we see them, and the more intelligently we deal with them.

(5) Remember that in becoming a parent you still retain your individuality apart from your motherhood.

Problems for Discussion

(1) "I shall dedicate my entire life to my child," said Mrs. A. when she was widowed at an early age. Many of her friends thought this was admirable, and that her small son was fortunate in having so devoted a mother. What do you think?
(2) Mrs. B. was a chemist before her marriage, and she had never had any experience with children. She managed to keep a part-time job while her baby was still quite small and felt that she was a better mother than if she had not done so.
(3) Why can we condone the faults of other people's children, when we are so troubled by the same traits in our own?
(4) One mother says, "I try to consider every difficulty which my children present as I would a problem in algebra. Interest in the search for the meaning of the unknown quantity makes me forget my anger or humiliation which I might otherwise have felt." Is there a sound principle operating here?
(5) Mrs. D. found that no matter how hard she tried she could not work up a very intense interest in her own baby when he was still an infant. She in no way neglected him but she did not really derive tremendous satisfaction from her duties. She spent all her spare time, however, preparing herself for the time when the child would be older, knowing that then she could have a much livelier interest in the developing personality. Would you censure her for this attitude?
(6) A group of young women undertook the study of child psychology before their first babies were born, believing that knowledge intensifies interest and that they would have much more satisfaction and pleasure from their children than if they knew very little about childhood in general. Some of their mothers felt that this was new-fangled nonsense. Do you agree with the mothers or the daughters?

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Parental Problems

(*Continued from page 32*)

there, hammer and nails, and various sized empty boxes and orange crates, to be used for building purposes. When they grow tired of playing in the basement, or start to quarrel, I suggest a change of environment. They troop up to the living-room where each child has a drawer in the highboy in which he keeps his own picture books, crayons, blunt scissors, paste and sewing materials. A card table is put up to save the rugs and other furniture. The children know that they are expected to be more quiet here than in the basement, and that they are to leave the living-room just as orderly as when they entered. The next change is to play upstairs in the hall, where all of the playthings incident to playing house are stored in the largest of the wardrobes—such as the dolls, doll beds, trunks, washing equipment, tea-party set, and so forth.—*Mrs. R. D. H., Lowell, Mich.*

MY *son, aged eight, although otherwise fairly polite, suddenly grew very noisy.* He insisted on talking in unnaturally shrill tones, and shouted around the house, even when we were resting, all day long until our nerves were simply ragged. My wife and I tried all we knew to check this distressing habit, but he only seemed to become worse. Finally we decided to appeal to his sense of humor by both pretending to be deaf! The louder he shouted the more deaf we pretended to be! Two days of this treatment exasperated him pretty severely, until he suddenly realized we were actually "pulling his leg" and desisted. I don't believe he will ever yell inside the house again.—*J. R., New York City.*

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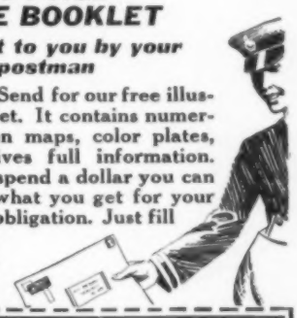

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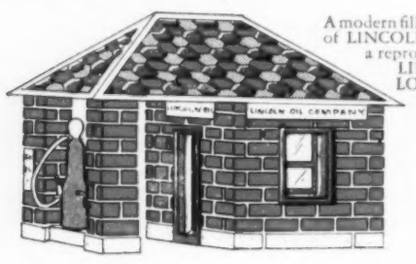

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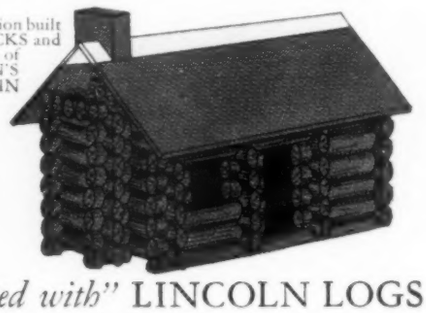

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